

# HEALTHY SCHOOL RECOGNIZED CAMPUS

## Agent Information Sheet



- **What is the Healthy School Recognized Campus designation?**  
Schools in your area can become a Healthy Recognized School by completing designated health programs of Texas A&M AgriLife Extension Service. Completion of these programs demonstrates the school's commitment to support and encourage healthy lifestyle behaviors for their students, staff, and parents. Schools are asked to complete an intent to participate which indicates which programs are of interest. This intent is shared with agents which allows partnerships to be formed in an effort to create communities of health within counties.

- **Criteria:**  
School Wide *Walk Across Texas* program that incorporates youth participants on each team and two additional programs (one adult and one youth) from those listed below. *Agents may also offer a customized program with prior approval from their RPL.*



### Youth (in at least 2 classrooms):

#### Designated Programs

choose one or more

- Balancing Food & Play
- Choose Health, Food, Fun & Fitness
- Choose Healthy
- Color Me Healthy
- Dinner Tonight Junior
- Learn Grow Eat & Go

- Learn Grow Eat & Go: Early Childhood
- Path to the Plate Youth Expo
- Teen Cuisine
- Texas 4-H Food & Nutrition Learning Experiences
- Texas 4-H Nutrition or Health Focused SPIN Club
- Other: Must have prior approval



### Adults (conducted with staff and/or parents):

#### Designated Programs

choose one or more

- Cooking Well with Diabetes or Healthy Blood Pressure
- Dinner Tonight
- Fresh Start to a Healthier You
- Health Talk Express Series
- Maintain No Gain Holiday Series
- Step Up Scale Down
- Other: Must have prior approval

- **What do schools receive as a Healthy School Recognized Campus?**
  - Better Health for students and families
  - Proclamations made at School Board meeting and/or Commissioners Court meeting
  - Healthy School Recognized Campus Banner
  - Bragging Rights



### Program Consideration Timeline:

- Application to CEA | September 1 - January 1
- Program Acceptance from CEA | September 1 - January 1
- Programming Timeline | September 1 - May 1
- Verification of Program Completion to CEA | May 1
- Verification of Program Completion to RPL | May 15

To complete the Application to Participate form please visit | <https://texas4-h.tamu.edu/resources/>



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