



Texas 4-H Roundup



# Texas 4-H Public Speaking Project

## Project Description

The 4-H Public Speaking project is designed to provide young individuals with the necessary tools and encouragement to enhance their competence and self-assurance when speaking in public.

Throughout this project, youth will acquire the skills to effectively prepare their self through research and organization, and subsequently deliver presentations on a wide range of subjects. As this project concludes, youth find their self capable of addressing captivating topics with confidence and elegance.

Overcome any apprehensions about public speaking and shine as a standout presenter after participating in this project throughout a 4-H career. As this project reaches its culmination, youth will possess the ability to confidently tackle presentations on diverse subjects. Youth also learn leadership skills, critical thinking, teamwork, and conflict resolution through this project.

### Basic

- **Confidence Building:** Focus on boosting self-confidence and overcoming stage fright.
- **Topic Selection:** Choose simple and familiar topics to practice delivering a speech.
- **Structure:** Understand the basic structure of a speech - introduction, main points, conclusion.
- **Delivery:** Work on clear articulation, appropriate pacing, and maintaining eye contact.
- **Practice:** Rehearse regularly in front of mirrors or with friends and family.

### Intermediate

- **Advanced Topics:** Begin exploring more complex and diverse subject matters.
- **Research Skills:** Develop better research techniques to gather accurate and relevant information.

### Advanced

- As you progress through these levels, your public speaking skills will evolve, helping you become a more confident and effective communicator. You may choose to compete at livestock shows, Roundup, and more to put your ability to the test.

# TAKE PUBLIC SPEAKING FURTHER

## *Project Learning Opportunities:*

- Take advantage of county and district workshops.
- Practice speaking at county or club meetings via presentations or leadership opportunities.
- Practice speaking at local Lions Club meetings, VFW gatherings, etc.
- Public Speaking Contests at County, District, State, and National levels
  - Participants present individually typically a persuasive type speech about current events or issues
  - Visual aids and props are not allowed in this contest.
- Educational Presentations
  - You can present alone or with a fellow 4-H member
  - Visuals should be included and incorporated into their presentation style
- 4-H Science Fair
  - Participants can showcase their scientific investigations and discoveries
  - Presenters learn how to explain complex scientific concepts in a clear and concise manner.
- School Public Speaking contests
  - Many opportunities are hosted through UIL
- Major Stock Show Public Speaking contests.

## *Resources:*

- <https://texas4-h.tamu.edu/projects/public-speaking/>
- [https://texas4-h.tamu.edu/wp-content/uploads/Educational\\_Presentations\\_Information.pdf](https://texas4-h.tamu.edu/wp-content/uploads/Educational_Presentations_Information.pdf)
- [https://texas4-h.tamu.edu/wp-content/uploads/2015/09/publications\\_public\\_speaking\\_presentation\\_guide.pdf](https://texas4-h.tamu.edu/wp-content/uploads/2015/09/publications_public_speaking_presentation_guide.pdf)
- Explore Guide: Public Speaking

## *Did you know?*

4-H is a club for kids and teens to develop life skills and make friends. Youth can join 4-H in all 254 counties. Everybody ages 8-18 and in 3rd-12th grades can join 4-H. Kids in Kindergarten to 2nd grades can join as Clover Kids. There are 43 different project areas in five project categories: Agriculture & Livestock, Family & Community Health, Leadership & Citizenship, Natural Resources, and STEM.

## *Want to get started?*

First...Contact your County Extension Agent!

- Contact information can be found at [texas4-h.tamu.edu](https://texas4-h.tamu.edu) > contacts information at the bottom of the page > county offices

**Explore more at [texas4-h.tamu.edu](https://texas4-h.tamu.edu)**