

# FCS Skill -A-Thon

## Rules and Guidelines

### This contest consists of:

\*25 Sewing/Clothing ID Items

\*25 Interior Design/Housing ID Items

\*25 Food/Cooking ID Items

\*25 questions related to items and definitions of items.

\*Life Skills Assessment (To be completed as a team.) Each team will orally complete a response to one brief scenario.

### Resources:

4-H FCS Championships and Conference Website under Skill-a-Thon

<https://texas4-h.tamu.edu/events/FCS/>

### Awards:

Awards will be presented to the top five teams and top five individuals. Top five Life Skills teams will also be recognized during the FCS Classic Awards Program.

### Teams:

- FCS Skill-a-thon Classes will be judged by 3 or 4 person teams. On a four person teams, the lowest overall score is considered a drop score and the person will automatically become the alternate. Team score is a combination of top three scores on the four individual events, plus the Life Skills Assessment team event. Individual rank is based on the scores from the four individual events. Some teams may choose to dress in matching outfits, but this is not a requirement.

### Before the Contest:

- Youth will go through the basic orientation. Superintendents will hold a random pre-selection for order of teams to present in Life Skills Assessment.
- Youth will be provided ID cards to mark the ID items. Empty clipboards are allowed.
- Each participant should bring their own pencils.
- Cell phones are to be left with coaches.
- Talking during the contest will result in disqualification.

### During the Contest:

- Youth will be given 15 minutes per ID Class and 15 minutes to judge the questions class, for a total of 60 minutes for the first portion of the contest.
- During the contest youth may pick up and smell the spices, and pick up other items, and should put items back in its numbered spot. Youth may also pick up the food judging items.
- Team one will start the Life Skills Assessment portion of the Skill-a-thon after all judging cards are turned in from the individual events. The scenario for this will come from the Life Skills Assessment Study materials found on the FCS Classic website. Teams will have 10 minutes to prepare the response and 5 minutes for the oral presentation, given to two judges. Flip carts will be provided for the teams to utilize in brainstorming and presenting their presentation. A Life Skills Scenario work sheet should be completed and given to the judges after the five-minute oral presentation.
- Life Skills Assessment teams are judges on the variety of options they generate, expectations for positive decisions that are listed, and conclusions reached are explained and reasonable for the situation.