



**Texas 4-H Youth  
Development Healthy  
Lifestyles Invitational**

## Human Trafficking

Human trafficking is indeed a grave issue that affects millions globally, including in the United States. Traffickers employ various tactics such as force, fraud, or coercion to obtain some type of labor or commercial sex act. It can happen in any community, regardless of age, race, gender, or nationality. Awareness, vigilance, education, and community support are key in combating this issue.

The web pages below are the official Healthy Lifestyle Invitational Contest study resources. Classes will be developed based on information from these pages.

Understanding Youth Exploitation

<https://www.dhs.gov/blue-campaign/protect-yourself>

How To Talk To Youth About Human Trafficking

[https://www.dhs.gov/sites/default/files/publications/blue\\_campaign\\_youth\\_guide\\_508\\_1.pdf](https://www.dhs.gov/sites/default/files/publications/blue_campaign_youth_guide_508_1.pdf)