

SOCIAL MEDIA
Class #4
QUESTIONS SECTION 1 – 10

1. Most social media apps require people to be at least _____ years old to sign up.

A. 10
B. 12
C. 13
D. 16

2. A 2019 study found those who spent more than three hours a day using social media might be at increased risk for mental health problems.

A. True
B. False

3. One in _____ cell phone owners have used their phones to look up health information.
A. Three
B. Four
C. Five
D. Six

4. Which of the following is NOT an example of cyberbullying?

A. Trolling or stalking people online.
B. Spreading nasty rumors online about people.
C. Posting messages about an upcoming school event.
D. Setting up a fake account to make hurtful or threatening comments to others.

5. On average, Americans spend _____ hours per month using social media.
A. 3
B. 4.7
C. 6.3
D. 7.6

6. Tweens use an average of _____ hours of entertainment media per day.
- A. 3
 - B. 4
 - C. 6
 - D. 8
7. _____ percent of individuals surveyed in a National Sleep Study Foundation Study reported using electronics in the hour before they went to sleep.
- A. 45%
 - B. 67%
 - C. 85%
 - D. 95%
8. _____ percentage of 18–29-year-olds sleep with their phone right next to their bed.
- A. 20%
 - B. 65%
 - C. 82%
 - D. 95%
9. Which of the following is NOT a step a parent should take to encourage responsible use of social media?
- a. Set reasonable time limits on social media.
 - b. Allow usage of social media at any time.
 - c. Explain what is and isn't appropriate usage of social media accounts.
 - d. Encourage face-to-face contact with friends.
10. _____ is when people are afraid to disconnect from social media out of fear they will miss something important.
- A. Withdrawals
 - B. FOMO
 - C. Facebook Addiction Disorder
 - D. Twitter Addiction

Answers:

- | | |
|-----|---|
| 1. | C |
| 2. | A |
| 3. | A |
| 4. | C |
| 5. | D |
| 6. | C |
| 7. | D |
| 8. | D |
| 9. | B |
| 10. | C |