

Class Fitness Trackers

Class #5

Lucy’s fitness tracker recently stopped working and she needs a new one. She loved her previous one and would like something compatible but understands that technology is better now than when she received her first one. Her old one was able to track steps and distance and offered multiple workout settings since she swims and lifts weights. She has an iPhone so the fitness tracker must be compatible to that. Budget is not an issue for her since her great grandmother has offered to buy the fitness tracker. Which fitness tracker is best for Lucy’s needs?

#1		#2		#3		#4	
Amazfit Band 5		Garmin Lily Sport Edition		Apple Watch SE		Fitbit Charge 5	
<ul style="list-style-type: none">• Battery life: up to 2 weeks• Tracks sleep, steps, calories burned, stress level, distance travels and blood oxygen saturation• Water resistant• Pairs with iPhone or Android		<ul style="list-style-type: none">• Battery life: up to 5 days• Tracks steps, calories burned, distanced traveled, sleep patterns, heart rate, and Pulse and oxygen levels.• Touchscreen• Waterproof• Workout profiles for running, cycling and swimming• Setting feature to automatically count reps during strength training• Pairs with iPhone or Android• Receives texts and call notification		<ul style="list-style-type: none">• Battery life: up to 5 days• Tracks sleep, heart rate, distance traveled, and steps.• 12 different workout types available with additional membership• Waterproof• Pairs with iPhone only• Receive and send calls or texts		<ul style="list-style-type: none">• Battery life: up to 7 days• Tracks sleep, steps, distance traveled, heart rate, and calories burned• Stress management and EDA sensor• Build in GPS• Water resistant• Pairs with iPhone or Android• Multiple workout settings to choose from• Received text and call notifications• Touchscreen	
Price: \$49.00		Price: \$149.00		Price: \$169.00		Price: \$119.00	
PIACING: 2-3-4-1 CUTS: 3-3-4							