Do you like to be creative in what you wear and the space around you?

The 4-H Fashion and Interior Design program is perfect for you. You can work on your own or with a group.

You’ll learn:
- Machine and hand sewing techniques
- Consumer shopping skills
- To design and construct clothing and home decor
- To create environmentally friendly projects
- Personal style and care

Learning experiences focus on:
- Sewing basics
- Recycle, repurpose and upcycle textiles
- Fabric science
- Elements and principles of design
- Design sketching
- Clothing care
- Wardrobe planning

Skills Learned:
- Responsibility
- Decision Making
- Public Speaking
- Leadership
- Community Service
- Communication
- Teamwork
- Skills used in FID careers

TEXAS 4-H IS FOR KIDS OF ALMOST ANY AGE – GRADES K-2 CAN BE IN CLOVER KIDS IF OFFERED IN YOUR AREA. FROM 3RD-12TH GRADES, YOU CAN BE A REGULAR 4-H MEMBER. ALL 4-H MEMBERS MUST BE ENROLLED IN AT LEAST ONE PROJECT. WHEN YOU CHOOSE A PROJECT, YOU WILL PARTICIPATE IN VARIOUS HANDS-ON ACTIVITIES, LEARN NEW SKILLS, DO COMMUNITY SERVICE, OR EVEN MAKE SPEECHES ABOUT YOUR PROJECT.

Project Learning Opportunities:
- Entrepreneurship
- Workshops
- Industry Professionals
- Tours
- Contests
- Virtual Experiences

Exploration Opportunities:
- Attend project meetings
- Complete a clothing or home decor item
- Do online research related to FID
- Organize a service learning event such as a clothing drive
- Give a presentation to a group or develop a video to demonstrate a skill learned
- Experiment with new sewing or sketching technique
- Assemble a portfolio of design sketches

Want to learn more?
Visit | texas4-h.tamu.edu/projects/fashion-interior-design/
Contact | your County Extension Agent
CONTESTS

Duds to Dazzle
During Duds to Dazzle, teams of 3 to 5 receive textiles and each team has 60 minutes to create a new product using item from the supply closet. Each team provides their own supply kit. The teams then present their item to a team of judges.

Fashion Show
The Fashion Show is designed for individuals to showcase their skills in buying and/or construction. Individuals create a clothing or fashion item, complete paperwork and interview with a panel of judges, and last but not least, model the outfit on the runway. Knowledge of natural fibers such as cotton and wool/mohair may also be showcased in the Natural Fibers Contest portion of the Fashion Show.

Educational Presentation
An Educational Presentation is a fun way to share fashion and interior related knowledge through public speaking/presentation experience. 4-H members may do an Educational Presentation by themselves or with a friend.

Storyboard
The 4-H Storyboard is an industry-inspired method of displaying original designs. The storyboard “tells the story” of the designer’s idea. The storyboard includes original illustrations, flats, and more to promote the design.

<table>
<thead>
<tr>
<th>Basic</th>
<th>Intermediate</th>
<th>Advanced</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learn parts of the sewing machine</td>
<td>Create machine top and decorative stitches</td>
<td>Insert zippers, darts and such in sewing projects</td>
</tr>
<tr>
<td>Learn basic hand stitches</td>
<td>Learn to hand sew buttons</td>
<td>Create decorative hand stitching</td>
</tr>
<tr>
<td>Learn the difference between types of fibers</td>
<td>Learn characteristics of different fibers and fabrics</td>
<td>Complete fabric science experiments</td>
</tr>
<tr>
<td>Learn basic seam finishes</td>
<td>Learn new seam finishes like French or clean seams</td>
<td>Complete seam finishes on difficult to work with fabrics</td>
</tr>
<tr>
<td>Create basic hand-drawn sketches</td>
<td>Create hand drawn sketches</td>
<td>Create original digital designs.</td>
</tr>
<tr>
<td>Learn to read a pattern</td>
<td>Modify patterns</td>
<td>Tailor garments</td>
</tr>
</tbody>
</table>

EXPLORE GUIDES

Each guide has been developed to support volunteers, County Extension Agents, and even 4-H members, in leading project experiences for youth. There are six lessons in each book that follow the “do, reflect, apply” model of learning, providing guidance for hands-on exploration and learning about a specific topic.

Fashion & Interior Design specific guides are:
- Clothing & Textiles - Duds to Dazzle
- Clothing & Textiles - Sewing Basics
- Housing & Home Environment
- Public Speaking

For more information on Fashion & Interior Design projects visit: https://texas4-h.tamu.edu/projects/fashion-interior-design/