

<b>Set wash cycle on permanent press cycle.</b>	<b>Set wash cycle on permanent press cycle.</b>
<b>Length of wash cycle should be 1 - 2 minutes (woolen).</b>	<b>Length of wash cycle should be 4 - 6 minutes (delicate)</b>
<b>Pretreat by soaking in chlorine bleach/warm water solution, 10 - 15 minutes or more.</b>	<b>Line dry, indoors or outdoors.</b>
<b>Pretreat by soaking in detergent warm water solution, 30 minutes or more.</b>	<b>Pretreat by soaking in detergent/warm water solution, 10 minutes or more</b>
<b>Use heavy duty liquid detergent to launder.</b>	<b>Use heavy duty liquid detergent to launder.</b>

<b>OBJECTIVES:</b>	For youth to: <ul style="list-style-type: none"><li>○ learn importance of daily care of clothing</li><li>○ practice proper storage of clothing</li><li>○ explain benefits of caring for clothing properly</li></ul>
<b>LIFE SKILLS:</b>	<ul style="list-style-type: none"><li>○ Wise use of resources.</li><li>○ Self-responsibility.</li></ul>
<b>MATERIALS:</b>	Variety of different types of hangers and storage boxes CLOTHES CLOSET game Pictures of clothing items Die T-shirt
<b>TIME:</b>	30 minutes
<b>SETTING:</b>	A comfortable room with table and chairs.
<b>ADVANCE PREPARATION:</b>	Make copies of game board. Collect pictures of clothing.

## INTRODUCTION

Clothes last longer and look better if they receive proper care and storage. What do you do with your clothing when you take it off? Zip zippers, empty pockets, check for stains, hang up or fold or put in dirty clothes - all need to be done. What is worse when getting dressed for school than to find your favorite garment is not clean or it is all wrinkled because you didn't properly care/store it.

## Do

### CLOTHING TAKE CARE!

- ◆ Brainstorm benefits of daily proper care and storage of clothing.
- ◆ Hand each youth a hanger or storage box.
- ◆ Ask them to explain what type of garment could be hung on the hanger or put in the storage box.
- ◆ Play CLOTHES CLOSET
  - Divide into groups of 4-6 players.
  - Give each person a game board.
  - Give each group a die and game directions.
  - Place pictures face down in front of each group.
  - Roll die once, highest number will start with play moving to the left.
  - Have the players refer to the game directions as they begin play, since the number of the die determines what they do.
  - Continue play until there is a winner - a clothing article in each pie.
  - Check to make sure a correct storage procedure has been selected for all articles of clothing.

- ◆ Demonstrate how to fold a T-shirt for storage.
- ◆ Have them practice folding a T-shirt.

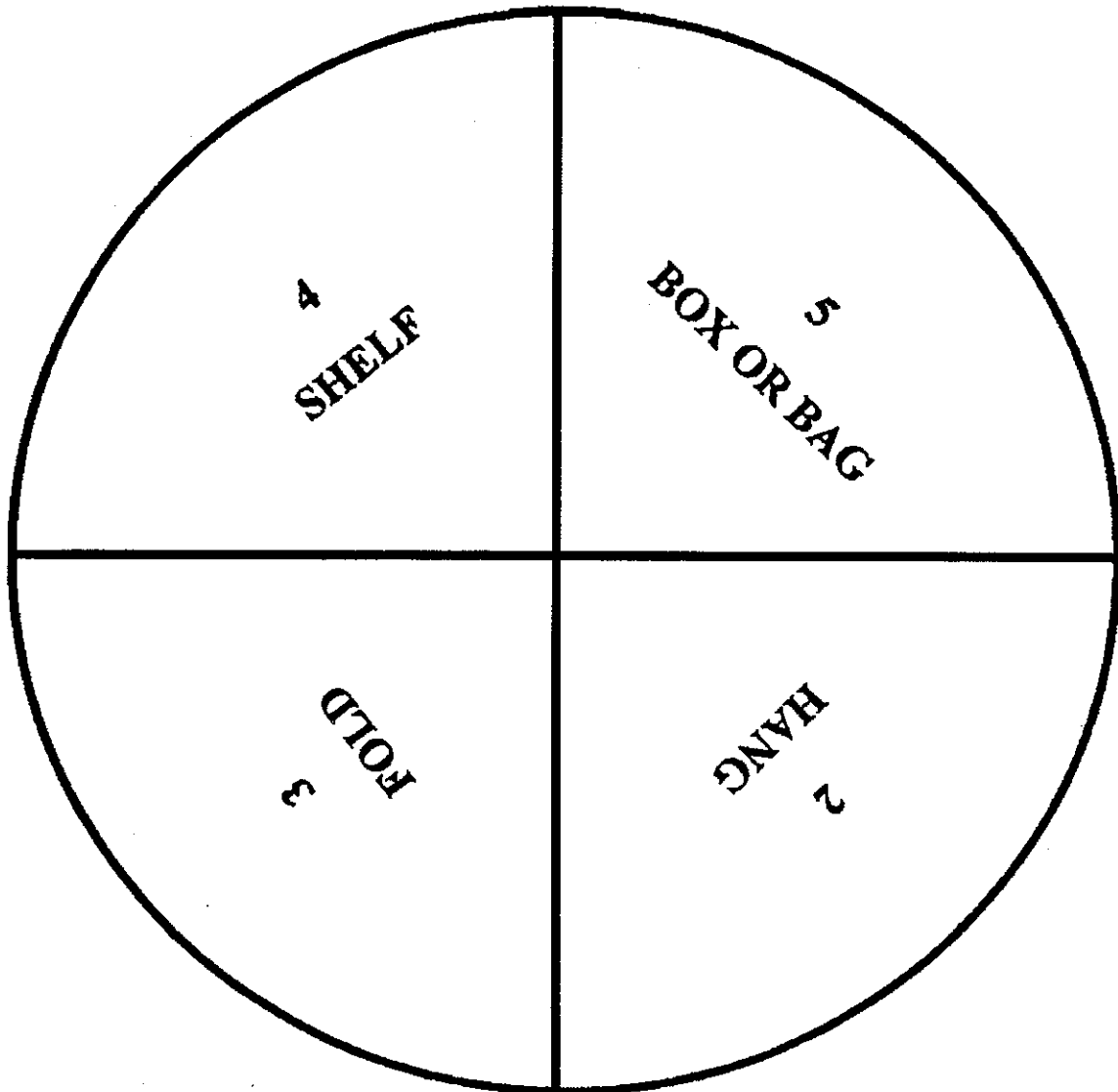
## **REFLECT**

- ◆ What determines whether a garment should be hung or folded?  
**woven fabrics usually hang and knit fabrics are usually folded**
- ◆ What difference does it make what type of hanger you use?  
**need to select one for the size of garment or one that is same shoulder shape as garment**
- ◆ Why is it important to practice proper care of clothing daily?  
**extends the life of the garment, increase your choices if clothes are clean, neat, and ready-to-wear**

## **APPLY**

- ◆ What did you learn from this activity? What can you do at home as a result?  
**look at how you currently store your clothing, begin to practice proper storage of your clothing, evaluate how you can better store your clothing**

# CLOTHES CLOSET GAME BOARD



**CLOTHING CAPERS**