



2024-2025 4-H Quilt Block and Top Challenge Pattern  
“American Made” by Tamara Cook for Villa Rosa Designs



Instructions to assemble blocks and top on next pages.

# American Made - 64" x 72" Finished Quilt

## Fabric requirements for quilt top

- One Jelly Roll for blocks
- 1 ¼ yard of coordinating fabric for inner border (cut 8 strips (6 inches by 40-42 inches wide))
- 1 ½ yard of coordinating fabric for outer border (cut 8 strips (8 inches by 40-42 inches wide))
- ½ yard of coordinating fabric for binding (cut yardage into 2 ½ inch strips by 40-42 inches wide)
- 2 yards of navy or red fabric for backing

Quantity: 48 blocks

## Fabric Requirements to make 48 rail fence blocks

- One Jelly Roll (21 strips 2 ½ inches by width of fabric – approximately 42 inches wide).

*All seams are sewn with a ¼ inch seam. All fabric pieces are sewn right sides together.*

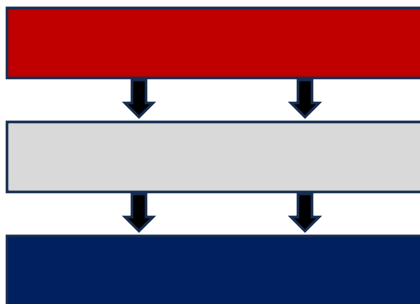


Jelly Roll

## Block Sewing Steps

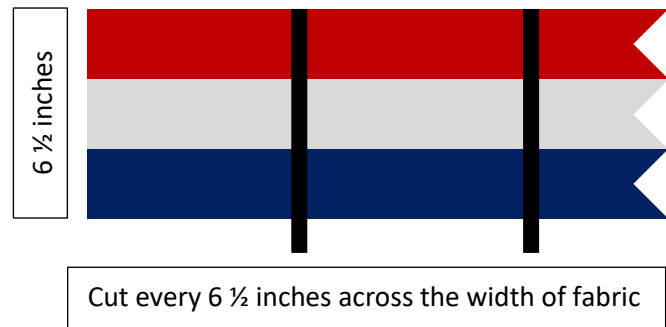
### Step 1

- Use three 42-inch strips and sew together using a ¼ inch seam.
- Press seams toward darker strips.



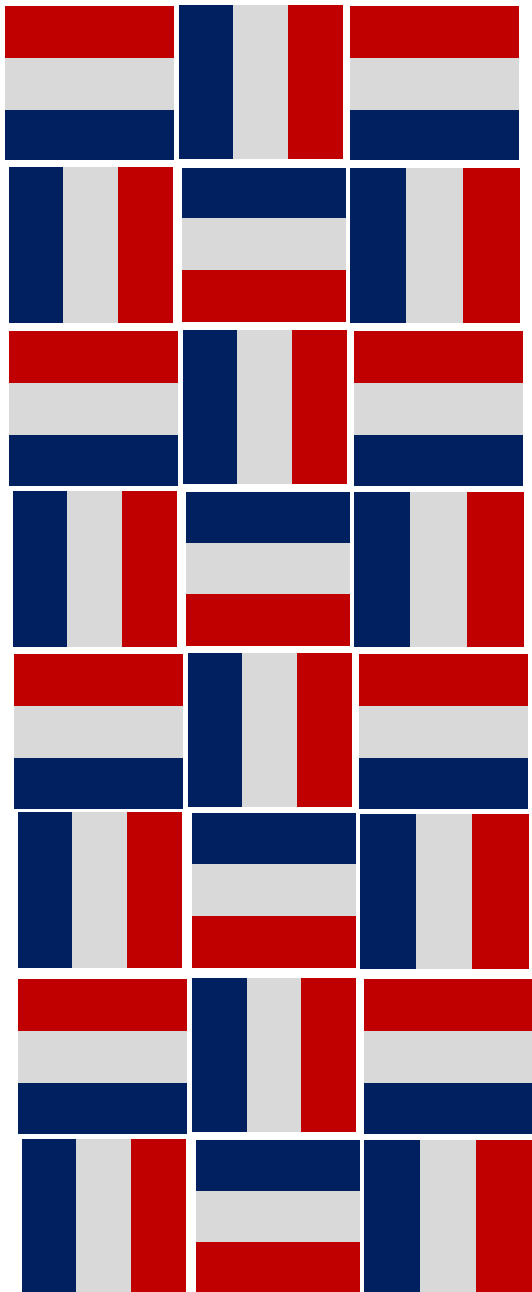
## Step 2

- Cut the three sewn strips into 6 ½ inch blocks (rail fence). Each block should be 6 ½ in x 6 ½ in. You should have 48 blocks.
- Press seams all the same direction.

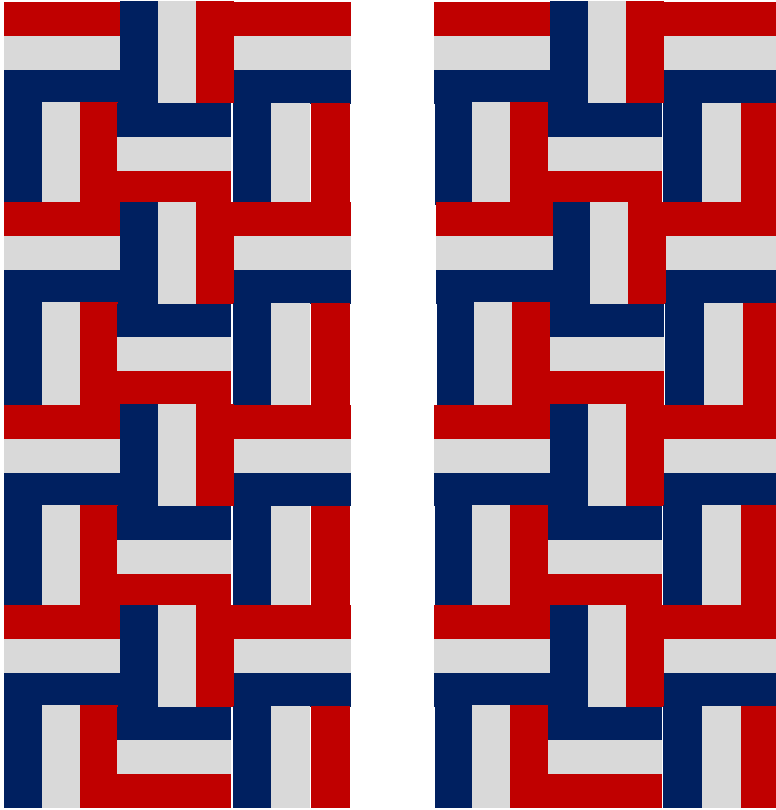


## Quilt Top Sewing Steps

Step 1 - Lay out the rail fence blocks with 3 blocks across and 8 blocks down.



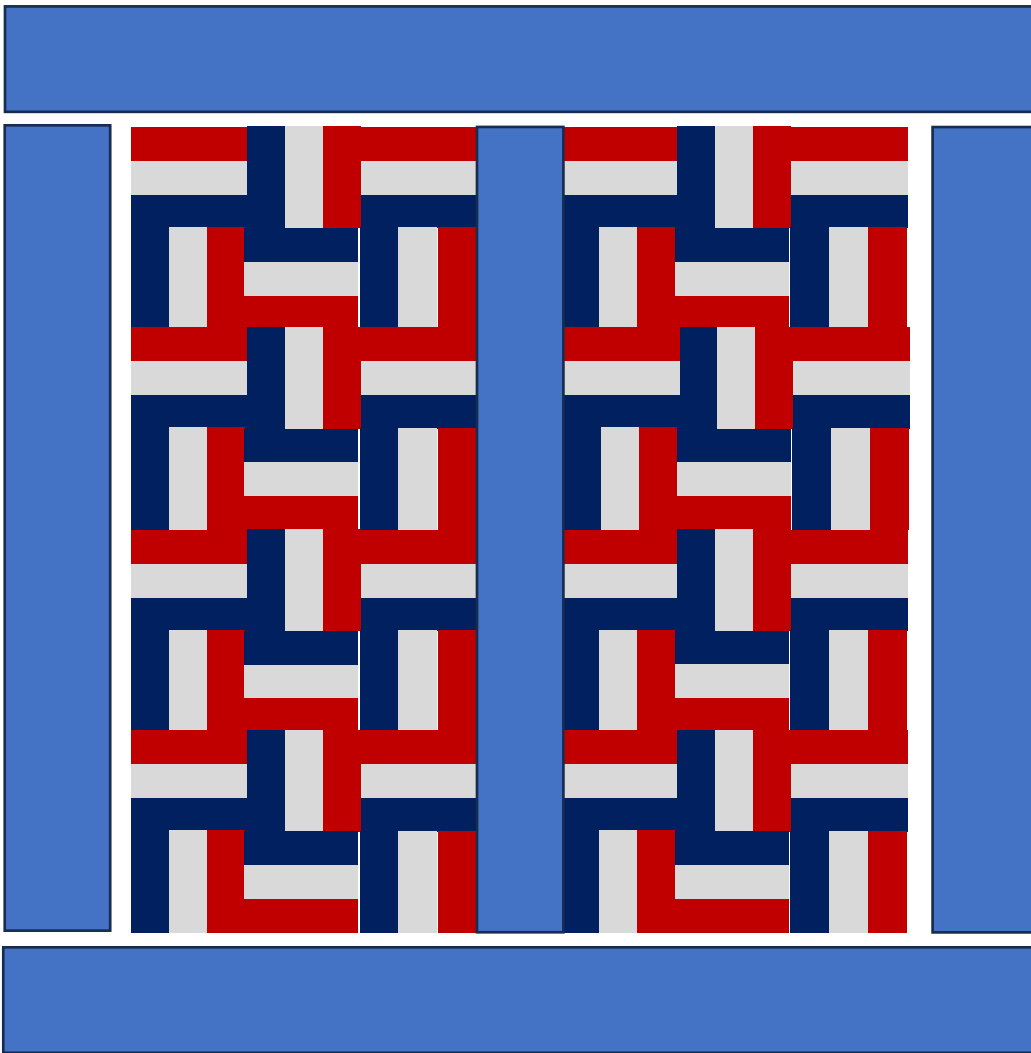
- Sew blocks together so that you have 8 rows of blocks and 3 blocks wide. You should make two sets of 8 rows by 3 blocks wide so that you have 2 columns of blocks.
- Press seams all the same direction.



## Add Borders

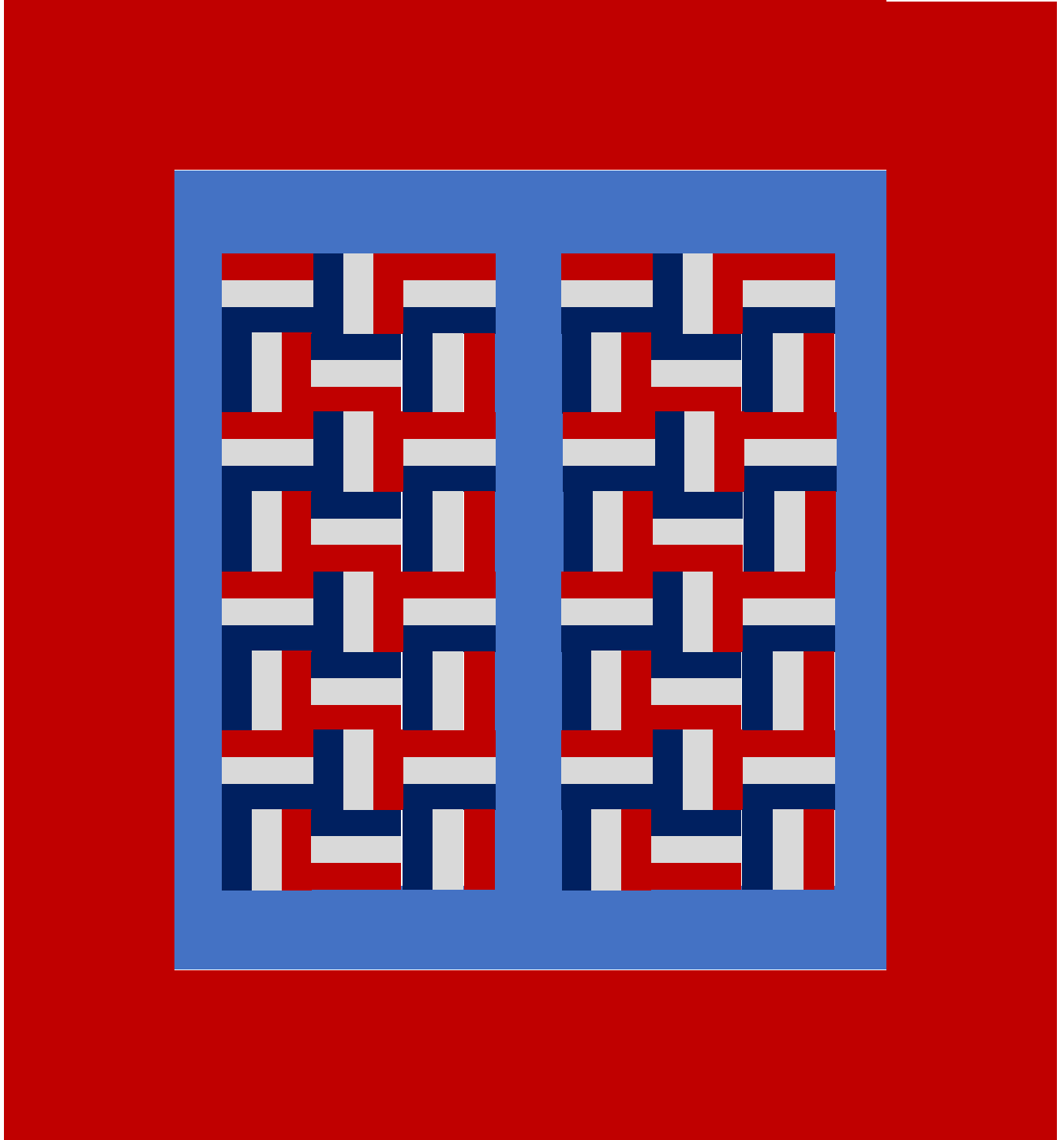
Step 2 – inside border (red or navy)

- Cut border fabric into 6 inch strips by WOF (width of fabric).
- Sew strips end to end to make one long border strip.
- Measure down the center of the quilt top, cut strips to that length.
- Sew one strip to one border column. Sew to other column.
- Sew strips to each side of the quilt top.
- Press seams to the border.
- Repeat the process with the top and bottom border.



Step 3 – outside border (navy or red)

- Use 8 strips of 8 inch wide by 42 inch long navy or red fabric.
- Follow instructions in step 3 – inside border to add outside border.
- Press seams to one side of strip.



## Quilt Backing

### Step 4

- Cut two 2-yard pieces of coordinating backing fabric.
- Trim off selvage edges off one long side of each piece.
- Sew together along those two long edges to make a 72 inch by 84 inch backing.
- Press seams open.

## Layering the Quilt

### Step 5

- Layer, backing, batting, and quilt top as a sandwich.
- Quilt as desired. (This article talks about quilting for beginners - <https://www.diaryofaquilter.com/basting-and-quilting-for-beginners>)

## Binding (info on [How to Bind a Quilt found here](#))

### Step 6

- Sew 7 strips of 2 ½ x 42 navy or red fabric into one long strip.

## Label

- Using a permanent fabric pen, complete the official 4-H and Quilts of Valor label with your club name, date of award presentation, and veteran's name.
- Sew the label to the back of the quilt in the lower right corner.

The image shows a rectangular label form for the Quilt of Valor. It features a decorative border of blue leaves and yellow stars. The text on the label includes:

**QUILT OF VALOR**

Awarded to: \_\_\_\_\_

Made by: \_\_\_\_\_

Quilted by: \_\_\_\_\_

Date: \_\_\_\_\_

In the bottom right corner, there are two logos: a green four-leaf clover with the letters 'H' on each leaf, and a red and blue logo that reads 'QOV FOUNDATION' and 'QOV'.