



ENHANCING THE CLUB EXPERIENCE.....

PROGRAM IDEAS

SET 4

Month 1	<p>New 4-H Year And Emergency Preparedness</p> <ul style="list-style-type: none">• 4-H has just begun the new 4-H year. September is also the month of the attack on the World Trade Center, the Pentagon, and the plane crash in Pennsylvania by terrorists. Safety and Disaster Preparedness for the upcoming winter months can be the focus of this month's program. Invite a official who works with emergency preparedness or a first responder to come and share about their job and how we can help in an emergency. Another topic might be building a family emergency kit.
Month 2	<p>Personal Safety</p> <ul style="list-style-type: none">• Personal safety comes in many different forms. Do not walk in dark streets, stay away from strangers, do not give out personal information over the internet or telephone. Personal safety has to be an important topic of discussion. With the Halloween season coming, program ideas could focus briefly on local community concerns. However, the more important topic could be online predators or physical defense.
Month 3	<p>Elections</p> <ul style="list-style-type: none">• Local, County, State, National elections are held in November. With citizenship, everyone should know about their government. Ask an elected official to come speak about how they do their job. Also have them speak on the structure and history of their branch of government.
Month 4	<p>Job Interview Skills</p> <ul style="list-style-type: none">• With the weather being unpredictable in winter, schedule something everyone can enjoy. Spring will be coming soon and kids may want to find a summer job. Personal presentation is everything. Do a program on Interview Skills.• Many people in the community can do this program. Have them address these topics:<ul style="list-style-type: none">• Person Appearance• Meeting people• Application Information• Finding out about the job before interviewing• For the activity, the officers can interview the members.
Month 5	<p>National Heart Month</p> <ul style="list-style-type: none">• Have a representative from the local American Heart Association come speak. Have heart healthy snacks this month. Use the materials from the Foods and Nutrition Project on My Pyramid to give to each member as a reminder.
Month 6	<p>Cabin Fever Month</p> <ul style="list-style-type: none">• March is known as Cabin Fever month. Do a program of how to keep your mind off being inside. <p>Activities:</p> <ul style="list-style-type: none">• Build log cabins, etc. out of toothpicks and glue.• Use your video camera (or borrow one!) to make your own funny commercials, news shows, or movie spoofs.• Record your own educational video sharing what you've learned in different areas!• Make family goals and create a banner to reflect this year's goals. Hang it in your kitchen or family room as a reminder.• Make a family tree to hang up in your family room.• What are some of the things that have been invented in the last ten years? Twenty years?, etc. Find out about how they were invented. Get creative! What would YOU like to invent?• Have a family science fair! Each member of the family chooses a scientific topic to research and share his or her findings with the others.• "What do you want to be when you grow up, dear?" Let the kids research different jobs and the requirements necessary!
Month 7	<p>Communication</p> <ul style="list-style-type: none">• Communicating with one another is a very important component of the Leadership Life Skills 4-H teaches. Program ideas on communication can be found in the Leadership curriculum, Putting The Pieces Together, at the County Extension Office. Speech teachers at the high school are also good sources for activities and programs.