DANCEFIT

3 MONTHS PRIOR
Secure equipment, confirm dates, begin instructor training.

DAY OF EVENT
Arrive early, check all equipment, display appropriate signage, clean and thank facility

6 MONTHS PRIOR
Secure organization, facility and leadership.

1 MONTH PRIOR
Confirm dates & times with organization, compile packets, continue training

2 WEEKS POST
Follow up with organization, collect surveys, gather demographics, enter into Texas data.
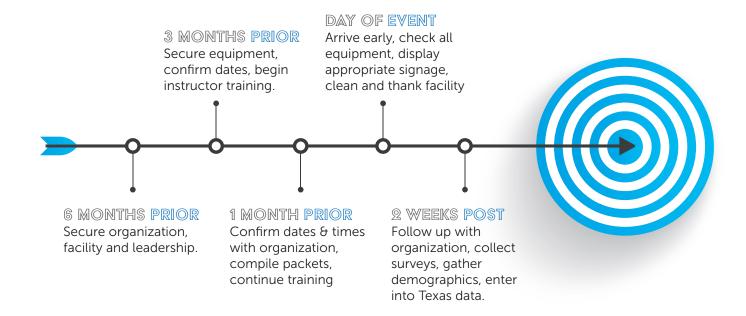
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6 MONTHS PRIOR   PERSON RESPONSIBLE

▷ Secure Independent School District, school campus, or youth organization   ▷

▷ Secure date and time for leader training   ▷

▷ Coordinate additional assistance with agents or specialists   ▷

3 MONTHS PRIOR

▷ Secure equipment with school/organization or provide your own   ▷
    • table, sound system, projector, screen, video, microphones, etc.

▷ Based on time allowed, choose dance(s) from the agent implementation guide to   ▷
demonstrate during leader training
    • sample and easy to learn dances listed in the implementation guide and
    leader training PPT

▷ For more effective and professional training, start practicing and memorizing   ▷
dances
    • Use the dance instructional videos provided to ensure a more uniform dance

▷ Determine the start and end date at the location   ▷

1 MONTH PRIOR

▷ Confirm training time, location, and number of participants   ▷
    • Remind participants to come prepared to dance

▷ Put packets together for participants   ▷
    • Pre/Post-tests, Training Evaluations, Agenda, Copy of PPT, Curriculum and
    Business Card(s)

▷ Continue to practice and memorize dances for demonstrations   ▷

▷ Prepare and fill-in leader training agenda and PowerPoint with local information   ▷

▷ Get familiar with the layout of the location, either cafeteria or gym, make sure there   ▷
is enough room for participants to get up and move

▷ Confirm water availability   ▷

DAY OF THE EVENT LEADER TRAINING

PERSON RESPONSIBLE

▷ Check all sound system equipment and additional equipment needed ▷

▷ Print sign-in sheet ▷

▷ Arrive at location 30-45 minutes before training time to set up ▷
  • Table with a sign-in sheet and training packets (pre/post-tests, training evaluations, agenda, copy of PPT, curriculum, and business card(s)
  • Sound system and music
  • Projector and screen (or white wall) for PPT
  • Promote educational resources for current programs
  • Texas A&M AgriLife banners or signs

▷ Wear comfortable shoes and clothing for dance demonstrations ▷

▷ Make sure to provide water ▷

▷ Clean up and thank your School District, school campus, or youth organization ▷

IMPLEMENTATION OF CURRICULUM WITH STUDENTS

2 WEEKS POST

▷ Follow up with School District, school campus, or youth organization for any additional resources, feedback, or questions/ concerns ▷

▷ Collect Pre-Evaluation ▷

END OF CURRICULUM IMPLEMENTATION

▷ Collect Post- Evaluation ▷

▷ Gather demographic data for Group Enrollment (ES 237) and enter in 4-H online 2.0 ▷

▷ Enter contacts into Texas data ▷

▷ Thank your School District, school campus, or youth organization and provide certificates or incentives (if needed) ▷