I PLEDGE MY HEALTH TO BETTER LIVING

Please help each other fulfill the pledge to stay healthy by following these simple steps for club meetings and activities.

1. If anyone in your household is experiencing symptoms of Covid-19, return home and seek medical advice.

2. Complete the Covid-19 Screening Form

3. Wear a mask and any other necessary PPE for the activity.

4. Maintain social distancing when possible.

5. Sanitize hands, surfaces, and equipment.