Warp Speed
Creative Thinking/Performing Under Pressure

Objectives
• When challenged with making a decision, the obvious may not always be the best. When confronted with making decisions, it's important to look at and consider all the possible alternatives.

Supplies:
one throwable object such as a koosh ball, rubber chicken, small stuffed animal
stopwatch

Instructions:
1. Participants are to assemble into a circle
2. Toss the object around the participants in the circle, using the following rules:
   a. Facilitator throws to the first person
   b. Remember who you receive it from and who you throw it to
   c. You must throw the object to someone who is at least two persons away from you
   d. You may get the object only once
   e. Once everyone has received the object, it ends back with the facilitator
3. Once item is returned to facilitator, make sure that no one was skipped. If so, work that person into the pattern.
4. Repeat the pattern, throwing the object, to all the persons in the circle. Use the same pathway as the first time.
5. Once the pattern is known, instruct the group that you are going to time the process.
6. Now, the object of the game is to move the item through all the people, and to decrease the amount of time it takes to do so.
7. Have the group set a goal. Repeat the pattern of throwing, timing it. Ask the group how they could decrease the amount of time it takes.
8. Continue challenging the group until their time is less than 10 seconds.
9. Can they get to less than 5 seconds?
   a. Some ideas that may come up include moving closer together, lining up in the passing order, stair step hands closely together in order and letting the item 'fall' while touching each person's hand along the way

Facilitator Notes

Reflection:
• What were some of the suggested solutions?
• How receptive were you of others' ideas?
• Which solution worked the best?
• How did you arrive at the final solution?
• How many of you would have 'settled' with your first attempt, considering it decreased the time?
• By continuing to press for other solutions, what was the outcome?
• How often is it helpful to take the time to hear other solutions, rather than just going with the obvious one?
• How did you feel if you were the one that suggested the final solution?
• How did you feel if your idea was not the most successful?