

Longest Line

Cooperation, Teambuilding

Objectives

- In leadership, it is important to connect with others and to recognize similarities as well as differences.
- Work cooperatively to achieve a goal.

Supplies: none

Instructions:

- 1. Make a starting line on the floor, use masking tape, a rope or string.
- 2. Divide group into smaller groups of same number.
 - a. If participants are mixed ages and sizes, may want to attempt to equalize the participants as much as possible.
- 3. Facilitator instructs groups to start at the 'starting line' and make the longest, continuous line possible.
- 4. The catch is, they make the line using only the resources they can find within their group.
 - a. Belts, shoelaces, themselves, etc.
- 5. Attempt #1 group just performs immediately without planning or discussing.
- 6. Mark the distance for each group.
- 7. Challenge the groups to extend their line, and allow them 5 minutes to discuss a strategy.
- 8. After 5 minutes, have the groups form the line again, starting from the same spot and mark the distance for this second attempt.
- 9. Repeat as many times as necessary.

Facilitator Notes



Reflection:

- How did the group come up with the ideas?
- Did you use resources in a new way?
- How did it feel to have limited resources? How does that apply to your daily life and tasks at hand?
- Did it require everyone's commitment to succeed?