Supplies: none

Instructions:

1. Make a starting line on the floor, use masking tape, a rope or string.
2. Divide group into smaller groups of same number.
a. If participants are mixed ages and sizes, may want to attempt to equalize the participants as much as possible.
3. Facilitator instructs groups to start at the 'starting line' and make the longest, continuous line possible.
4. The catch is, they make the line using only the resources they can find within their group.
a. Belts, shoelaces, themselves, etc.
5. Attempt \#1 - group just performs immediately without planning or discussing.
6. Mark the distance for each group.
7. Challenge the groups to extend their line, and allow them 5 minutes to discuss a strategy.
8. After 5 minutes, have the groups form the line again, starting from the same spot and mark the distance for this second attempt.
9. Repeat as many times as necessary.

## Facilitator Notes



Reflection:

- How did the group come up with the ideas?
- Did you use resources in a new way?
- How did it feel to have limited resources? How does that apply to your daily life and tasks at hand?
- Did it require everyone's commitment to succeed?

