

Texas 4-H **CLUB ED**

October: Club Manager's Checklist

- Enroll new members and leaders
- Celebrate National 4-H Week and Club promotion ideas (First full week in October)
- Remind 4-H club of the major show lamb and goat exhibitors county validation time/location/date
- Distribute County Food Show information
- Discuss upcoming contests (ie: 4-H Round-up, Share the Fun, Quiz Bowls, Consumer Decision Making – these contests will vary by District)
- Appoint new leaders for new project areas (Leader needs to be enrolled and approved by the County Extension Office)
- County Council Delegate give report from meeting
- Plan and implement Community Service Projects

After Meeting

- Turn in enrollment forms.
- Turn in monthly attendance sheets & reports

Club Manager Minute (stuff for you)

Short on ideas to celebrate national 4-H Week - How about 101 of them. See pages 2-6!

One For Fun

If you've ever wondered just how big 4-H really is go to <http://www.4husa.org/index.php> Here you'll find news about 4-H from across the nation. You also have the opportunity to tell people what's going on in your Club. Now that's promoting 4-H on a national level.



Texas 4-H **CLUB ED**

October: Recreation

I Cannot Say I

Time Estimate:

10 minutes

Materials Needed:

Whistle
Watch or clock with second hand

Set up:

Needs to be open

Instructions:

Ask all participants to pair up and stand somewhere in the room. Announce a topic for all participants to begin discussing at the signal. Choose any ageappropriate topic that the group might find interesting, such as : things I did on my summer vacation; why I believe in _____; the most important person in my life ; etc.

The only limitation is that participants are not to use the words I, me, my or mine. If at any point the partner uses those words, that person is to sit down. Blow a whistle every 20 to 30 seconds, at which time the participants are to change partners. Once you are out - you're out! This continues until there is only one person standing.

Reflection:

- Why is it difficult not to use those words?
- What did we learn about doing this activity?



Texas 4-H **CLUB ED**

October: Community Service

Bags for Kids of Crimes

Police Departments are always in need of bags or back packs with items children need when they have been victims. Check with your local police and sheriff departments to get a list of items to put in those bags. In the newsletter, list the items for the club to bring. At the conclusion of the personal safety program, the activity can be to fill the bags and give to the visiting presenter to take back to the Child Welfare office.



Texas 4-H **CLUB ED**

October: Flag Ceremony

It's Just a Piece of Cloth

It's just a piece of cloth, that's all it is
Just a piece of cloth.
But when a little breeze comes along, it stirs and comes to life
And flutters and snaps in the wind, all red and white and blue....
Then you realize that no other piece of cloth could be like it.
It has your whole life wrapped up in it...
The meals you eat, the time you spend with your family,
The kind of things boys and girls learn at school,
The strange and wonderful thoughts you get in church.
Those stars on it...
They make you feel just as free as the stars
in the wide, wide, deep night.
And the stripes...
they are the bars of blood
To any dictator who would try to change this way of life.
Just a piece of cloth, that's all it is
Until you put your soul into it and give it meaning;
Then it is the symbol of liberty and decency
and fair dealing for everyone.
It is just a piece of cloth
Until we breathe life into it,
Until we make it stand for everything we believe in
And refuse to live without it.



Texas 4-H **CLUB ED**

October: Ice Breaker

Dress the Mummy

Supplies:

Rolls of toilet paper

Players:

Small to large groups

Set up teams with 2-4 players on each team. One person on each team will be the mummy and each team will be given 2 rolls of toilet paper. They will have 5 minutes to complete the game. The team players are to circle around the mummy and pass the toilet paper to each other while wrapping the mummy in it. The leader of the group will be the judge and decide which team has created the best mummy design.



Texas 4-H **CLUB ED**

October: Inspiration and More

Set Yourself Free

by Edmund O'Neill

Set yourself free from anything that might hinder you in becoming the person you want to be. Free yourself from the uncertainties about your abilities or the worth of your dreams, from the fears that you may not be able to achieve them or that they won't be what you wanted.

Set yourself free from the past. The good things from yesterday are still yours in memory; the things you want to forget you will, for tomorrow is only a sunrise away. Free yourself from regret or guilt, and promise to live this day as fully as you can.

Set yourself free from the expectations of others, and never feel guilty or embarrassed if you do not live up to their standards. You are most important to yourself; live by what you feel is best and right for you. Others will come to respect your integrity and honesty.

Set yourself free to simply be yourself, and you will soar higher than you've ever dreamed.



Texas 4-H **CLUB ED**

October: Program Idea

Personal Safety

Personal safety comes in many different forms. Do not walk in dark streets, stay away from strangers, do not give out personal information over the internet or telephone. Personal safety has to be an important topic of discussion. With the Halloween season coming, program ideas could focus briefly on local community concerns. However, the more important topic could be online predators or physical defense.

