

BEGINNER'S GUIDE, PART 4

TO TEXAS 4-H RECORD BOOKS



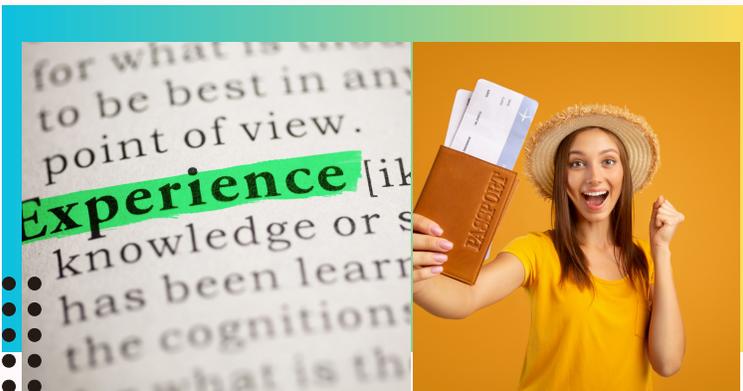
2023 - 2024

PROJECT EXPERIENCES

4-H Members can list all of the cool and neat things that they have done and learned that are related to their 4-H projects during the year. This is the member's opportunity to tell the world: "Look at the cool stuff I have been doing!"

Maximum page limits by age division:

- Junior – 2 pages
- Intermediate – 3 pages
- Senior – 4 pages

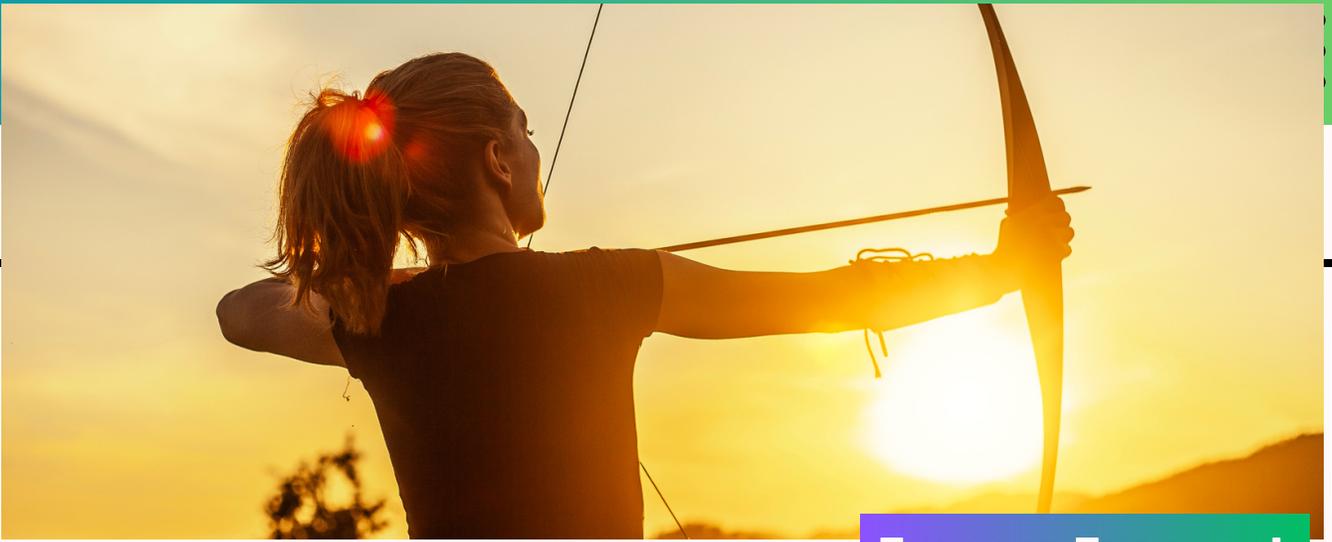


4-H members select up to **4 project areas** to highlight over the past **4 years** (Juniors up to 3 years).

The first project listed should be the **MAIN PROJECT** as this is where judges will be looking for growth in a project area.

4-H members need to consider the following questions:

- What is your project?
- How did your project change or grow?
- What have you done and what have you learned?



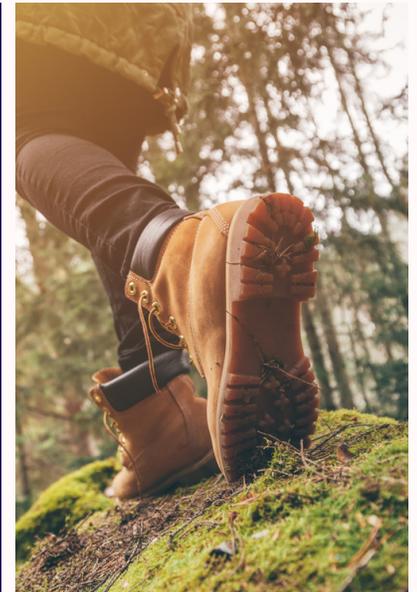
THINK IT THROUGH!

WHAT DID YOU GAIN FROM 4-H?

Include activities such as, but not limited to, workshops, contests, tours, research, computer learning programs, study of written material, interviews, etc. These learning activities may be completed in a project setting or may be the result of an independently conducted project; they may also have been completed in other youth or community organizations as long as they connect back to the 4-H project. Report the learning that took place.

Learning experiences are those activities in which the 4-H member has been a participant and not a teacher or instructor. Project-related leadership experiences should be reported as Volunteer Leadership in Section II.

Leadership and Citizenship are listed as projects just like Swine, Beef, Fashion & Interior Design, etc. Examples of leadership learning experience might include learning about different leadership styles, how to work with people, and effective communication.



Section I of the Report Form should include information on a maximum of four projects. 4-H members need to make sure they are listing an actual project offered by Texas 4-H, which can be found on the Texas 4-H Project List. This four-project report allows the member to write about his/her successes and to show a greater amount of growth.

Additional 4-H projects are listed in Section IV of the Report Form.

Example Format:

XYZ Project Name (Years in Project)

Things I learned:	Current Year	Bullet point things the 4-H member learned in the project or gained experience with during the year.	Things I did:	What workshops, seminars, shows, contests did you attend, assist with, lead?
	Previous Year			
	2 years ago			
	3 years ago			

How did you project change/grow over the year? If this is your first year in project what will you do different next year or how could the project experience have been better?