



ENHANCING THE CLUB EXPERIENCE.....

COMMUNITY SERVICE

SET 4

Month 1	<p>Emergency Preparedness Kits</p> <ul style="list-style-type: none">• Emergency Preparedness Kits for people can be life-saving! Have your members take flyers that include the essential items that every family should have on hand in the event of a disaster. They can distribute them to their classmates at school. Post on the bank bulletin board, and at stores that carry the items. Maybe even make posters to inform the public about emergency preparedness.
Month 2	<p>Bags For Kids Of Crimes</p> <ul style="list-style-type: none">• Police Departments are always in need of bags or back packs with items children need when they have been victims. Check with your local police and sheriff departments to get a list of items to put in those bags. In the newsletter, list the items for the club to bring. At the conclusion of the personal safety program, the activity can be to fill the bags and give to the visiting presenter to take back to the Child Welfare office.
Month 3	<p>Holiday Visits</p> <ul style="list-style-type: none">• Many times we think that giving things is the real way to serve our community, but really people want others to spend their time. Search out a need and schedule the community service to have people who need time be the service your 4-H members give. Nursing homes, children's ward in hospitals, meals on wheels recipients would be starting places.
Month 4	<p>Adopt A Family</p> <ul style="list-style-type: none">• Have the officers talk to a community service agency about families that are in need. The officer select a family for the Club to adopt for the Christmas season. Whether it be coats, clothes, food, electric bill, decorate the house.... they make the decision. At the December meeting, the club brings, or does what is needed for the family.
Month 5	<p>Old Coat Collection</p> <ul style="list-style-type: none">• Just after Christmas, have the members bring their old coats to the meeting. They can be delivered after the meeting to the local community service agency for distribution to the needy.
Month 6	<p>Jump Rope For Heart 4 - 6</p> <ul style="list-style-type: none">• Jump Rope For Heart is a national educational fund-raising program that is sponsored by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).• This program engages youth in a physical activity (jumping rope) while raising funds to support lifesaving heart and stroke research. 4-H'ers ask friends and family for donations and receive thank-you gifts based on the dollars they raise. This educational program teaches physical fitness and promotes the value of community service to students and their families. It shows students that they can contribute to their community's welfare.• You can sign up and raise money online! Check out our new computer Jump Rope For Heart donation Web site and find out how easy it is.
Month 7	<p>Community Garden</p> <ul style="list-style-type: none">• Locate a vacant lot, and contact the owner for permission to plant a garden. Have the members bring seeds for vegetables. Plan out the garden layout. (County Extension Agent and/or Master Gardeners can help) Plan a day to go clean and cultivate. A date to plant the correct seeds. Post a sign that this is a community garden, open to everyone sponsored by the 4-H Club. Assign members different days to water (bring their own water unless the owner will let the club use water on the property), and cultivate. Once fruit is ripe, anyone in the community can pick their own or members can pick the garden and donate produce to needy families.



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Month 8	<p>Feed The Volunteers</p> <ul style="list-style-type: none">• April is Community Cleanup Month. Nearly all communities have sponsoring agencies that combine to designate a day for the community to come together to clean up. Have your 4-H Club be the club to fix the hot dogs and serve the drinks. This serves a purpose, and may be more appealing than the actual picking up litter.
Month 9	<p>Be Kind To Your Meeting Room</p> <ul style="list-style-type: none">• You have been using the same room all year for your 4-H Meetings. Look around....what is needed to be repaired, built, supplied, or just spruced up. With the current interest of redecorating and the do it yourself craze, have the members decide on a service activity to do something for their meeting room.• Of course it will have to be approved by the management of wherever you meet, but the idea is to give back to the community that has helped the club.