



**For over 100 years, 4-H has inspired families, shaped careers, and impacted communities. On October 4 through 10, we will celebrate the impact of 4-H during National 4-H Week. Here are some ways you can celebrate 4-H, but don't let these stop you, get creative!**

### **DOWNLOAD MATERIALS**

Download the developed materials like bookmarks, flyers, and posters to print and distribute amongst 4-H families and around town. Download the social media graphics and guide, too, to share about the week online! Don't forget to download the proclamation and have your County Judge officially declare National 4-H Week in your town! Available at <https://texas4-h.tamu.edu/events/national-4-h-week/>

### **GET INVOLVED ONLINE**

Get involved online and participate in our social media challenges! Check out the image on the next page for the details. When you participate with us on social media, you will be entered to win a 4-H goodie basket.

### **ONE DAY 4-H**

Nothing says "4-H" quite like giving back. Wrap up National 4-H Week with One Day 4-H on October 10th. Gather your 4-H crew and do a community service project in your area. Don't forget to order your t-shirt to match your friends, too!

### **WEAR YOUR 4-H GEAR**

Nothing says 4-H pride like a 4-H tee! Dress yourself (or the entire family – pets included!) in 4-H green and clover gear, and wear it around town! Don't forget your 4-H mask!

### **STOREFRONT DISPLAYS**

If your local grocery or hardware store allows, set up a table to share information about your local 4-H program. You can display 4-H posters or showcase the work of local 4-H'ers. Some may be willing to dedicate their entire storefront to 4-H signs, memorabilia, and décor for the week.

### **SHOUT-OUT A 4-H'ER**

Kids love 4-H. They enjoy the time they spend with 4-H friends, look forward to their next 4-H meeting, and plan all year to show off what they've learned. Recognize the hard work and dedication of 4-H'ers by shouting out one or an entire club on social media.

### **SHARE YOUR 4-H STORY**

Take to social media to share a 4-H memory, express how 4-H shaped who you are today, describe what 4-H means to you, post an old 4-H photo, or shout-out your 4-H club. Use and follow the hashtag #InspireKidstoDo, share your story, or read stories similar to yours.

## HAVE A VIRTUAL 4-H REUNION

4-H alumni often credit 4-H for the connections they've made, remembering the friends they made and those who they may still keep in touch with today. Gather some old 4-H'ers and some current 4-H'ers virtually to talk about their projects, what they enjoyed, where the alumni are now, and allow them to make connections! Don't forget to use your 4-H Zoom backgrounds!

## SEND A 4-H 'THANK YOU'

We all have a reason to thank our local 4-H leaders. Whether you are a current 4-H member, grew up in 4-H, you have kids in 4-H, or you've witnessed the positive work of 4-H in your community, send a 'thank you' note to your local Extension/4-H office to show your appreciation.



## Celebrate National 4-H Week with Texas 4-H!

Post your photos using the hashtag for the day AND #National4HWeek and be entered to WIN a 4-H goodie basket! Every post = another entry.

### 10/5 #MadeItHappenMonday

Did you finally try out that new project, win showmanship, or learn that new sewing pattern? Brag about what 4-H goals you have reached with a pic on social media!

### 10/6 #TeachItTuesday

Take what you've learned online and teach us about your project, whether that be baking a cake, programming a computer, or growing a garden. Teach about your project using videos and photos.

### 10/7 #4HSpiritDay

It's time to show your 4-H spirit! Use your 4-H Zoom backgrounds, wear all the green you can, sport your 4-H mask, show your 4-H spirit wherever you go, and post photos and videos of it!

### 10/8 #ThrowbackThursday

Time to go through those all photos and memories and post your favorites! Take it back a week, a year, or 20 years and share your photos or videos on social media!

### 10/9 #4HFamilyFriday

Your 4-H Family is what makes it all worth it, right? Shout them out this week and post some pics with your 4-H family.

### 10/10 #ServiceSaturday #OneDay4H

What difference can you make in One Day? Don't forget to post some photos of your service project!



With any questions regarding National 4-H Week or One Day 4-H please contact Callie Cline at [callie.henly@ag.tamu.edu](mailto:callie.henly@ag.tamu.edu).

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