



Youth Health Survey Protocol

Agents and/or volunteers should use this Youth Health Survey with the program below. Agents should contact Regional Program Leaders if they have questions regarding use with other programs not listed.

Balancing Food and Play * Winning with Nutrition * Choose Health, Food, Fun, and Fitness

All Youth Health Curriculum (excluding 4-H Food and Nutrition Projects and Activities)

Advance Preparation

- Copy two-page forms (e.g., the pre and post) on a single sheet of paper (front and back). Do not copy single-sided and staple.
- Use white paper. Do not use colored paper.
- Center the copies well so that all the cornerstones and survey id are fully intact. Do not cut these off.
- Make good quality copies so that the print is bold and clear. If needed, shake the toner cartridge or replace it to avoid faded and smeared print.
- Determine the day of the week in which you will conduct surveys.
 IMPORTANT NOTE: Select the same day of the week to administer both pre and post surveys.
 DO NOT SURVEY ON MONDAYS as weekends can skew results.

Prior to start of Unit/Curriculum

- 1. Pass out one pre-survey to each youth.
- 2. Administer the youth pre-survey (Read questions & answer choices out loud. Do not elaborate).
- 3. On questions 11-13, youth should bubble in the following:

Initials (First & Last) Birth month

- 4. Collect completed youth pre-surveys and be certain that they are identified as PRE at the bottom of the survey.
- 5. Prepare a file folder using School/teacher name or site name and store PRE surveys until ready to match with POST surveys.

After the Unit/curriculum has been completed

- 1. Pass out one post-survey to each youth.
- 2. Administer the youth post-survey (Read questions & answer choices out loud. Do not elaborate).
- 3. On questions 11-13, youth should bubble in the following:

Initials (First & Last) Birth month

- 4. Collect completed youth post-surveys and be certain they are identified as POST at the bottom of the survey.
- 5. Match each youth PRE AND POST surveys together.

ONLY MATCHED PRE AND POST SURVEYS SHOULD BE SENT FOR ANALYSIS.

- 6. Make a second copy of all completed forms for your own records and as a backup.
- 7. Once youth surveys are matched, bind/clip each class/group using School/teacher or site name.
- 8. Once you have your surveys, submit to Paul Pope in Organizational Development as soon as possible to avoid delaying receiving results.

Please include the Organizational Development Cover Sheet for Scan Forms found at http://agrilife.org/od/evaluation/scan-forms/download-forms/cover-sheet-scan-forms/