



Four Corners

Ice Breaker/Grouping

Objectives

- In leadership, it is important to connect with others and to recognize similarities as well as differences.

Supplies: none needed

Instructions:

1. Designate four areas in a room or space.
2. Identify each quadrant
3. Participants are to move to the quadrant that shows their preference.
 - Example: the four quadrants are classifications of music: rock, rap, country, pop
 - The participants move to one of the four quadrants
 - Facilitator asks the groups to discuss why they chose that quadrant and that style of music.
 - Facilitator can ask group to sing a line from a song that the group likes.

Facilitator Notes



Reflection:

- Did you find there were other people who liked what you liked?
- Was it sometimes difficult to choose just one quadrant?
- Was it difficult to separate yourself from others?

Other quadrants and activities:

Sports: Basketball, Soccer, Football, Baseball

- Name a well-known player, discuss their attributes on and off the playing field
- Create a cheer for your sport

Food: Mexican Food, Italian Food, American Food, Asian Food

- Name your favorite dish; least favorite dish
- Name 'healthy' choices within the type of food you've chosen

Vacations: Beach, Mountain, Big City, Cruise

- Name places you have been; places you would like to go