Facilitator Notes

Reflection:
• Did you find there were other people who liked what you liked?
• Was it sometimes difficult to choose just one quadrant?
• Was it difficult to separate yourself from others?

Other quadrants and activities:

Sports: Basketball, Soccer, Football, Baseball
• Name a well-known player, discuss their attributes on and off the playing field
• Create a cheer for your sport

Food: Mexican Food, Italian Food, American Food, Asian Food
• Name your favorite dish; least favorite dish
• Name ‘healthy’ choices within the type of food you’ve chosen

Vacations: Beach, Mountain, Big City, Cruise
• Name places you have been; places you would like to go