

Texas 4-H **CLUB ED**

January: Club Manager's Checklist

- Enroll new 4-H members and leaders.
- Discuss District entry deadlines (ie: 4-H Round-up, Share the Fun, Horse Quiz Bowl, Consumer Decision Making, Fashion Show, Judging Contests -these contests will vary by District).
- Discuss 4-H Record Book Preparation
- Recognize participants/winners in recent County and District events and stock shows.
- County Council Delegate give report from meeting.
- Plan and implement Community Service Projects.

After Meeting

- Turn in attendance sheets & reports
- Turn in new 4-H member and leader enrollment forms

Celebrate the Texas 4-H Centennial!

This year marks the 100 anniversary of Texas th 4-H and we will be celebrating all year! Make a point to celebrate the Centennial each month! An idea or two be provided on each Club Manager's Checklist.

- Collaborate with local businesses to create a window decorating contest to promote the Centennial Celebration. Divide your club into teams and assign each team to a business window to decorate. Have windows judged by business owners. If available, award a prize to the team who wins the contest!
- Develop a skit about the history of Texas 4-H and present the skit at the local stock show, schools, ag day, farm safety day camps, or other local events.



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January: Recreation

CHOO CHOO (NAME TRAIN)

Number of Players:

10 - 50+

When to Play the Game:

Not a game to start with normally because players may feel silly doing it, but after a group has begun to open up and relax by playing together and building up some trust, this is a game that can really lower the barriers of the groups' inhibitions. When players see this game, they often literally fall over laughing. After this game, they will be ready for almost anything.

Description of Game:

Trains are not only a good form of transportation, they are also good places to meet people. And on this train, you can meet a lot of people who will cheer your name.

The game starts in a circle. The leader, after explaining that it is a name game that is easier to do than explain, starts chugging along moving and sounding like a steam engine. He stops in front of a person, asks her name, and then give her a little cheer using her name, such as "Edna, Edna, Edna, Edna, Edna!"

At the same time, he also makes body movements, which may vary with each added person. The leader then invites the person to join the train by turning his back to her and putting her hands on his waist (or shoulders). Once a person joins the train, she can make train sounds and motions, too.

When they come to the next person, Aaron, they ask his name and when they hear it, they both give a cheer, "Aaron, Aaron, Aaron, Aaron, Aaron!" Aaron is asked to join and the game continues.

After the train has about seven people, split the train in two. For a large group, repeat splitting as many times as necessary until everyone is given a cheer within a few minutes.



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January: Community Service

- Collect children's books and movies and donate them to a nearby Children's Hospital.
- Collect old phone books for recycling.



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January: Flag Ceremony

YOUR LAND AND MY LAND

Perhaps you know a road leading off from the main thoroughfare -a dusty, bumpy road, scarce wide enough for a car to pass, dipping and curving with the contour of the land. It seems to lead to another world, one crowded only with the memories of childhood days and dreams of brighter tomorrow. A place untouched by hustle and roar, where the works of generations past march hand in hand with the hopes of generations to come -this is your land and mine.

Come, travel this road and see how serene lie the hills ahead, how secure against man and time. The white clapboard cottage is a little island of shelter and warmth, isolated from interference, yet the land in which democracy took root and grew, was brought to flower by pioneering people, is still vigorously cultivated by their successors. Honest, hardworking, simple people, hospitable, keen -of eye and shrewd of wit, they love the land. And the land returns their love with fertility and abundant beauty all about which clothes it in a sense of perfect being.

There must be thousands of such roads scattered allover the United States, winding never hurriedly, through cottage-dotted countryside. Peace and stability are reflected in the quiet charm of each snug home, silent but tremendous powers which maintain the very basis of society, of unity, of respect.



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January: Ice Breaker

HUMAN TACO

(Mixer)

Supplies: Index Cards
Marker
Tape

Preparation: Label each card with a different taco ingredient using the list below until you have enough cards for all the participants in the group

- Taco Shell
- Taco Meat
- Cheese
- Lettuce
- Tomato
- Salsa

Instructions:

Stick labeled index card (with taco ingredient) on the back of everyone's shirt. Have each player mingle around asking yes/no questions to find out the taco ingredient that is on their back. Explain the correct order of ingredients in a Human Taco: shell, meat, cheese, lettuce, tomato, salsa. As individuals ask yes/no questions to other participants, they are trying to figure out what their label is. Once they know their ingredient, they are to then find the rest of the ingredients to form a human taco. Only one of each item is allowed in a taco. Give the start command, "I'm hungry! Let's eat! Run for the Border!" And watch the participants have fun with this activity!



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January: Inspiration and More

Inspiration:

Don't find fault; find remedy.

Fun Fact Trivia:

Did Texas enter the United States by Treaty or by Annexation?

By Treaty

What privilege does Texas' entry into the United States by Treaty give us?

The Texas Flag is allowed to fly at the same height as the US Flag



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January: Program Idea

With the new year comes New Year's Resolutions. What better 4-H resolution is there than to be a "healthier" 4-H'er this year! Program ideas include:

- Have 4-H members make "Five Healthy Promises for the Year"
 - Start one new physical activity
 - Adopt one dietary guideline and stick with it (ex: eat more fruits & vegetables)
 - Kick one bad habit (ex: skipping breakfast, watching too much TV)
 - Make one new friend
 - Do something special for or help your parents everyday
- Have a local dietician, nurse or FCS agent come speak to the group about healthy habits (exercise, nutrition, etc.).
- Invite FCS agent to bring ideas for nutritious snacks or "fun" fruits and vegetables that 4-H'ers can make and taste during the meeting.
- If you have a Health Officer in your club, have them do a health-related presentation for the 4-H members.

