

Texas 4-H **CLUB ED**

February: Club Manager's Checklist

- Enroll new 4-H members and leaders.
- Discuss District entry deadlines (ie: 4-H Round-up, Share the Fun, Horse Quiz Bowl,
- Discuss upcoming County events (Fashion Show, Judging etc. contests will vary by district)
- Recognize participants/winners in recent County and District events and stock shows
- County Council Delegate give report from meeting
- Plan and implement Community Service Projects
- Plan a "Spring Fling". Organize a 4-H fun day for families to get together.
- Time to start planning for Prime Time and SpecTra at the Texas 4-H Conference Center. Go to the Texas 4-H Conference Center website to get registration information or ask your County Office. <http://texas4h-ctr.tamu.edu/>

After Meeting

- Turn in attendance sheets & reports
- Turn in new 4-H member and leader enrollment forms

Club Manager Minute (stuff for you)

We're not afraid to show our agricultural roots. 4-H was born through agricultural education and agriculture is still a strong part of what we do. We are also not afraid to admit that agricultural production is one of the riskiest occupations in America. Let's minimize the risk for youth. To learn more about farm safety go to: <http://www.fs4jk.org/about.html>

One For Fun

The 4-H club year is half over and club managers should reward themselves for making it to this point. Here is a site that is just for fun. Find a quiet place and relax, this one will put you to sleep. You deserve it!
<http://www.iserenity.com/fire/fire.htm>



Texas 4-H **CLUB ED**

February: Recreation

Autographed Frisbees

Materials Needed:

pencils or pens
paper plates

Time:

20 minutes

Setup:

Circle of any size

Instructions:

Distribute paper plates and pencils. Instruct the participants to write their names on their paper plates (first and last). Make a circle. Place an object as a marker in the center of the circle (chair etc). Tell them to throw their plate toward the object in the center on the count of three. After all the plates have landed, tell them to move to the center and pick up a plate that is not theirs.

Autograph the plate you have and repeat the process. The third time the participants should find their own plate they started with. They should then try to find the two individuals that have signed their plate and share one or two things about themselves.

Reflection:

Share something interesting you learned about someone else from this activity.



Texas 4-H **CLUB ED**

February: Community Service

Jump Rope For Heart

Jump Rope For Heart is a national educational fund-raising program that is sponsored by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).

This program engages youth in a physical activity (jumping rope) while raising funds to support lifesaving heart and stroke research. 4-H'ers ask friends and family for donations and receive thank-you gifts based on the dollars they raise. This educational program teaches physical fitness and promotes the value of community service to students and their families. It shows students that they can contribute to their community's welfare.

You can sign up and raise money online! Check out our new computer donation Web site and find out how easy it is. The website address for Jump Rope For Heart is: <http://www.americanheart.org/presenter.jhtml?identifier=2360>



Texas 4-H **CLUB ED**

February: Flag Ceremony

Toast to the Flag

Here's to the RED of it,
There's many a thread of it
In all the spread of it
From foot to head.
Our heroes bled for it,
Faced steel and lead for it,
Slept with the dead of it,
The courage of red.

Here's to the WHITE of it,
Foes know the might of it,
We thrill to the sight of it
Through day and night.
Citizens keep sight of it
People will fight for it,
We cling so tight to it,
The purity of white.

Here's to the BLUE of it,
We lost more than a few for it,
Our nation grew with it
Courage got us through.
How we love the view of it,
We feel so very true to it,
We'll not forget the hue of it,
The justice of blue.

Carol Lee Spages



Texas 4-H **CLUB ED**

February: Ice Breaker

Clump

Everybody mingles, constantly moving until the leader shouts out a number. All players must then try to get into groups of that number, any participants that don't succeed in getting in the specified group are out.

Variation:

Players find others who have things in common, such as same shoe size.



Texas 4-H **CLUB ED**

February: Inspiration and More

Winners vs Losers

A winner is always part of the answer.
A loser is always part of the problem.

A winner always has a plan.
A loser always has an excuse.

A winner says: "Let me do it for you."
A loser says: "That is not my job."

A winner sees an answer for any problem.
A loser sees a problem for any answer.

A winner sees a green near every sandtrap.
A loser sees two sandtraps near every green.

A winner says: "It may be difficult but it's possible."
A loser says: "It may be possible but it's too difficult."

Author Unknown



Texas 4-H **CLUB ED**

February: Program Idea

National Heart Month is February. Have a representative from the local American Heart Association come speak. Have heart healthy snacks this month. Use the materials from the Foods and Nutrition Project on My Pyramid to give to each member as a reminder.

