Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating
The Texas 4-H Clover is a “catalog” of the many opportunities, programs, activities, and events that enrich the 4-H experience. The information provided in the Texas 4-H Clover covers the period from September 1, 2015 through August 31, 2016.

As with any annual periodical publication, the opportunities and contact information may change. 4-H members, leaders, volunteers, and parents are encouraged to stay in contact with their county Extension office on the latest information regarding any opportunity or experience in the Texas 4-H Clover.

Texas 4-H and Youth Development Program
4180 State Highway 6 South
College Station, Texas 77845
texas4-h.tamu.edu

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Program year
The 4-H program year begins on September 1 and concludes on August 31 the following year.

Membership policies
Any person, regardless of socioeconomic level, race, color, religion, disability or national origin, may enroll as a 4-H member. Youth may participate in 4-H year from September 1st of grade three through August 31st following completion of grade twelve, with these age restrictions: minimum age - 8 (in addition to being in the 3rd grade) to a maximum age - 18 (as of August 31, 2015).

For events that require registration/certification/entry during the summer prior to the beginning of the 4-H year, County Extension agents may sign entry forms for events that will occur during the 4-H year for youth who will become eligible for and enroll in 4-H on September 1, but these youth may not participate in 4-H competitive events and activities until September 1.

Zero-based enrollment
For accountability purposes and the requirement for keeping mailing lists updated, the Texas 4-H Program uses zero-based enrollment. This means that at the start of every new 4-H year, previous members and volunteers and new members and volunteers must enroll or re-enroll in the 4-H Program.

Cross-county memberships
A youth applies for 4-H membership when he/she either completes an individual paper enrollment form, or individual on-line registration via 4-H CONNECT. Membership is not active until an applicant’s registration is entered into 4-H CONNECT and approved by the County Office. A youth participates in 4-H by belonging to a chartered 4-H club or county program or any recognized unit of membership in the county where he/she resides.* Membership cannot be held simultaneously in more than one county or state, but membership may change with residence, as long as the member participates in a given project in only one county or state.

*Exception - If a 4-H member lives near a county line or if a specific project is not offered in his/her home county and it is more convenient, desirable, and logical to belong to 4-H in another county, he/she may request permission to join 4-H in that county if the county Extension staff in both counties approve. Approval must be in writing. Request to change counties should be based on concerns that affect the youth member developmentally (i.e.; requesting to change counties because the adjoining county’s livestock show sale is better will not be approved). If a specific project is not offered in the county of residence, and the 4-H member wants to participate in 4-H project work in an adjoining county, they may; however, they must enter competitive activities through the county in which they have their membership. This agreement of cross-county membership must be renewed annually between the involved 4-H member/family, the county Extension staff and the District Extension Administrator.

This agreement of cross-county membership must be renewed annually between the involved county Extension staff and the 4-H member.

Project enrollment
All 4-H members must be enrolled in at least one project and provide written evidence of project completion. A member may add or delete project enrollments at any time during the 4-H year. A member of a 4-H club must participate in 4-H learning groups and other educational activities under the guidance of a 4-H volunteer who is enrolled with the county Extension office.

Statewide projects/activities
The 4-H projects listed in this handbook are offered in most of the counties in Texas. Please contact your county Extension agent for more information about projects or activities.

County projects/activities
Some counties offer additional projects of local interest. Check with your own county to see what is available. Counties provide the materials and training guides for these projects, and they may vary from area to area depending on local resources and needs.

Events and activities
Youth competing in state, district and/or county events and activities must be 9, or 8 AND in the 3rd grade, to 18 years of age. See specific state contest packet information for additional details. Youth must be enrolled in the project during the current year in order to participate or compete in a related event or activity.

Participation Fee Statement
All 4-H Club youth participating in the Texas 4-H and Youth Development Program are expected to pay a participation fee. The fee is $20.00 if enrolling between August 15, 2015 and October 31, 2015. For those enrolling between November 1, 2015 and end of the 4-H enrollment year, the fee is $25.00 per person.
Considerations in selecting a 4-H project:
- Select a project you like.
- Select a project that can be completed.
- Consider the money it will take. Can parents/guardians help?
- Consider the space and equipment that you have at home.
- Consider the time the project will take.
- Consider parental support for the project.
- Be aware of the opportunities for growth in this project.
- A 4-H project should be fun, serve a purpose, and be worth the effort.
- Select only the number of projects you can complete.

Items available to help you learn about your project:
- 4-H project promotional brochures
- Project training workshops
- Tours
- Exhibits
- Contests—judging, visual presentation and 4-H recordbooks
- Reputable web sites

Goals
When you write down your goals and plans, you have already made a step toward reaching those goals. Your written goals will help you keep track of where you are going and how you are going to get there. Write your goals and plans for each project. Use the Member Achievement Plan (M.A.P.) or a method that works for your family to keep track of progress made toward goals.

Your project goals should include the following:
- Knowledge goals - things you want to learn.
- Skill goals - things you want to raise, make and/or do.
- Leadership goals - things you want to do and to teach others.
- Community Service goals - things you want to do for others.

As you get older or become more advanced in your project(s), you will want to set goals in the following areas:
- Energy goals - how your project relates to energy and ways to save natural resources.
- Economic goals - what you will do to save and make money.
- Experiment and research goals - studies and experiments you can conduct in your project.
- Career goals - studies and interviews.
- Other goals - workshops or contests you plan to participate in through your project.

Guidelines that relate to all projects:
- Make a set of project goals (refer to Member Achievement Plan—MAP).
- Complete certain goals each month—most project work is done at home.
- Keep a record of goals completed.
- Exhibit project work.
- Enter a contest at the local and county levels.
- Attend workshops on your particular project.
- Attend 4-H meetings regularly.
- Complete 4-H MAP and/or recordbook each year.
- Develop leadership by teaching other interested persons something about your project.
- Carry out community service activities related to your 4-H project.
- Continue to study and broaden project knowledge and skills.

Find out what you can learn and do in your projects:
1. Knowledge - things to do and resources to use in developing knowledge of your project.
   - Read the 4-H Clover.
   - Surf the Web for reputable, non-biased sources.
   - Read library books related to projects.
   - Read magazines or journals.
   - Purchase literature related to projects.
   - Secure owner’s manual.
   - Attend workshops related to your project.
   - Interview someone who is knowledgeable about your project subject matter.
   - Tour places related to the project.
   - Develop a research paper related to project.
   - Subscribe to magazines.
   - Go on field trips to study project.
   - Study careers related to your project.
   - Study catalogs.
   - Take correspondence course related to project.
   - Study history related to your project.
   - Attend summer workshops through local community colleges or community education programs.

2. Skills - the doing part of 4-H in which you develop your skills to your potential.
   - Make several things related to your project.
   - Raise and properly care for something related to your project.
   - Repair things related to your project.
   - Make a list of skills related to your project and practice them.
   - Use computer skills to find related credible web sites or maintain records of your own project on the computer.

3. Safety - part of almost every 4-H project.
   - Purchase safety equipment.
   - Make a safety plan (locating safety hazards).
   - Participate in a safety clinic.
   - Make a study of accidents related to your project.
   - Study state and national safety laws related to your project.
   - Use warning signs where necessary.
   - Secure a safe place to work. Follow all safety recommendations.

4. Leadership - also a part of every 4-H project. It is your duty as a 4-H member to develop leadership skills.
   - Present and display in schools and your...
community to promote your project.
• Assist individual members with their projects.
• Conduct interviews.
• Help plan and conduct workshops about your project.
• Serve as chair of your project group.
• Teach groups about project work.
• Organize a 4-H project club.
• Conduct project contests in the local 4-H club.
• Assist volunteer leader with project.
• Set up a project tour for your club.
• Assist with county contests.
• Serve as a project leader for your club.
• Recruit new club members into your project.
• Write an article for your local newspaper.
• Serve as a group leader during a workshop or tour.
• Assist with county exhibit days
• Secure a county donor for your 4-H project.
• Teach disabled children about your project.
• Write and give speeches about your project.
• Develop a business related to your project.
• Serve on a committee related to your project.
• Write news articles about your project.
• Make exhibits that tell other people about your project.
• Appear on TV and/or radio and talk about your project.
• Write an information sheet about your project and use it as a handout during workshops.
• Develop a slide set or video about a certain part of your project.
• Serve as a teen or junior leader.

5. Citizenship and Community Service - part of every project, or Citizenship can be a project by itself. Each 4-H member should incorporate several activities or experiences of citizenship and community service in each project in which they enroll. These experiences can be done as an organized group/club or as an individual. Discuss ways you can work in your community to promote a part of your project through associations and private businesses.
• Make the public aware of the economic importance.
• Write your state and national legislators about issues related to your project.
• Give something related to your project to shut-ins.
• Secure pen pals who are interested in the project.
• Discuss project issues with local officials.
• Write project donors, thanking them for their support.
• Sell a product from your project and use the money for some worthy cause.
• Assist friends and neighbors with work related to your project.
• Make speeches about the importance of your project to the economy, society or school.
• Provide transportation for others to a project workshop.
• Organize a campaign to improve something related to your project.
• Conduct a radio program on your project, making the community aware of an issue.
• During National 4-H Week, do some type of project promotion.
• Take pictures of other 4-Hers project exhibits, and use the pictures for publicity.
• Report to the proper authority things that you see in your project that are dangerous to people of the community.
• Do volunteer work related to your main project.
• Serve on a county or community committee that is related to the project.
• Loan something that you have related to your project.

6. Environmental Stewardship
• Study how your project relates to conserving our natural resources.
• Share stewardship information with others in your project area.

7. Economics
• Study consumer reports about your project.
• Watch television. Listen to the radio for economic news related to the project.
• Conduct your own price study.
• Make a study of how to cut cost and maintain quality.
• Compare cost of project materials to cost of buying a finished project.

8. Experiments
• Develop your own design.
• Compare the outcome of more than one item, using different ingredients.
• Invent something that is useful in your project.
• Conduct experiments related to your project.

9. Careers
• Study careers related to your project.
• Tour businesses related to your project and volunteer at a local business.
• Attend seminars about careers.
• Interview people in different careers related to the project.
• Write several colleges and universities concerning careers related to the project.
• Start your own personal business related to your project.
• Find entrepreneurial ideas and resources on the Web.
• Talk to an economic development leader or visit the nearest small business development center.

Do you need help? Secure help from the following:
• Your 4-H club manager
• Your 4-H project leader
• Texas A&M AgriLife Extension Service staff
• Retired senior citizens in your community
• Professional people with careers related to your project
• Businesses related to your project
• School teacher, principal, or counselor.

When is the project over?
When you have met the goals you set at the beginning of the year, and when a Member Achievement Plan has been submitted to the 4-H project leader, club manager, or county Extension office, you have finished your project.
4-H Conference Center

**County Camp**
This program brings counties together for a 3 day event planned and implemented by the Texas 4-H Center summer staff. Counties must provide their own chaperones at a ratio of one chaperone for every eight youth of the same gender. Recreational opportunities include shooting sports, archery, kayaking, swimming, dance, zip lining, rock wall climbing and more. Sessions are schedule in July each year.

*Website for More information:* [texas4hcenter.tamu.edu](http://texas4hcenter.tamu.edu/)

*Contact:*
Mark Carroll
jmcarroll@ag.tamu.edu
325-784-5482

4-H Conference Center

**Horizons Camp**
Horizons is a camp experience that focuses on project enhancement and career exploration. Four to six project areas will be featured each year. Youth of junior and intermediate age participants in fifteen hours of educational workshops. Evening activities involve recreation, and team building. These sessions are coordinated and led by a team of County Extension Agents, adult volunteers and teen leaders.

*Website for More information:* [texas4hcenter.tamu.edu](http://texas4hcenter.tamu.edu/)

*Contact:*
Mark Carroll
jmcarroll@ag.tamu.edu
325-784-5482

4-H Conference Center

**Junior Leadership Retreat**
Junior Leadership Retreat provides youth ages 9-14 a state level leadership experience. Workshops facilitate by Texas 4-H Council and other senior level 4-H youth are in leadership, group dynamics, leading recreation, etc. Additionally, youth experience service opportunities. The workshop is conducted annually in November.

*Website for More information:* [texas4hcenter.tamu.edu](http://texas4hcenter.tamu.edu/)

*Contact:*
Mark Carroll
jmcarroll@ag.tamu.edu
325-784-5482

4-H Conference Center

**Prime Time**
Prime Time helps youth in grades 3rd-11th grade learn interpersonal skills and develop lifetime friendships. Programming focuses on educational and recreational experiences, with emphasis on helping young people understand the opportunities that are available in the future. Camp activities include rock wall climbing, archery, dance, games, swimming, kayaking and much more.

*Website for More information:* [MyAirForceLife.com](http://MyAirForceLife.com)

*Contact:*
David D. Wright or Penny Dale
dwright@ag.tamu.edu or penny.dale@ag.tamu.edu
254-774-6024 or 210-395-7251

4-H Conference Center

**Texas 4-H Teen Retreat**
This educational program focuses on the development of intensive leadership skills and targets 4-H members age 13 and older. Young people explore their own leadership styles and potential and develop plans for implementation at the local, county and district levels. This workshop is held annually in January.

*Website for More information:* [texas4hcenter.tamu.edu](http://texas4hcenter.tamu.edu/)

*Contact:*
Mark Carroll
jmcarroll@ag.tamu.edu
325-784-5482

4-H Management

**4-H CONNECT**
4-H CONNECT is the on-line management program for the Texas 4-H and Youth Development Program. 4-H members and adults registering for a district and state level event that has a registration fee, will use the 4-H CONNECT program. All Texas 4-H enrollment is entered on 4-H CONNECT.

*Website for More information:* [texas4-h.tamu.edu](http://texas4-h.tamu.edu/)

*Contact:*
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

4-H Military

**4-H Air Force Partnership**
Collaborate with Air Force Youth Programs and 4-H Extension Agents to establish and sustain 4-H clubs and programs at Air Force Bases worldwide. Extension Program Specialist – 4-H Air Force will provide leadership and coordination to Air Force Youth Programs primarily targeted to geographically displaced Air Force youth and secondary support to active duty youth. Provide leadership, technical assistance, training and resources to foster the relationship between Air Force Youth Programs, State 4-H Military Liaisons and local County 4-H Extension staff in order to build 4-H programs and provide 4-H opportunities for military families, youth and staff. Coordinate support to the Guard and Reserve audience and provide secondary support to active duty families.

*Website for More information:* [MyAirForceLife.com](http://MyAirForceLife.com)

*Contact:*
David D. Wright or Penny Dale
dwright@ag.tamu.edu or penny.dale@ag.tamu.edu
254-774-6024 or 210-395-7251
4-H Military

4-H Mentoring: Youth and Families with Promise

4-H Mentoring: Youth and Families with Promise is accomplished by implementing the following culturally appropriate, youth development strategies: One-To-One and Group Mentoring: Mentors work directly with youth to build academic and social skills. Mentoring allows youth the opportunity to spend time with the caring adult while focusing on activities that interests both. 4-H Activities: 4-H clubs and activities serves to enhance social competencies through leadership, community service, and group projects. It provides an opportunity for youth to be an active part of their community and receive a sense of belonging and acceptance among their peers. 4-H provides mastery in leadership, citizenship, and life skills. Family Night Out: Once a month, families, mentors, and youth come together for an enjoyable “Family Night out” activity. The events are designed to foster family bonds through experiential learning activities where youth and family members spend quality time together in a fun, safe learning environment.

Website for More Information:
extension.usu.edu/yfp

Contact:
David D. Wright or Glenda Muhammad
dwright@ag.tamu.edu
254-774-6024

4-H Military

4-H Military Partnership

The 4-H Military Partnership Grant program is a partnership of U.S. Department of Agriculture (USDA)/ National Institute of Food and Agriculture (NIFA)/ 4-H National Headquarters, U. S. Army Child, Youth and School (CYS) Services, U.S. Air Force Child and Youth Programs, and U.S. Navy Child and Youth Programs (CYP). 4-H, Army, Navy, and Air Force have made a commitment to establish 4-H Clubs on installations worldwide and provide 4-H opportunities for military connected children and youth on installations and in communities. The 4-H Military Partnership Grant provides support to the State 4-H Extension Program in establishing, sustaining, and integrating youth from military families into 4-H Clubs and 4-H opportunities. Texas provides support to twelve military installations, National Guard and Reserve Centers in order to provide predictable and consistent youth programs in the areas of Health and Nutrition, Science and Technology, Citizenship and Life Skills.

Contact:
David D. Wright
dwright@ag.tamu.edu
254-774-6024

4-H Military

4-H Tech Wizards

Funded by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) and National 4-H Council, the 4-H Military Program has provided programming for youth on and off installations across Texas. Our goal is to provide military youth culturally responsive after school, small group mentoring programs. 4-H Tech Wizards capitalizes on youths’ ages 6-18, interested in emerging technology as a way of involving military youth and their families in learning basic life and workforce skills and aspiring to post-secondary education, productive jobs and careers, and community engagement. 4-H Tech Wizards enhances learning by providing the targeted student group with technology training, delivered in partnership with 4-H, schools, libraries, non-profits, and other community partners. Students learn STEM (science, technology, engineering and math) related skills from adult mentors who provide positive role models for the students to emulate.

Website for More Information:
texas4-h.tamu.edu

Contact:
David Wright
dwright@ag.tamu.edu
254-774-6024

4-H Military

AARP Mentor Up/4-H Tech Wizards

The 4-H Tech Wizards core program is an after school opportunity targeting youth who tend to be underrepresented in STEM fields. The goal is to engage more young people in science and related fields to support future career exploration through real-time science application. Older school-aged youth develop important life and workplace skills while developing confidence in their ability to live successful and contributing lives. The Mentor Up Tech Wizards will use a variety of STEM related curricula to help youth learn about areas such as new media technologies, environmental and water science, and GIS/GPS mapping. Additionally, it is expected that all program students be given the opportunity to create innovative community-service solutions to support cross-generational technology learning for vulnerable, identified adults ages 50 and older. These programs are implemented and taught by youth to older adults at libraries, assisted living center and nursing homes.

Website for More Information:
texas4-h.tamu.edu

Contact:
David D. Wright or Laura Epps
dwright@ag.tamu.edu or laura.epps@ag.tamu.edu
254-774-6024

Character Education

Take A Stand Anti-Bullying Curriculum

This set of four 4-H curricula aims to teach strategies to children and teens to reduce bullying. Topics include conflict resolution, bullying, communication, etiquette, teamwork, and cultural awareness. Activities and work sheets are also included. (Grades K-2, Grades 3-5, Grades 6-8, Grades 9-12). Each curriculum has TEKS associated with it that make it easy and applicable to each Texas classroom. The evaluation tools provide an opportunity to interpret the success of the curriculum to stakeholders.

Website for More Information:
Clothing & Textiles

Alpaca Wool Challenge

4-H participants will request a sample of wool yarn and combined with other yarns of their choosing in order to create a knitted, crocheted, or woven item of clothing or textile that can be used. The item can be constructed by either an individual or a group including 4-Her’s, adult leaders and community members who would like to assist the youth in the making of the project. All items are donated to a charity of their choice.

Website for More information:
fcs.tamu.edu/clothing/4h/packet/

Contact:
Angela McCorkle
armccorkle@ag.tamu.edu
979-845-1150

Clothing & Textiles

Clothing and Textiles

The purpose of the Fashion Storyboard contest is to give 4-H members an opportunity to create a storyboard of their original design. 4-H Fashion Storyboard is an industry-inspired method of displaying of original designs. The storyboard includes original illustrations and flats, as well as, additional materials (such as photos from the internet or magazines, paper, fabric swatches, patterns, etc.) that have influenced the unique design. Participation in the Fashion Storyboard contest provides members an opportunity to gain knowledge of career responsibilities of a fashion designer and illustrator, enhance creativity and originality and develop visual communication skills. State competition for Fashion Storyboards is held during Texas 4-H Roundup. Individuals must qualify at county and district level to advance to state. Complete contest guidelines are available in the Clothing and Textiles Annual Packet.

Website for More information:
fcs.tamu.edu/clothing/4h/packet/

Contact:
Angela McCorkle
armccorkle@ag.tamu.edu
979-845-1150

Clothing & Textiles

Quilt Challenge

The 4-H Quilt Challenge is a Clothing and Textiles community service project. 4-H youth of all ages have the opportunity to create a quilt based on the guidelines. Complete guidelines are available in the Clothing & Textiles Annual Packet.

Website for More information:
fcs.tamu.edu/clothing/4h/packet/

Contact:
Angela McCorkle
armccorkle@ag.tamu.edu
979-845-1150

Clothing & Textiles

Texas 4-H Duds to Dazzle Competition

4-Hers participate in the 4-H Clothing & Textile project to become knowledgeable in a multitude of concentrated skills. In the the Texas 4-H Duds to Dazzle qualifying competition, the learning experience is taken another step beyond by “going green”. In the contest, teams of 3-5 4-H members will be challenged to take a textile that is no longer usable for its original purpose, and refurbish it into a new, viable consumer product;
recycling textiles so they do not end up in the waste stream. Objectives include: 1) Allow participants to exhibit knowledge and skills gained through their 4-H Clothing & Textiles project by designing, constructing, and presenting a finished product, 2) Allow participants learning opportunities, 3) Promote teamwork, 4) Help 4-H’ers gain experience in public speaking, and 5) Provide leadership opportunities for young people.

**Website for More information:**
texas4-h.tamu.edu/projects/clothing-textiles

**Contact:**
Charlene Belew or Angela McCorkle
c-belew@tamu.edu or armccorkle@ag.tamu.edu
432-336-8585 and 979-845-1150

**Clothing & Textiles**

**Trashion Show**
The Trashion Show provides an opportunity for 4-H members to use their design skills to create and exhibit a recycled/ reused garment created from items that would otherwise be thrown in the trash. 4-H teams (1-4 members) will submit a video application. A team of judges will evaluate the entries, and the top 10 entries will be asked to compete in the Trashion Show Invitational event. The teams chosen will go through an interview process and model their garment in the Fashion Show at Texas 4-H Roundup.

**Website for More information:**
fcs.tamu.edu/clothing/4h/packet/

**Contact:**
Angela McCorkle
armccorkle@ag.tamu.edu
979-845-1150

**Community Service**

**One Day 4-H**
This new statewide day community service project will be held on Saturday, October 10, 2015 the final day of National 4-H Week. 4-H members from all counties in Texas are encouraged to take one day to give back to their community or county by serving others. Projects can be done as individuals or as groups and can range from some as simple as mowing the lawn for someone to the creation of the next big community service!

**Website for More information:**
texas4-h.tamu.edu/events/oneday/

**Contact:**
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

**Dog**

**Dog Care and Training**
Mixed breed or purebred, all kinds of dogs are welcome in the 4-H Dog Care and Training Project. You can have a better, well-mannered family member in about 6 weeks with basic obedience training class. After obedience training, you can set your sights on Canine Good Citizenship Certification or competition at a dog show. You may also learn about daily care and health of your dog, and being a “dog foster parent.” Even community service and competition you can do with your dog. Most important of all is having fun as you build a bond with your dog and make friends who love dogs too!

**Website for More information:**
texas4-h.tamu.edu/events/dogshow/

**Contact:**
Michelle Mihalek
mmihalek@ag.tamu.edu
936-539-7823

**Healthy Lifestyles**

**4-H Health Project**
The health project teaches youth how to improve physical, intellectual, emotional, and social health. It also focuses on community health resources and how to use the health care systems in the community. The health project also couples well with the food & nutrition project as it relates to physical activity and maintaining a healthy lifestyle. Safety concerns related to health issues, such as first aid and passenger safety, are also addressed.

**Website for More information:**
texas4-h.tamu.edu/events/dogshow/

**Contact:**
Courtney Dodd
cfdodd@ag.tamu.edu
979-845-6533

**Healthy Lifestyles**

**4-H Healthy Lifestyles Ambassadors**
Each year, senior 4-H members are selected through an application process to serve as Texas 4-H Healthy Lifestyles Ambassadors. Upon the completion of training related to healthy living, leadership, and industry opportunities, the 4-H Healthy Lifestyles Ambassadors provide leadership to the promotion of the purpose and goals of the 4-H healthy lifestyles program; empower youth by giving them the opportunity to provide leadership to the 4-H healthy lifestyles program; provide educational experiences that will enable 4-H members across the state to become knowledgeable and skilled in the healthy lifestyles subject matter; coordinate educational events that will provide learning opportunities for the development of leadership and effective citizenship related to the healthy lifestyles projects; and help each ambassador experience personal growth and achievement, as well as be of service to others. Applications are typically accepted in the Spring with training held in the Summer.

**Website for More information:**
texas4-h.tamu.edu/events/dogshow/

**Contact:**
Courtney Dodd
cfdodd@ag.tamu.edu
979-845-6533

**Healthy Lifestyles**

**Food & Nutrition Project**
The food and nutrition project helps participants learn to make healthy food choices, improve energy and alertness, reduce
disease and illness risks, and gain knowledge of nutrients, as well as food preparation skills. Major learning experience are centered around nutrition, menu planning, food buying, food preparation, food safety, careers, and cultural influences.

Website for More information:  
texas4-h.tamu.edu

Contact:  
Courtney Dodd  
cfdodd@ag.tamu.edu  
979-845-6533

Healthy Lifestyles  

Food Challenge  
The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the dish. There are various opportunities to participate in the food challenge, including major livestock shows.

Website for More information:  
texas4-h.tamu.edu

Contact:  
Courtney Dodd  
cfdodd@ag.tamu.edu  
979-845-6533

Healthy Lifestyles  

4-H Food Show  
The 2016 Food Show theme is “Picnic Perfect”. This theme will undoubtedly add unique opportunities for chefs of all ages. Join this year’s food and nutrition project to find creative ways to serve and prepare picnic foods.

Website for More information:  
texas4-h.tamu.edu

Contact:  
Shawnte Clawson or Sharon Robinson  
sfclawson@ag.tamu.edu or s-robinson@tamu.edu  
806-290-1630 or 979-845-1212

Healthy Lifestyles  

Healthy Lifestyles Invitational  
The 4-H Healthy Lifestyles Invitational provides youth in the intermediate and senior age divisions the opportunity to participate in a competitive event and utilize the knowledge and skills gained through participation in 4-H healthy lifestyles programs. With a set-up similar to the Consumer Decision Making Contest, the healthy lifestyles invitational consists of two parts: (1) Judging – participants will be presented with a scenario and must individually rank the four products/choices based upon the situation at-hand; (2) Presentation – teams are presented with a scenario and must work together within a given amount of time to analyze the situation, develop a solution and make a team presentation to a panel of judges.

Website for More information:  
texas4-h.tamu.edu

Contact:  
Courtney Dodd  
cfdodd@ag.tamu.edu  
979-845-6533

Horse  

Equine Ambassador Program  
The Texas 4-H Equine Ambassador program strives to provide high school aged 4-H members with the opportunity to develop and practice advanced leadership skills related to mentoring other youth and to become advocates for the equine industry in Texas. 4-H members must apply in the spring and be selected for the program, which is held in the summer at a specified location over a 4-day period.

Website for More information:  
texasyouthlivestock.com/equine-ambassadors/  

Contact:  
Jessica Cowan  
Jessica.Cowan@ag.tamu.edu  
979-845-5954

Horse  

Horse Educational Presentations  
State competition for senior teams is held during Texas 4-H Roundup. Contestants are scored and given an overall placing, but the highest placing team and individual do go on to compete in national contests, such as National Western Roundup or All American Quarter Horse Congress.

Website for More information:  
texas4-h.tamu.edu/  

Contact:  
Teri Antilley  
tjantilley@ag.tamu.edu  
979-845-5264

Horse  

Horse Judging Workshops/Camps  
Texas A&M AgriLife Extension Service, along with the TAMU Horse Judging Team and Animal Science faculty, host and provide instruction on horse evaluation (halter and performance) and oral reasons at the Aggiefest Horse Judging Workshop in the fall and the TAMU Horse Judging Camps in the summer.

Website for More information:  
horse.tamu.edu  

Contact:  
Teri Antilley  
tjantilley@ag.tamu.edu  
979-845-5264

Horse  

Horse Publications  
National 4-H Curriculum (www.n4hccs.org):  Horse - Group Activity Helper’s Guide  Horse 1 - Giddy Up & Go  Horse 2 - Head, Heart & Hooves  Horse 3 - Stable Relationships  Horse
4 - Riding the Range  Horse 5 - Jumping to New Heights  Horse
Pattern  Texas 4-H Horse Project & Teaching Outlines (AS 3-2.031) 4-H Quiz Bowl Guide (4-H 3-2.030) Horse Quiz Bowl Supplement (4-H 3-2.031) Texas 4-H Horsemanship Leader Guide (AS 3-2.032) Youth and Collegiate Horse Judging Leader Guide (AS 1-2.120) Youth and Collegiate Horse Judging Manual (AS 3-2.051)

Website for More information:
www.agrilifebookstore.org/

Contact:
Teri Antilley
tjantilley@ag.tamu.edu
979-845-5264

Horse

Southern Regional 4-H Championships
The Southern Regional 4-H Championships are held in late July or early August. The top 4-H horses at the State 4-H Horse Show are eligible to attend. Entries are taken at the State Horse Show.

Website for More information:
www.ext.vt.edu/topics/4h-youth/horse/events/southern-regional/index.html

Contact:
Dennis Sigler
dsigler@tamu.edu
979-862-3595

Horse

State 4-H Horse Show
County, district and state horse shows showcase members’ skills in horsemanship, horse training and horse management. The Texas 4-H Horse Show includes both Qualifying and Open Divisions. 4-H members, qualifying through district shows, are eligible for the qualifying divisions, including halter, judged western, hunter flat, speed events, and yearling, 2-yr-old, and 3-yr-old futurities. Open divisions include roping, stock horse, hunter over fences and drill and precision teams. Futurities are offered to 4-H members 12 years old or older as of September 1 of the 4-H year who nominate and validate yearlings, 2-year-olds and 3-year-olds by May 1 of the current year. Participants must be enrolled in the 4-H horse project. All horses to be shown must be properly validated in 4-H Connect March 1-May 1 of each year. The show is held the last full week of July at a site determined by the Texas 4-H Horse Committee.

Website for More information:
horse.tamu.edu

Contact:
Dennis Sigler, Teri Antilley, Jennifer Zoller
dsigler@tamu.edu, tjantilley@ag.tamu.edu, Jennifer.Zoller@ag.tamu.edu
979-845-5264

Horse

State Horse Judging Contest
State competition is held during Texas 4-H Roundup. County teams must qualify at county and district to advance to state.

Leadership

Ambassadors
The Texas 4-H Ambassador Program aims to project a clear and accurate image of the Texas 4-H Youth Development Program.
Ambassadors may represent a county 4-H program or a specific 4-H project or program area. Ambassador opportunities are available on the State level as well, examples include the Healthy Lifestyles Ambassadors, Livestock Ambassadors, and such. The Texas 4-H Ambassador Handbook is available as an electronic download from the Texas A&M AgriLife Bookstore, publication number E4H 11-2. Information for ordering a Green Blazer, if that is desired by a group can be obtained from the Texas 4-H Conference Center.

Website for More information:
texas4hcenter.tamu.edu/ambassador-program-items/

Contact:
Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

Leadership

Global Education and Awareness
Provides youth with educational opportunities that will cultivate an awareness of global issues, develop culturally aware citizens and provide opportunities to learn about and address major issues confronting the world. Opportunities include the LABO and LEX Exchange Programs with Japan. 4-H Families are encouraged to serve as Hosts for a 4-week homestay for a Japanese youth, ages 12-15. Families are not required to do anything in particular, but house the youth as one ‘of their own’ for this immersive program. Japanese youth delegates have varying degrees of English language skills. Texas 4-H youth ages 14-18 can also travel to Japan for a 4-week homestay. International Study Trip -- offered in odd-numbered years, the Texas 4-H Program sponsors an 8-12 day international travel program for youth in grades 9-12 (at time of trip).

Website for More information:
texas4-h.tamu.edu/project_leadership/leaders/

Contact:
Garry Branham
glbranham@ag.tamu.edu
325-653-4576

Leadership & Citizenship

Leaders 4 Life
The goal of the Leaders 4 Life Program is to provide the necessary “tools”, to aid current leadership in the development and training of future leaders. Leaders 4 Life provides resources to equip counties in conducting high quality leadership training, parliamentary procedure training, and service learning activities. The Leaders 4 Life Skill-A-Thon is the contest opportunity for youth to showcase the skills learned through this program area.

Website for More information:
texas4-h.tamu.edu/project_leadership/leaders/

Contact:
Garry Branham
glbranham@ag.tamu.edu
325-653-4576

Leadership & Citizenship

National 4-H Congress
This educational program for senior 4-H members is designed to teach participants the citizen’s political approach to community action for youth. In addition, youth delegates participate in programs that focus on citizenship, leadership and communication. Youth between the ages of 14 and 18 on August 31 of the year attending are eligible to apply for Congress. Also, delegates must be participating in youth development programs in which Extension is a partner (4-H clubs, special interest groups, school curriculum enrichment, and ENP-Y). Information and application forms will be sent to each county office and each county-based Prairie View Cooperative Extension faculty member.

Website for More information:
texas4-h.tamu.edu/events/nationalcongress

Contact:
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

Leadership & Citizenship

Patriotism through Preparedness
Patriotism through Preparedness, is a disaster preparedness program developed for youth. Disasters can cause children to experience many different feelings, especially fear and sadness. Allowing children to actively participate in a family disaster plan is an excellent way to build their confidence and may help them cope better with their feelings in the event of a disaster. The curriculum was developed to help parents and youth/children bond together in preparing for an emergency and/or disaster.

Website for More information:
www.4-h.org/4-h-conference/

Contact:
Darlene Locke
dlocke@ag.tamu.edu
979-845-6533
Leadership & Citizenship

Texas 4-H Congress
This mock legislative educational event is held in Austin in even-numbered years. During the week-long program, senior 4-H youth experience the legislative process first hand. By role-playing senators, representatives, lobbyists and press corps members, youth are exposed to the full political scene. Activities range from debating bills in the actual Texas Legislature chambers to socializing with advocates and opponents at evening receptions. Youth return to their communities with a better understanding of how our state government works. Information is sent to county Extension offices in the Fall preceding the event year.

Website for More information: texas4-h.tamu.edu/events/congress

Contact:
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

Livestock Judging

Texas A&M Aggiefest Livestock Judging Contest
The Texas A&M Department of Animal Science will host a Livestock Judging contest on October 24, 2015 at Louis Pearce Arena in College Station, Texas. Participants will be divided into three age divisions where awards will be given to the top ten individuals in each species division (cattle, swine and sheep/goats), top ten individuals overall and the top two teams in each respective age category. Participants can compete as individuals and teams (judge 4/count 3). All teams are comprised of same age division and from the same county or chapter. Pre-entries ($15.00/individual) are due October 15 and late entries ($20.00/individual) October 16-22 can all be made at www.judgingcard.com. On-site registration will be available.


Contact:
Brant Poe
brant_poe@tamu.edu
979-845-6059

Livestock Judging

Texas A&M Livestock Judging Camps
The Department of Animal Science annually conducts the “Texas A&M Livestock Judging Camps.” The camp is designed for 4-H youth ages 11-17 that are interested in building their knowledge about the evaluation principles associated with marketing and breeding beef, swine, and sheep. Oral reasons, live grading and the use of performance data will be heavily stressed.

Website for More information: animalscience.tamu.edu/workshops/youth-workshops/livestock-judging-camp/

Contact:
Brant Poe
brant_poe@tamu.edu
979-845-6059

Natural Resources

Forestry Invitational
The National 4-H Forestry Invitational is the national championship of 4-H forestry. Each year, since 1980, teams of 4-H Foresters gather at Jackson’s Mill State 4-H Conference Center at Weston, WV, to meet, compete, and have fun. Jackson’s Mill is the boyhood home of General Thomas “Stonewall” Jackson, hero of the Civil War, and a historic setting for the Invitational. The purpose of the Invitational is to develop appreciation for the importance of conserving forest land as a source of products, benefits, and services necessary for quality living. 4-H Foresters learn citizenship and leadership skills as well as practical forest management skills through participation in the 4-H Forestry Invitational. By learning these skills young people will be better prepared to own forest land or deal with environmental issues in the future.

Website for More information: www.4hforestryinvitational.org/

Contact:
Montza Williams
ml-williams@tamu.edu
903-834-6191

Performing Arts

Share-The-Fun
Share-The-Fun is a competitive event related to the Theater and Performing Arts project. 4-H members have the chance to develop a spirit of cooperation with their fellow 4-H members; develop self-confidence through public performance; stimulate interest in broad-based recreation in 4-H clubs; encourage 4-H members to discover and develop their talents: and to grow socially, culturally, and further develop leadership skills. But...
most importantly, theater and performance arts is about HAVING FUN! Any 4-H member may participate in this activity! It can be a just-for-fun club meeting activity, or can last several months if a group is participating competitively. The best part of the program is having FUN and sharing that excitement with others! The contest has seven categories: Celebrate 4-H, Choreographed Routines, Dramedy, Musical/Instrumental, Poetry/Prose, Solo/Band Performance, and Vocal. There are opportunities to participate at county, district, and state levels. Check with your County Extension Agent for details!

Website for More information:
texas4-h.tamu.edu/events/roundup/

Contact:
Laura A. Huebinger
lhuebinger@ag.tamu.edu
254-968-4144

Photography

Photography Contest And Exhibit
This contest is open to all 4-H members. Photographs must have been taken by the 4-H member during the current 4-H year. A county may have one entry per class in each category. A fee will be assessed per entry and must accompany the photo upon entry. Entries are due according to guidelines stated in the current year’s in-depth guidelines mailed in late summer. Details on the contest, guidelines, score sheet, Standards of Excellence and entry forms are mailed to county 4-H coordinators in January.

Website for More information:
texas4-h.tamu.edu/projects

Contact:
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

Rabbit

Rabbit
The rabbit project teaches proper methods of caring for, raising, breeding and marketing rabbits. There are three project options: Market Rabbit Project (breeding and raising rabbits for meat); Rabbit Breeding Project (breeding and raising rabbits for desired or unique characteristics); and Pet Project (maintaining rabbits for companionship). The Texas 4-H Rabbit Project Advisory Board, is a new board created to focus on the needs of the Rabbit project. The advisory board is comprised of youth, adult volunteers, County Extension Agents and Regional Program Leaders. The advisory board will be working on updating all project materials as well as curriculum. They will also be working on a potential statewide event to be held for the Rabbit project. Be watching the website for new things involving the rabbit project.

Website for More information:
http://texas4-h.tamu.edu

Contact:
Megan Logan
mmlogan@ag.tamu.edu
830-278-9151

Recognition

Citation for Outstanding Service to 4-H
Each year, the Texas 4-H Youth Development Program provides recognition for an individual or a business who has made an outstanding contribution to Texas 4-H programs ON A REGIONAL OR STATE BASIS. Awards are generally made based on a long-term commitment rather than a one-time program. Individuals or businesses that are local supporters, and limit their contributions to local programs, should be recognized at the local level. The number of citations awarded will vary from year to year. All awards are presented at the Salute to Excellence Banquet during Texas 4-H Roundup. Any Extension employee, 4-H member and/or volunteer may make nominations for the awards. A list of prior award winners is available on the Texas 4-H Website. Requests for nominations are published by the State 4-H Office each Fall with an early Spring deadline. The process is completed online.

Website for More information:

Gold Star Award
The Gold Star Award is the highest county achievement award given to a senior (grades 9-12) 4-H member, and will be awarded only once in a member’s 4-H career. Counties have award quotas based on the number of senior 4-H members. The award is presented to the most deserving young people without regard to sex. The following are minimum requirements that must be met:
• The member must have at least completed, or be completing, his/her 9th grade school year at the time of application, and must have completed at least 3 years in 4-H, including the current year.
• The 4-H member must submit an awards program recordbook in the year he/she is to be considered for the award.
• The 4-H member must have completed projects in three different project areas, have submitted appropriate record forms, and have participated in one or more activities in at least three of the following areas:
  • Educational Presentations
  • Citizenship activities
  • Projects
  • Project exhibits
  • Camps
  • Leadership labs
  • Public relations (speeches, poster displays, radio, TV, newspapers)
  • Other (includes exchange programs, fundraising, State and National Congress, etc.)

Note: The requirements for projects and activities do not all have to be completed in the current year. They may have been accomplished over the entire period of time the person has been in the program.
• The member must have exhibited leadership skills by serving as a 4-H officer or committee chairman (club, county, district or state), and/or as a junior or teen leader in an activity or project with or under the supervision of an adult volunteer
leader. The 4-H member must have participated in one or more community service activities. Examples are working with or counseling junior 4-H members; participating in community service projects (individual, group or club); and motivating other 4-H members through participation in demonstrations, projects and/or exhibits.

Website for More information:
Contact:
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

Recognition

I Dare You

William H. Danforth’s book, I Dare You, was first published in 1931. It is still considered one of the most influential books in the area of personal motivation. The book is published and distributed by the American Youth Foundation through its I Dare You committee. The I Dare You Leadership Award is not a contest or competition. High school principals and county agents are asked to select (or have a staff or committee select) nominees. The award consists of a copy of I Dare You and a certificate. The award recognizes excellence in character, well-balanced personal development, and potential for leadership. A prepaid processing fee of $20.00 is required whether one or two selections are made. The fees must accompany the selection forms. I Dare You application forms and ILC brochures, posters and information packets are available from the American Youth Foundation.

Website for More information:
www.ayf.com

Contact:
American Youth Foundation Attention: I Dare You Committee
t-lepley@tamu.edu
314-646-6000

Recognition of Texas A&M AgriLife Employees

Recognition for Texas A&M AgriLife Employees who make a significant contribution to the Texas 4-H Program. All awards are presented at the Salute to Excellence Banquet during Texas 4-H Roundup. Meritorious Service recognizes an outstanding county Extension agent, county Extension director, or program assistant and an outstanding Extension Specialist (any program area), County Extension Director or District Extension Administrator who demonstrates effective use of volunteers. Nominees must have been paid staff or faculty with Texas A&M AgriLife for the immediate past five (5) years. Two awards are given annually. Commendable Service recognizes two outstanding Support Staff professionals for their role in making the 4-H program more effective. Nominees must work in a Texas A&M AgriLife office at the county, district or state level for at least the immediate past five (5) years. Two awards are given annually. Any Extension employee, 4-H member and/or volunteer may make nominations for these awards.

Website for More information:
Contact:
Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

Recognition

Salute to Excellence Volunteer Recognition

Each year, the Texas 4-H Youth Development Program provides recognition for 4-H volunteers making a significant contribution to the Texas 4-H Program. All awards are presented at the Salute to Excellence Banquet during Texas 4-H Roundup. Texas 4-H Salute to Excellence recognizes outstanding 4-H volunteers for their service to 4-H programs and the impact that they have had on the lives of young people. Each district may select two recipients to be honored with this award. A couple is considered as one recipient. Any Extension employee, 4-H member and/or volunteer may make nominations for the awards. A list of prior award winners is available on the Texas 4-H Website. Requests for nominations are published by the State 4-H Office each Fall with an early Spring deadline. The process is completed online.

Website for More information:
Contact:
Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

Recognition

Texas 4-H Alumni Award

Each year, the Texas 4-H Youth Development Program provides recognition for individuals who have made significant achievements IN THEIR COMMUNITIES. Consideration is given to individuals who have demonstrated an outstanding record of achievement AS A 4-H MEMBER and who have shown evidence of 4-H’s influence on their adult lives. Continued service to 4-H in adulthood is very important. No current Extension employee may receive this award. The number of 4-H alumni awards presented will vary each year. All awards are presented at the Salute to Excellence Banquet during Texas 4-H Roundup. Any Extension employee, 4-H member and/or volunteer may make nominations for the awards. A list of prior award winners is available on the Texas 4-H Website. Requests for nominations are published by the State 4-H Office each Fall with an early Spring deadline. The process is completed online.

Website for More information:
Contact:
Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

Recognition

Texas Leader Legacy Award

Each year, the Texas 4-H Youth Development Program provides recognition for 4-H volunteers making a significant contribution to the Texas 4-H Program. All awards are presented at the Salute to Excellence Banquet during Texas 4-H Roundup. Texas 4-H Leader Legacy recognizes a current 4-H leader who has been an integral part of the 4-H Youth Development Program for 20 years.
or more. The person(s) who is nominated for this award may or may not be the person who is always in the spotlight, but is the one who makes an impact and a difference on the 4-H members with whom he/she works. Any Extension employee, 4-H member and/or volunteer may make nominations for the awards. A list of prior award winners is available on the Texas 4-H Website. Requests for nominations are published by the State 4-H Office each Fall with an early Spring deadline. The process is completed online.

Website for More information:

Contact: Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

RecordBooks

RecordKeeping is an essential skill that all 4-H members should employ for their respective 4-H project(s). Youth may submit a 4-H Record Book in one of 31 categories, at either the Junior, Intermediate or Senior level. The format of the book and the expectations of the content are further described on the Texas 4-H Website. Youth will submit information on standardized forms which are to be printed and placed in a folder. A Family Guide provides details. http://texas4-h.tamu.edu/youth_recordbooks/

Senior level Record books are judged on the state level and the first place winner of each category qualifies for the Texas 4-H Leadership Conference, a citizenship based trip to Washington, D.C. Youth are responsible for the registration fee.

Website for More information: texas4-h.tamu.edu/recordbooks/

Contact: Darlene Locke
dlocke@ag.tamu.edu
979-845-6533

Safety

Alcohol Presentations & Educational Resources

Various resources are available to use including the Watch UR BAC’s DWI Prevention Simulator, pedal car, and DWI goggles.

Website for More information: watchurbac.tamu.edu/

Contact: Bobbi Brooks
blbrooks@ag.tamu.edu
979-862-8325

Safety

ATV Safety RiderCourse Workshop

LET’S RIDE!!! This is a 3 hour, “hands-on”, ride the ATV (four wheeler)safety workshop designed to teach the safe, legal and responsible use of ATVs. We provide everything needed -including ATVs, helmets and other safety gear. Participants must complete an online portion and wear proper clothing. This RiderCourse provides a nationally recognized completion certificate that is required for riding an ATV on public lands anywhere in the US. Going hunting in New Mexico, Oklahoma, Montana, etc? You’ll need it! We teach the proper techniques for cornering, braking, swerving, riding over obstacles and hills. Its a fun, fast paced and interesting! We offer this workshop at the 4-H Roundup each year and at the 4-H Conference Center during summer camp. Look for it during registrations. Call/email or visit websites for more information.

Website for More information: www.txteamm.org

Contact: Carol L. Smith
 txteamm1@gmail.com
830-612-3607 (office) or 210-912-1516 (cell)

Safety

Distracted Driving

Distracted driving simulators and resources offer educational opportunities and information related to the dangers of distracted driving, especially texting and driving.

Website for More information: passengersistem.safety.tamu.edu

Contact: Myrna Hill
mrhill@ag.tamu.edu
979-862-4658

Safety

Farm Safety Day Camps

The Progressive Agriculture Safety Day™ program was formerly known as the Progressive Farmer Farm Safety Day Camp® program. Founded by The Progressive Farmer magazine in 1995, the program trains and provides the resources that local communities need to conduct one-day safety programs that are age-appropriate, hands-on, fun, and safe for children. While the basic program reaches children ages 8 to 13, safety days may also be conducted for 4- to 7-year-olds or even entire families.

Website for More information: www.progressiveag.org

Contact: Susan Reynolds
 farmsafetyday@aol.com
888-257-3529

Safety

Safety & Injury Prevention Educational Presentation

Relate to safe equipment designs and safe procedures or methods associated with the prevention of injuries in work, home, or recreational environments (e.g. safe methods of designs relative to home, farm or yard machinery, equipment, chemicals and animals; prevention of injury relative to falls, fire, electricity, boating, tractors, hunting, natural disasters, or traffic safety).

Website for More information:

Contact: Myrna Hill
mrhill@ag.tamu.edu
Safety

Safety & Injury Prevention Educational Presentation

Website for More information: passengersonsafety.tamu.edu/ watchurbac.tamu.edu/ www.progressiveag.org

Contact:
Myrna Hill or Bev Kellner
mrhill@ag.tamu.edu or bkellner@ag.tamu.edu
979-862-4658 or 979-862-1782

Safety

Safety And Injury Prevention Educational Contest
SAFETY AND INJURY PREVENTION EDUCATIONAL CONTEST FARM SAFETY Relate to safe equipment designs and safe procedures or methods associated with the prevention of injuries in work, home, or recreational environments (e.g. safe methods of designs relative to home, farm or yard machinery, equipment, chemicals and animals; prevention of injury relative to falls, fire, electricity, boating, tractors, hunting, natural disasters, or traffic safety). The Progressive Agriculture Safety Day™ program was founded by The Progressive Farmer magazine in 1995, the program trains and provides the resources that local communities need to conduct one-day safety programs that are age-appropriate, hands-on, fun, and safe for children. While the basic program reaches children ages 8 to 13, safety days may also be conducted for 4- to 7-year-olds or even entire families.

Website for More information: www.progressiveag.org

Contact:
Farm Safety Day Camps Contact: Susan Reynolds Executive Director - Programs Progressive Agriculture Foundation P. O. Box 530425 Birmingham, AL 35253
farmsafetyday@aol.com
888-257-3529  205-871-0646

Safety

Safety and Injury Prevention Educational Contest
Teen Rollover Convincer Presentations The Rollover Convincer is basically the cab from a pickup truck attached to a frame with a motor and mounted on top of a trailer. The windshield and doors have been removed so that the interior can be viewed. When the electric power is turned on, the cab rotates to simulate a rollover crash. When demonstrating the Rollover Convincer, an adult dummy is used in the driver position and a child size dummy is used in a child safety seat in the passenger position. First, the demonstration shows what happens if the dummies are not using their safety belts. After 1-3 rotations the dummies topple out of the cab and land on the ground, often right under the cab and on the trailer. Then, the demonstration is repeated. With the dummies correctly restrained they remain in place in the cab, thereby showing the importance of wearing a safety belt.

Website for More information: passengersonsafety.tamu.edu

Contact:
Myrna Hill
979-862-4658

Safety

Watch UR BAC
The Watch UR BAC project teaches Texans about the dangers of alcohol misuse —including binge drinking, the understanding of what is alcohol poisoning as well as the dangers of impaired driving.

Website for More information: watchurbac.tamu.edu/

Contact:
Myrna Hill
979-862-4658

Scholarships

Texas 4-H Opportunity Scholarship Program
Texas 4-H Youth Development Program Opportunity Scholarships are ACADEMIC SCHOLARSHIPS awarded each year to applicants based on their academic record, 4-H experience, and
financial need (for scholarships for which it is a required criterion). The Texas 4-H Youth Development Opportunity Scholarship Program is conducted in coordination with the Texas 4-H Youth Development Program, the Texas 4-H Youth Development Foundation, and Texas A&M AgriLife Extension Service. All applications must be submitted through the applicant’s county Extension office and meet all criteria to be considered.

**Website for More information:**
texas4-h.tamu.edu/scholarships

**Contact:**
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

**Scholarships**

**Texas Extension Education Association, Inc. Scholarship**
The Texas Home Demonstration Association was organized in August, 1926 by 399 women attending a Farmer’s Short course at A&M University. One of the purposes for organizing was to establish a scholarship for a deserving 4-H girl. This original scholarship of $200 has grown to 12 in 2002, given annually at $1000 each; however, in 1997, only four $1,000 scholarships were given due to lack of funds. Funding of these scholarships began with a 5 cent donation per member in 1926. Scholarships are now funded through the annual TEEA budget and awarded to a 4-H member.

**Website for More information:**
texas4-h.tamu.edu/scholarships/

**Contact:**
Judy Warren
jlwarren@ag.tamu.edu
979-845-3850

**SET**

**4-H Youth Technology Team**
The 4-H Youth Technology Team concept surfaced as a result of a Texas youth delegation participating in the National 4-H Youth Technology Conference. 4-H youth selected for this team will focus toward incorporating technology into current projects and developing an individual 4-H project that would attract youth interested in computer technology.

**Website for More information:**
texas4-h.tamu.edu

**Contact:**
Toby L. Lepley
t-lepley@tamu.edu
979-845-1212

**SET**

**Discover Science Method - Poster Contest**
The Discover Scientific Method Research Poster Contest is an avenue for 4-H members to learn about the scientific method, and exhibit their work of research of a question. The daily 4-H Project work can be used to inspire independent discovery on a topic of interest to the member. While following and learning the scientific method, 4-H members can develop another life skill in the field of science. There are six categories that can be entered: *Biochemistry/Microbiology/Food Science  *Environmental Science/Chemistry/Earth Science  *Animal Science  *Plant and Soil Science  *Engineering/Physics  *Consumer Product Testing

This event is held at Texas 4-H Round-Up annually.

**Website for More information:**
texas4-h.tamu.edu

**Contact:**
Megan Logan
mmlogan@ag.tamu.edu
830-278-9151

**Vet Science**

**4-H Veterinary Science Skill-a-Thon**
The Veterinary Science Skill-a-thon is a competitive event designed to test the knowledge and skills that a 4-H member can gain through their involvement in a Veterinary Science project. There are several components to the contest. The Written Exam is to test the contestant’s subject matter knowledge. The Skills Stations examine the hands-on or experiential learning. The Quiz Round requires contestants to think on their feet, as well as analyze risks as far as losing points for incorrect answers, and this part is generally the most fun for the participants. Finally, the Communication/Interview portion of the contest helps to develop public speaking skills.

**Website for More information:**
aevm.tamu.edu

**Contact:**
Dr. Joe W. Mask
joe.mask@ag.tamu.edu
979-845-4353
and Biomedical Sciences Open House
Held annually in the spring as an opportunity for students to visit and participate in areas of veterinary medicines such as: cardiology, dentistry, endoscopy, feline medicine, intensive care, orthopedics, parasitology, pathology, public health, rehabilitation, and zoo medicine.

*Website for More information:*
http://vetmed.tamu.edu/openhouse

*Contact:*
TAMU Veterinary School
979-845-5051

Vet Science

**Veterinary Enrichment Camps**
This special summer program is for high school students who have an interest in science, mathematics, and veterinary medicine. The three-day program will give participants the opportunity to explore the possibilities of veterinary medicine as a career. Participants will live in air-conditioned university dormitories, attend special classes, and discover the broad diversity of career opportunities available to graduates with a Doctor of Veterinary Medicine degree.

*Website for More information:*
vetmed.tamu.edu/bims/future/veterinary-enrichment-camp

*Contact:*
David Kincaid or Anna Budvitis
bims@cvm.tamu.edu
800-874-9591

Vet Science

**Veterinary Science**
The 4-H Veterinary Science Project is a curriculum based project with 100 lessons and 50 activities that gives youth interested in veterinary medicine opportunities to work in the field. The project is career-oriented and provides job-training so students can determine if this is a field they would like to pursue. Students who participate in this project will work with licensed veterinarians at their practice. By doing this hands on training they learn the knowledge and skills that are expected of a veterinary assistant. This will also be valuable on a resume and will help them to prepare for a professional program degree from an accredited university. This project has a set curriculum that allows youth and adults to work together to achieve success. It also allows for youth to develop an interest in veterinary medicine, human medicine and other allied health fields.

*Website for More information:*
aevm.tamu.edu

*Contact:*
Dr. Joe W. Mask
joe.mask@ag.tamu.edu
979-845-4353
For more information on the Texas 4-H Youth Development Program visit us online at:

[Facebook logo], [4-H logo], [Twitter logo]
texas4-h.org

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