



*Logo and theme concept developed by
Kinsley Emshoff
Nueces County*

2010 Rules and Guidelines

Texas 4-H Roundup



Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

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TEXAS 4-H AND YOUTH DEVELOPMENT PROGRAM DIRECTOR MESSAGE - Dr. Chris Boleman

The 2010 Texas 4-H Roundup promises to be an exciting event for the 4-H youth of Texas! Texas 4-H Roundup is our premiere event for Texas 4-H and Youth Development and in 2010 we look forward to celebrating the 4-H year with all of you!

The theme for this year is "The Road Goes on Forever and 4-H Never Ends." Congratulations to Kinsley Emshoff from Nueces for winning submission in the county logo and theme contest. The logo and theme contest is just one of the new items being offered at the 2010 Texas 4-H Roundup. We are offering new contests and workshops in wildlife, poultry, and healthy lifestyles to name a few. We are also opening some of these contests to any senior and intermediate 4-Her so that more young people have an opportunity to participate in our most prestigious event. Our goal is to build on the successful tradition of Texas 4-H Roundup by listening to youth, volunteers, families, County Extension Agents, and others to ensure we have the best youth program possible.

Thanks to everyone for your commitment to the Texas 4-H and Youth Development!!! It takes each and everyone of us working together to positively impact the youth we serve. You are making a difference!!!

We look forward to seeing you at the 2010 Texas 4-H Roundup!

Chris

WELCOME TO THE 2010 TEXAS 4-H ROUNDUP!!!

As we reflect upon another year of success within the Texas 4-H program, it is noted that changes are inevitable, necessary, and already underway. I welcome you to the 2010 Texas 4-H Roundup—an experience that will symbolize progress, tradition, and opportunity within Texas 4-H for years to come. As with any flourishing organization it is pertinent that we, as 4-Hers, keep up with the times in order to maintain a constant state of success which so many have come to recognize as ‘status quo’ in 4-H. In attempting to achieve this consistency, we have made alterations—both minuscule and significant, to better the program and this event as a whole. I challenge each of you to explore and grasp each opportunity presented to you while in College Station and during your term as an eligible 4-H member. Take note of what you would like to see changed, what has been changed already, and what you feel should remain the same in years to come. You are the voice of this organization and without everyone’s contribution we will not be able to truly accommodate the masses. I promise that this will be an event to remember, full of memories, friends, and opportunity, but only if you choose to steer away from the norm and explore what this program has to offer. Texas 4-H—it is time for **us** to be the change. What will **you** do to help?

“Be the change you want to see in the world.” - Gandhi

Mollie Lastovica
2009-2010 Texas 4-H Council President

2009-2010 STATE 4-H COUNCIL MEMBERS

Officers

- Mollie Lastovica (District 10, Gillespie County) – President
- Matt Kinsel (District 12, LaSalle County) – 1st Vice President
- Breanna Hall (District 1, Hartley County) – 2nd Vice President
- Emily Smith (District 9, Brazos County) – Secretary
- Sarah Hammer (District 1, Carson County) – Public Relations
- Taylor Whitney (District 4, Cooke County) – Historian
- Stephen Wallace (District 4, Cooke County) – Health and Safety

Other Members

Jill Bramlet (District 2, Floyd County)
Jenny Dudensing (District 3, Haskell County)
Nathan Newman (District 4, Lamar County)
Jana Monk (District 5, Wood County)
Paige Sturtz (District 6, Glasscock County)
Colt Helmer (District 7, Taylor County)
Taylor Edwards-Adcock (District 8, Freestone County)
Reagan Robertson (District 8, Leon County)
Patrick Jones (District 9, Waller County)
Caitlin Lange (District 11, Nueces County)
Whitley James (District 12, Live Oak County)

John Long (District 2, Lamb County)
Erin Reid (District 3, Young County)
Trevor King (District 5, Wood County)
Amber Halfmann (District 6, Glasscock County)
Kyle Howard (District 7, Nolan County)
Abbey Noland (District 7, Tom Green County)
Ryan McCarty (District 8, Leon County)
Cameron Arias (District 9, Brazoria County)
Nick Randal (District 10, Kerr County)
Andria Garcia (District 12, Hidalgo County)

Faculty Advisors: Matt Tarpley and Kelli Lehman

2009-2010 STATE TECHNOLOGY TEAM MEMBERS

Youth Members

Hannah Cochran, Randall County, District 1
Victoria Blessing, Cooke County, District 4
Corey Cuba, Collin County, District 4
Malory McKee, Van Zandt County, District 4
Dorothy Wood, Bell County, District 8
Elizabeth Wood, Bell County, District 8
Jordan Deville, Jefferson County, District 9
Jason Farrington, Grimes County, District 9
Alysa Duff, Montgomery County, District 9
Matt Kinsel, LaSalle County, District 12

Collegiate Members

Gabe Miller, Texas A&M University
Amanda Merritt, Texas Christian University
Elizabeth Maxwell, Lamar University

Advisors

Dee Lee Smith, Van Zandt County, District 4
Kevin Wentzel, Harris County, District 9
Toby Lepley, Texas 4-H and Youth Development Program

WHAT IS TEXAS 4-H ROUNDUP

Texas 4-H Roundup is the culmination of years of hard work and dedication for youth throughout the State of Texas. It is designed to supplement the county 4-H program and project work. Each year contests are held throughout the state, at the county level, and the twelve districts of the Texas AgriLife Extension Service, and climaxing with the participation of over 2,500 youth and adults at Texas 4-H Roundup in College Station. Roundup consists of 49 individual competitive contests. The majority of these events require each individual or team to qualify at the county and district level. However, the 2010 Texas Roundup will offer five new invitational style contests that allow intermediate and senior 4-Hers to all participate without having to qualify. Roundup is scheduled to officially begin Monday, June 7 and to end Friday, June 11, 2010.

TEXAS 4-H ROUNDUP OBJECTIVES

- To perpetuate the reputation of Texas 4-H and Youth Development as a major state-wide educational program.
- To select winners in presentations and certain activities through state contests.
- To provide recognition for project, activity, and scholarship winners of 4-H members and adult volunteers.
- To promote opportunities for 4-H members and adults to network in recreational and social experiences in order to improve their knowledge of 4-H opportunities.
- To provide 4-H members the opportunity to compare the skills they have gained with those of other members and with their own previous performances.
- To provide 4-H members with an opportunity to develop and practice citizenship and leadership skills in a different environment.

CONTACT INFORMATION FOR TEXAS 4-H ROUNDUP

Information about Texas 4-H Roundup can be received from your local county Extension office, Texas 4-H and Youth Development Program website (<http://texas4-h.tamu.edu>), or by contacting the Texas 4-H and Youth Development Program Office at:

Texas 4-H and Youth Development Program
Kyle J. Merten
7607 Eastmark Drive, Suite 101
College Station, TX 77840
Voice: 979-845-6533
Fax: 979-845-6495
E-mail: kjmerten@ag.tamu.edu

Who do I call?:

Qualified to Participate:	County Extension Office
County Roundup Events:	County Extension Office
District Roundup Events:	County/District Extension Offices
State Roundup Events:	Texas 4-H Office
Texas 4-H General Rules & Eligibility:	County Extension Office

HISTORY OF TEXAS 4-H ROUNDUP

The beginning of Texas 4-H Roundup was in 1946. At that time, 4-H members (boys and girls) were selected to attend a short course (Texas 4-H Roundup) on the campus of the Texas A&M College in College Station. During the early years, Texas 4-H Roundup was compiled of workshops dealing with issues of rural America. This included such items as electrification of rural America and the latest in canning and food preservation techniques.

Many of the youth that participated in the early years arrived via the railroad. This was, by far, the most efficient mode of transportation at the time. A man from Abilene noted that he can remember the Roundup train coming through Abilene from the Texas Panhandle, continually adding railroad cars as it made each stop toward College Station. Without question, this is quite a change from the modern way of arriving at Texas 4-H Roundup in suburbans or pick-ups. Similar to participants today, 4-H members were housed in the dorms on campus. However, these early participants roomed in tents on the grounds of the Corp of Cadets area and later in the actual dorms.

As time progressed, Texas 4-H Roundup continued to change in order to address the emerging issues and needs of the time. Some examples include: the early days of addressing techniques in canning of food products to the historical war time period of teaching 4-H members proper techniques of bomb drills and bomb shelter preparation. All of these subject areas were taught while stressing the overall goal that stated youth would return home to teach others. One of the most unique components about Texas 4-H Roundup in the early years is that all participants wore 4-H uniforms and all the workshops were conducted outdoors. One of the most notable outside facilities used was the Kyle Field bleachers.

In the late 1950's and early 1960's, Texas 4-H Roundup began to take on a new look and format. This included more contest orientated events with competitive activities being held in subject areas such as food preservation and safety, beef cattle, public speaking, and clothing instead of the teaching workshop format. Then, in the late 1960's, the Houston Livestock Show and Rodeo began awarding scholarships to Texas 4-H youth. This presentation was eventually incorporated as a major component of the General Assembly during Roundup. Today, more than 2 million dollars in scholarships are presented through the Texas 4-H Youth Development Foundation during the Scholarship Assembly during Roundup.

Throughout the 1980's and 1990's, Texas 4-H Roundup hit the high point by offering 43 different competitive events that 4-H members could qualify for through their district events. The 1990's included the development of the Teens of Texas Acquiring Leadership Program which encouraged more diverse groups of county representatives to participate in leadership training for the week. These individuals were then recognized on the last day of Roundup.

As national sponsorship continues to become a higher priority and the focus of the 4-H program begins to involve an equal number of urban and rural youth alike, the contest list changes as well. The contests were placed into an evaluation mode where the participation was reviewed each year. This allowed for older, out-of-date contests to be retired and new contests to be introduced.

Throughout the years, Texas 4-H Roundup has been a venue to celebrate the success of 4-H youth and volunteers in Texas and throughout the United States. Some highlights throughout the years include the making of a human "ATM" and "Clover" on the turf of Kyle Field, BBQ served on the drill field for all the participants, rally speakers such as Captain Scott O'Grady, and celebrations of many milestones of the Texas and National 4-H Programs.

REGISTRATION TIMELINE

April 14, 2010 to May 12, 2010:	Regular Registration Period
May 13, 2010 to May 21, 2010:	Late Registration Period (\$50.00 late fee) and registration change period (\$15.00 change fee)
May 22, 2010 to May 28, 2010:	Family, Medical, Emergency change period (\$25.00 change fee per registration).

CHANGES FOR 2010:

- In livestock judging, contestants will judge eight classes: three beef, two sheep, two swine, and one goat class.
- All educational presentations will be provided with computers, projectors, power cords, and screens (See additional information on page 11)
- All educational presentations must be informative and have a positive focus.
- No open flamed burners are allowed in contests. This includes all gas and propane stoves.
- All Quiz bowls will remain on Tuesday.
- Salute to Excellence Banquet will be moved to the George Bush Presidential Library Complex.
- Registration will open Monday, June 7, 2010 at 1:00 pm.
- Numerous changes for Share the Fun Contest (see more details in Share the Fun section on page 28).
- Six new Invitational Contests open to intermediate and senior 4-Hers will be held on Thursday (see details on page 32)
- District Natural Fiber winners will be eligible to compete in the Fashion Show Natural Fiber Contest at the Texas 4-H Roundup.

- District winners in the Fashion Show category (casual, dressy, formal, specialty) in buying or construction division are no longer able to compete in the Natural Fiber contest, unless they win the District Natural Fiber Contest.
- If a participant is a District Fashion Show Buying or Construction winner and a District Natural Fiber winner they will be able to compete in both at State Roundup.
- 4-H Has Talent
- Top three teams in each competition will not be announced until each nightly assembly.
- 4-H Livestock Sweepstakes (more information on page 12)
- 4-H Healthy Lifestyles Sweepstakes (more information on page 11)

SCHEDULE HIGHLIGHTS

Monday, June 7, 2010

Texas 4-H Council and Tech Team Members arrive

Tuesday, June 8, 2010

Fabric and Fashion Design Contest

Quiz Bowls

Assembly

Trade Show Setup

Concert

Wednesday, June 9, 2010

Judging Contests

Trade Show

Fashion Show

Share-the-Fun Contest (Vocal, Poetry/Prose, and Choreographed Routines)

National 4-H Congress Interviews and Announcement

Salute To Excellence Banquet

General Assembly, Fashion Show, and 4-H Has Talent

Thursday, June 10, 2010

Share-the-Fun Contest (Musical, Band and Celebrate 4-H)

Trade Show

Educational Presentation Contests

Public Speaking Contest

Food Show

General Assembly and 1st Place Share-the-Fun Perform

Assembly

Dance

ELIGIBILITY AND PARTICIPATION RULES FOR ALL TEXAS 4-H ROUNDUP CONTESTS

MEMBERSHIP: Participants must be bonafide 4-H members currently enrolled in a Texas 4-H and Youth Development county program.

AGE: Participants must have passed their 14th but not their 19th birthday before August 31, 2009. Participants must have been born during the period beginning September 1, 1990 and ending August 31, 1995. Intermediate 4-H age members (Ages 11 to 13, Birth Dates between: September 1, 1995 – August 31, 1998) are allowed to participate in the following events: 4K For 4-H Walk and Run, Invitational Livestock Judging Contest and Workshop, Healthy Lifestyles Invitational and Workshop, Wildlife Challenge, Discover Scientific Method: Science, Engineering, & Technology Poster Competition, and the Invitational Poultry Judging Contest.

ENTRY: Entries not officially entered will not be permitted to participate for any reason.

PRIOR PARTICIPATION: To be eligible to participate in qualifying contests, 4-H'ers must participate at the district competition.

NUMBER OF ENTRIES: Each district is allowed to enter the following:

Food Challenge	4 entries per district
Judging Contests	3 entries per district
Educational Presentations	3 entries per district
Quiz Bowls	3 entries per district
Fabric & Fashion Design	3 entries per district per category
Share the Fun	2 entries per district per category
Food Show	1 entry per district per category
Fashion Show	1 entry per district per category
Leaders 4 Life Skillathon	1 entry per district

QUALIFYING ENTRY: A 4-H member must present/enter the same entry for which they qualified at district at Texas 4-H Roundup.

NON-QUALIFYING ENTRY: The following contests do not require individuals to qualify at district level contests: 4-K For 4-H Walk and Run, Invitational Livestock Judging Contest and Workshop, Healthy Lifestyles Invitational and Workshop, Wildlife Challenge, Discover Scientific Method: Science, Engineering, & Technology Poster Competition, and the Invitational Poultry Judging Contest.

NUMBER OF TEAMS ELIGIBLE FOR STATE COMPETITION: In contests that allow three entries, the top three (3) teams will advance, of which one, two, or all three entries could possibly come from the same county within the district (i.e. all three teams can be from the same county). Mixing of individuals from various counties to create district "all star" team(s) is not allowed.

NUMBER OF INDIVIDUALS ELIGIBLE FOR STATE COMPETITION: In judging and identification contests, the three highest scoring individuals in the district contest may participate. A county is allowed to advance a maximum of two (2) individuals in a judging or identification contest. If a county has three individuals wishing to compete at the county/district level they must be declared as a team entry. **EXCEPTION** - Horse, Beef and Nutrition Quiz Bowls do not allow individual entries.

ENTRY COMPOSITE: All team members must meet the Texas 4-H Program eligibility requirements and be currently enrolled 4-H members from the same county 4-H program. Contestants must have competed at the district level to be eligible for a state qualifying position. Contests considered non-qualifying or invitational do not require individuals to compete at district contests, but participants must be intermediate or senior 4-Hers.

NUMBER OF CONTESTS A 4-H MEMBER CAN ENTER: A 4-H member can only enter one (1) contest per day at Texas 4-H Roundup. Only one entry in the Share-the-Fun contest is allowed, regardless of the competition day.

SUBSTITUTIONS: Only the 4-H members and the number of 4-H members who qualify at district, qualify for state. Substitutions should be used only as a means of keeping a team active when members have been forced to drop out for unexpected reasons (i.e. major illness, death). Substitutes must be 4-H members, from the same county, who have competed at competition at the district level in other contests and have been certified as a district level participant.

All substitutions for state must be approved by the respective District office, who will make final judgement on necessity of substitution. This substitution rule will be upheld for any team advancing to a National competition (only the same number and the same county 4-H members qualifying will be eligible to participate). Substitutions in entries involving teams (two or more members) may be made as follows:

TEAM SIZE MAXIMUM SUBSTITUTIONS

1	No Substitutions Allowed
2 or 3	1 member
4 or 5	2 members
6 or 7	3 members
8 or 9	4 members

Substitutions of team members may involve a monetary fee depending on the time of substitution.

PRIOR COMPETITION: 4-H members are not eligible to enter a contest in which they have previously been part of a first place entry at State or represented the Texas 4-H and Youth Development Program in a recognized national contest. In Share-the-Fun, first place winners may not enter the same category in which they have previously been part of a first place entry at State. However, they may choose one of the other categories.

RECOGNIZED NATIONAL CONTESTS:

4-H members that have participated in any of the following National contests, either by placing 1st at Texas 4-H Roundup or being substituted in, are not allowed to participate in that related Texas 4-H Roundup event. (i.e. if a 4-H member participates in the Western National Roundup Horse Quiz Bowl, they are not allowed to participate ever again in the Texas 4-H Roundup Horse Quiz Bowl).

The Texas 4-H and Youth Development Program recognizes the following contests as a NATIONAL contest:

Consumer Decision Making	Western National Roundup
Dairy Judging	World Dairy Expo
Horse Judging	All American Quarter Horse Congress
Livestock Judging	North American International Livestock Expo
Meat Judging & Identification	American Royal
Wool Judging	National Wool Judging
Horse Ed. Presentation	Western National Roundup
Horse Quiz Bowl	Western National Roundup
Leaders 4 Life Skillathon	Western National Roundup

COLLEGE STUDENTS: Contestants may not qualify for a Texas 4-H Roundup competitive event if they are undergoing or have participated in training in preparation for official post-secondary (university, college, junior college or technical school) competitive events or course work of a similar nature and in the same subject-matter area. 4-H members qualifying for a national contest must also adhere to this rule until the completion of the national contest. Verification of this will be done through official transcripts, post-secondary class catalogs (or syllabus), and/or conversations with class instructor(s).

ANNOUNCEMENT OF RESULTS: All results are final once announced.

PHOTOGRAPHS AND VIDEOTAPING: Photograph and videotaping equipment are not allowed in contest rooms and/or facilities during the contest unless used as props in a presentation. Contest Superintendents will take up and hold all photograph and videotaping equipment found in contest rooms and/or facilities until completion of contest. 4-H members, parents, leaders, coaches, and/or county Extension agents caught taking photographs or videotaping contestants may result in a disqualification of an entry.

PAGERS, CELLULAR PHONES, LASER POINTERS, PDA'S, ETC: Items that may be disruptive to the presenter or judges are strictly forbidden in ALL contest rooms or facilities.

FIREARMS, WEAPONS, FIREWORKS, OPEN FLAMMED BURNERS AND/OR AMMUNITION: No firearms, weapons, fireworks, open flamed burners or live ammunition are allowed to be used in any Roundup contest. However, posters and pictures of such items are encouraged and allowed. This rule applies to the Shooting Sports Educational Presentations.

AMERICAN WITH DISABILITY ACT: Individuals with disabilities who require an auxiliary service, special dietary needs, or accommodation in order to participate, will need to request their needs via Roundup registration on 4-H CONNECT.

The Texas 4-H and Youth Development Program reserves the rights to modify or change rule(s) for the purpose of clarification and/or understanding.

USE OF COMBUSTIBLE, FLAMABLE, FLAMES, OR PRESURIZED ITEMS/PROPS: No items and/or props that are combustible, flammable, or under extreme pressure can be used in any Roundup Contest. This includes camp stoves, propane tanks, and/or open flames.

Participation Guidelines for Educational Presentations

TOPIC SUBJECT: Subjects in the Educational Presentations should address emerging or current issues in each of the contest areas. Some contests provide a suggested list of topics that the Educational Presentation talk can cover along with a resource list. Senior contestants are encouraged to research these emerging and/or current areas to develop current and new presentations.

ACCURACY OF INFORMATION/RESOURCES: With the computer and internet being used heavily in Educational Presentations, 4-H members must know the difference between research and non-research based information.

Contestants are required to use information that is factual and can be supported through adequate documentation. Examples of such websites are federal, state, and local governments, independent research sites, and Texas AgriLife Extension Service websites. Internet information that is questionable includes personal documentation sites, chat rooms, message boards, etc. 4-H members should prepare a list of references (i.e. biography, works cited) for their presentation.

SUBJECT MATTER: The skills and knowledge used in any 4-H contest should be the result of experiences in a project in which the member has participated. A presentation should relate to the contest entered, should contain current information and should not be more suited for another contest. It should be appropriate for the member's age and experience. Appropriate credit should be given for references used.

TIME LIMITS: A time limit of 12 minutes will be allowed for each Educational Presentation. An additional nine(9) minutes will be provided for on-stage arrangements and cleanup in connection with the presentation. A penalty of two points per minute or partial minute overtime will be deducted from the final score.

VISUALS: The use of charts, photographs, computer graphics/programs and other visual materials are permitted. Visuals should contribute to the presentation. Each presentation is an example of the participant's ability to communicate an idea.

JUDGES' QUESTIONS: Judges and/or Superintendents may ask contestants' questions at the end of their presentation. This will be done on the judge's time. Only official judges and superintendents may ask questions of the contestants.

SCORECARDS: 4-H Educational Presentation Score Sheet, 4-H 3-5.041 (Revised Aug. 2005), will be used by contest judges in scoring Educational Presentations regardless of presentation style (method demonstration, illustrated talk, or speech). Separate scorecards are used in Public Speaking and Share-the-Fun. All score sheets are available on the Texas 4-H and Youth Development publication website.

JUDGES GIFTS/HANDOUTS: Gifts (of any kind) may not be presented to the judges in any contest. Handouts may be available to the entire audience.

VIDEO, AUDIO, AND DISPLAY EQUIPMENT: The State 4-H Program and/or superintendents will be providing laptops, screens, extension cords and projectors for 2010. Youth should have all presentations in some form of Microsoft Office 2003 (Powerpoint, Word, or Excel). All fonts used should be true type; these specifically include Arial and Times New Roman. If youth decide to use any other program or fonts youth will be responsible for bringing *all* equipment that is compatible with their presentation.

Participation Guidelines for Judging/Identification Contests

TIES IN JUDGING CONTESTS: Ties in all judging contests will be broken by oral reason scores where applicable. If oral reasons are not applicable, the contest superintendent will announce the tie breaking class(es) or procedure prior to the beginning of the contest

CONTEST/EVENT DESCRIPTIONS

State 4-H Roundup Trade Show

The State 4-H Roundup Trade Show will give youth and adults the opportunity to visit with businesses and colleges from across the state. The trade show will give youth the opportunity to discuss higher education opportunities and future career paths that are available. In addition, it will give youth and parents the chance to visit with businesses that support 4-H and its mission.

Texas 4-H Roundup Logo and Theme Contest

Winner: Kinsley Emshoff (District 11, Nueces County)

Theme: The Road Goes on Forever and 4-H Never Ends!!

The Texas 4-H Logo and Theme Contest gives a 4-Her or group of 4-Hers the opportunity to develop the theme and logo for the 2010 Texas 4-H Roundup.

Dairy Cattle Judging Contest (Contest will take place at a time and date TBD)

Superintendent Mr. Kyle Merten

Entry Team of 3 or 4 4-H members

Two to four heifer classes and two to four cow classes will be judged. Three or four sets of oral reasons are required. Twelve (12) minutes will be allowed for placing each class with an additional six (6) minutes for preparing the reason classes. No printed material may be used as an aid during the contest. Ties will be broken based on reasons, cow classes, overall individual score and team scores (in that order of priority).

Healthy Lifestyles Sweepstakes

The 4-H Healthy Lifestyles Sweepstakes provides an opportunity for youth, volunteers and county Extension agents interested in working together for additional recognition. Points for participation, and additional points for contest placing, will be given for the following healthy lifestyles related contests:

- Nutrition Quiz Bowl
- Food Challenge
- Food Show
- Focus on Health Educational Presentation
- Food & Nutrition Educational Presentation
- 4-K for 4-H Walk & Run (non-qualifying event)
- Healthy Lifestyles Invitational and Workshop (non-qualifying event)

Qualifying Events:

- Points are awarded for teams (or individuals) participating and placing in the top ten of each healthy lifestyles contest.
- First place teams (or individuals) will receive 20 points, with a sliding scale used through 10th place (10th place will receive 11 points).
- For the Nutrition Quiz Bowl, points will only be given to the top four teams, utilizing the same point value system used for all other qualifying events.

Non-qualifying Events:

- Points will be awarded for teams placing in the top ten in the 4-H Healthy Lifestyles Invitational.
- First place teams will receive 10 points, with a sliding scale used through 10th place (10th place will receive 1 point).
- Counties will receive one point per team entry in the 4-H Healthy Lifestyles Invitational with a maximum of six participation points awarded to a county.
- Only participation points will be given for the 4-K for 4-H Walk & Run. Placing points will not be awarded. Counties will receive one point for each participant that completes the 4-K for 4-H Walk & Run, with a maximum of 30 participation points awarded to a county.

Awards:

- The Healthy Lifestyles Sweepstakes Winner will be determined by the total number of youth participating and subsequent rankings in each of the healthy lifestyle events.
- The county winning the Healthy Lifestyles Sweepstakes will receive a trophy, to be kept permanently.
- A traveling trophy will also be established to rotate each year.
- The county winning the Healthy Lifestyles Sweepstakes will win \$200 to benefit the county 4-H program.
- The Sweepstakes winner will be announced at the General Assembly on Thursday, June 10th, 2010.

Livestock Sweepstakes

The 4-H Livestock Sweepstakes provides an opportunity for youth, volunteers and county Extension agents interested in working together for additional recognition. Points for participation, and additional points for contest placing, will be given for the following livestock related contests:

- Qualifying Livestock Judging Contest
- Invitational Livestock Judging Contest and Workshop
- Beef Quiz Bowl
- Beef Educational Presentation
- Sheep/Goat Educational Presentation
- Swine Skill-a-thon
- Wool Judging Contest
- Mohair Judging Contest
- Meats Identification & Evaluation Contest

Qualifying Events:

- Points are awarded for teams (or individuals) participating and placing in the top ten of each livestock contest.
- First place teams (or individuals) will receive 20 points, with a sliding scale used through 10th place (10th place will receive 11 points).
- Individuals and teams participating in the qualifying livestock judging contest may not participate in the Invitational, Non-Qualifying Contest.
- For Beef Quiz Bowl only the top four teams will receive points (1st = 20, 2nd = 19, 3rd = 18, 4th = 17)

Non-qualifying Events:

- Points will be awarded for teams placing in the top ten in the 4-H Invitational Livestock Judging Contest.
- First place teams will receive 10 points, with a sliding scale used through 10th place (10th place will receive 1 point).
- Points will not be given for Junior and Intermediate teams
- Participation points will be given for the Invitational Livestock Judging Contest
- A point per team will be given to each county with a maximum number of six points (this includes only senior teams) that can be achieved.

Awards:

- The Livestock Sweepstakes Winner will be determined by the total number of youth participating and subsequent rankings in each of the healthy lifestyle events.
- The county winning the Livestock Sweepstakes will receive a trophy, to be kept permanently.
- A traveling trophy will also be established to rotate each year.
- The county winning the Livestock Sweepstakes will win \$200 to benefit the county 4-H program.
- The Sweepstakes winner will be announced at the General Assembly on Thursday, June 10th, 2010.

TUESDAY CONTESTS

Contest #1: Beef Quiz Bowl

Superintendent Mr. Kevin Chilek

Entry Team of 3 or 4 4-H members

Beef Quiz Bowl is an exciting, fast paced opportunity for youth to display their knowledge of the beef industry and the science surrounding beef cattle. The bowl is played as a double elimination tournament with teams of three to four players going head-to-head for top honors. Each Extension district may enter up to three teams. The contest will follow the rules and procedures listed in the 1999 revision of the Texas 4-H Quiz Bowl Guide, 4-H 3-2.020.

Contest #2: Fabric & Fashion Design

Superintendent Mrs. Angela McCorkle, Mrs. Donna White, & Ms. Amy Ressler
Entry Team of 1

The Fabric & Fashion Design Competition gives 4-H members an opportunity to demonstrate abilities and skills in developing ideas and sketching designs. The three categories are accessory design, apparel design, and textile design. An interview will be part of the state level contest and the youth must attend Texas 4-H Roundup to participate in the interview.

Resources:

Texas 4-H Website (<http://texas4-h.tamu.edu>)
(<http://fcs.tamu.edu/clothing/4h/index.php>)
(http://texas4-h.tamu.edu/projects/clothing_textiles.html)

Contest #3: Horse Quiz Bowl

Superintendent Mr. Ken Johnson
Entry Team of 3 or 4 4-H members

This contest will follow the rules and procedures listed in the 1999 revision of the Texas 4-H Quiz Bowl Guide, 4-H 3-2.030. Horse Quiz Bowl Supplement, 4-H 3-2.031 should be utilized for support information. Official references utilized for contest preparation should be from the Fall 2002 reference list. Additional information is available from contest superintendent. This contest is team entry only, no individual entry allowed.

Contest #4: Leaders 4 Life Skillathon

Superintendent Ms. Cheryl Newberry
Entry Team of 4 to 6 4-H members (must have completed Leaders 4 Life curriculum)

The Leaders 4 Life Skill-A-Thon is a fourfold contest that will include the following:

1. Parliamentary Procedure Contest - This is a demonstration of a simulated 4-H meeting using a standard agenda, which will be provided. Teams of four to six 4-H members will have 20 minutes to conduct their model meeting in front of a panel of judges.
2. Question and Answer with the Judges - Each team will be asked seven questions. Every team member must answer at least one question. Remaining questions may be answered by any team member, and the team members will choose who will answer the extra questions. No team member may answer more than two questions. The questions will be based on parliamentary procedure.
3. Quiz Bowl - Teams will choose four members to compete in the Quiz Bowl. Two teams will compete at a time, and the total score for each team from one round of 30 questions will be their score for this portion of the Skill-A-Thon. Teams may make two substitutions during the round.
4. Community Service Interpretation - Teams will create a one-page (front and back) interpretation piece highlighting one or more community service projects coordinated and conducted by the county 4-H council. This document will be turned in prior to the state contest for judging.

Resources:

Texas 4-H website (<http://texas4-h.tamu.edu/agents/CouncilLeadership.html>)

Contest #5: Nutrition Quiz Bowl

Superintendent Dr. Jenna Anding, Subject Matter & Resources
Mr. Derrick Bruton, Rules of Play/Procedures
Entry Team of 3 or 4 4-H members

This contest helps participants increase their knowledge of basic nutrition, consumer information, food and kitchen safety, food preparation skills and storage, and nutrition and health. This contest will follow the rules and procedures listed in the 1999 revision of the Texas 4-H Quiz Bowl Guide, 4-H 3-2.020. Nutrition Quiz Bowl Supplement, 4-H 3-2.021 should be utilized for support information.

Resources:

Family and Consumer Sciences Website (<http://fcs.tamu.edu>)
Food and Nutrition Quiz Bowl Study Guide (http://fcs.tamu.edu/food_and_nutrition/pdf/2010-quiz-bowl-study-guides.pdf)
Categories and Sample Questions (http://fcs.tamu.edu/food_and_nutrition/quizbowl.php)

WEDNESDAY CONTESTS

Contest #7: 4-H Has Talent

Superintendent Mrs. Lisa Whittlesey
Entry Individual or group of 4-H members (all intermediate and senior 4-Hers are eligible)

4-H Has Talent gives youth the opportunity to showcase their talent in front of fellow 4-Hers at Texas 4-H Roundup. Individuals will submit a YouTube video showcasing their talent and the chance to be selected by a panel of judges to perform at the Texas 4-H Roundup. If selected, 4-Hers will perform at the Wednesday night assembly for their peers. Their peers will have the opportunity to vote for the winner via text messaging just like on American Idol or America's Got Talent.

Resources:

TBA

Contest #8: Consumer Decision Making

Superintendent Ms. Nancy Granovsky
Co-Superintendent Michael Clawson
Entry Team of 3 or 4 4-H members

This contest will include eight judging classes and 2(two) sets of oral reasons. Seven classes are selected from the current Consumer Decision-Making Study Guides; the eighth class is a "Mystery" class. Participants are given seven (7) minutes to place each class and two (2) minutes to present each set of oral reasons. Participants must be enrolled in the 4-H Consumer Life Skills project.

Resources:

4-H Consumer Making Contest Guide and other materials (<http://consumerdecisionmaking.tamu.edu>)

Contest #9: Entomology Identification

Superintendent Dr. Noel Troxclair
Entry Team of 3 or 4 4-H members

Identify selected insects and complete a written examination on insects. Questions will be selected primarily from "Study Materials for 4-H Entomology Contests."

Resources:

4-H Entomology Resource Center Website (<http://insects.tamu.edu/youth/4H/index.html>)

4-H Entomology Resource Center Website (<http://lubbock.tamu.edu/4hinsects/>)

Contest #10: Fashion Show

Superintendent Mrs. Angela McCorkle

Committee: Rusty Hohlt, Jill Parker, Wendy Neyland, Donna White and 4-H Clothing and Textiles Advisory Board

Entry: Fashion Show Team of 1
Narrator Team of 1
Stage Design Team of up to 9 4-H members

The **4-H Fashion Show** provides opportunities for members to exhibit skills in application of knowledge of fibers and fabrics to wardrobe selection, clothing construction or comparison shopping, fashion interpretation and understanding of style, good grooming and poise, and modeling and presentation of themselves and their garments at county, district, and state levels. The Fashion Show has 3 divisions; Buying, Construction and Natural Fiber. The buying and construction divisions have 4 categories; casual, dressy, formal and specialty. The Natural Fiber division includes cotton and wool/mohair fibers in either buying or construction.

Narrators for the Texas 4-H Fashion Show are selected through the contestant videotaped script (script is provided in the 4-H Clothing Program annual packet). Fashion Show contestants may not be narrators at the state level. Narrator applications and video are due on December 28, 2009.

Narrators selected for the State Fashion Show cannot be in another Wednesday contest because of contest schedule conflicts.

Stage Design contest will be held as part of the Texas 4-H Fashion Show. A team of up to nine(9) youth and a coach will be selected to design and decorate the stage for the Fashion Show. Those chosen may not participate in the Fashion Show or the Narrator Contest. Stage Design application and paperwork is due February 1, 2010.

Resources:

Texas 4-H Website <http://fcs.tamu.edu/clothing/4h/index.php>

http://texas4-h.tamu.edu/projects/clothing_textiles.html

Contest #11: Food Challenge

Superintendent Mrs. Courtney Dodd

Committee Members Paula Butler, Julie Gardener, Rusty Hohlt, Laura Huebinger, Jodi McManus, Sarah Womble

Entry Team of 3 to 5 4-H members

The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, nutritional value and cost of the dish. Judges are then given the opportunity to ask questions of the team.

Resources:

4-H Food Challenge Manual

MyPyramid

Fight Bac
Cooking Food Safely is a Matter of Degrees
Nutrient Needs at a Glance
Altering Recipes for Good Health

Contest #12: Horse Judging

Superintendent Ms. Teri Antilley & Dr. Dennis Sigler
Entry Team of 3 or 4 4-H members

Judge two to four halter classes and four to six performance classes. Two or three sets of oral reasons are required—one halter and one or two performance. Halter classes will be chosen from the following breeds: American Paint Horse, American Quarter Horse, Appaloosa, and Palomino. Performance classes will be chosen from the following: Trail, Western Pleasure, Western Horsemanship, Western Riding, Reining, Calf Roping, Showmanship at Halter, Hunter Under Saddle, Hunt Seat Equitation and Hunter Hack. Classes are judged according to 4-H Horse Show Rules and Regulations. One or more of the classes in this contest may be presented via electronic methods such as video or DVD.

Resources:

TAMU Animal Science Website (<http://animalscience.tamu.edu>)
Online Horse Judging (<http://animalscience.tamu.edu/academics/equine/index.htm>)
Youth and Collegiate Horse Judging Leader Guide (<http://agriflifebookstore.org/>)
Youth and Collegiate Horse Judging Manual (<http://agriflifebookstore.org/>)

Contest #14: Livestock Judging

Superintendents Dr. Jason Cleere & Dr. Chris Skaggs
Entry Team of 3 or 4 4-H members

Judge eight classes (three beef, two sheep, two swine, and one goat). Give oral reasons on four classes. No printed materials may be used as an aid during the contest. See rule in this guide (page 7) regarding college students. Contestants will utilize Expected Progeny Differences (EPD's) on breeding classes.

Resources:

TAMU Animal Science Website (<http://animalscience.tamu.edu>)

Contest #15: Meat Judging and Identification

Superintendent Dr. Dan Hale
Entry Team of 3 or 4 4-H members

Meat judging and identification is the evaluation and selection of meat cuts from the beef, swine, and sheep species. The three high scoring members of a team shall constitute the official team for the contest, the fourth ranking automatically being the alternate. Contestants shall not have competed in an intercollegiate meat contest, or be currently enrolled in or completed a college level meats course.

Resources:

TAMU Animal Science Website (<http://animalscience.tamu.edu>)

Contest #16: Mohair Judging and Evaluation

Superintendents Dr. Frank Craddock and Mr. Terry Millican

Entry Team of 3 or 4 4-H members

Classes: two(2) classes of four(4) fleeces each will be placed and reasons checked. Twenty mohair samples will be evaluated for fineness. Reasons: Reasons will be checked on each of the two classes. Mohair grading samples may be obtained the first of April by contacting: Dr. Frank Craddock, 7887 US Highway 87 North, San Angelo, TX 76901-9714, Phone: 325/653-4576, E-mail: fcraddock@tamu.edu

Resources:

“Judging Wool and Mohair” Publication (<http://www.tcebookstore.org>)

Contest #17: Range & Pasture Grass Identification

Superintendent Dr. Barron Rector

Entry Team of 3 or 4 4-H members

Identify and classify 40 to 50 live or mounted grass specimens according to their life span, season of growth, origin, and grazing value for livestock and wildlife. A grass list is available from the contest superintendent.

Contest #18: Range Evaluation

Superintendent Dr. Barron Rector

Entry Team of 3 or 4 4-H members

Contestants identify 20 to 40 range plants; determine use, condition, site, and practices for range area; and judge four range plots. In case of inclement weather, mounted plants will make up the contest. A master plant list is available from the contest superintendent.

Contest #19: Soil Judging

Superintendents Dr. Tony Provin & Mr. John Pitt

Entry Team of 3 or 4 4-H members

Judge four soil profiles with 20-minutes allowed for each. Determine the soil characteristics of the profiles and make interpretations based on observation. Practice sites will be judged and made available prior to the contest for contestants to use.

Resources:

Contact the contest superintendent to schedule use of practice sites.

Contest #20: Wool Judging and Evaluation

Superintendents Dr. Frank Craddock and Mr. Terry Millican

Entry Team of 3 or 4 4-H members

Judge two classes of wool and complete an evaluation form on each. Evaluate 20 fleeces for grade, staple length and yield. First and either second or third place teams will represent Texas in the National Wool Judging contest.

Resources:

“Judging Wool and Mohair” Publication (<http://www.tcebookstore.org>)

THURSDAY CONTESTS

Contest #21: 4-K For 4-H Walk and Run

Superintendent Mrs. Courtney Dodd

Committee Members Susan Ballabina, Angela Burkham, Amanda Scott, Alice Kirk, Micah Holcombe, Leslie Gall, Michelle Allen, Kathleen Greer, 4-H Healthy Lifestyles Advisory Board Members

Entry (Non-Qualifying) Individual Contest (All intermediates, seniors, parents, volunteers, and county Extension agents)

Youth, volunteers, parents and county Extension agents will have the opportunity to participate in the 4-K for 4-H Walk and Run. Held at Kyle Field, this event will give participants the opportunity to promote living a healthy lifestyle and participate in a physical activity while away from home. Participation in the 4-K for 4-H can also be used by county 4-H programs as a fundraiser.

Resources:

Event Information (TBA)

Contest #22: Agronomy

Superintendent Dr. Gaylon Morgan

Entry Team of 1 to 5 4-H members

Relate to any topic in the production and management of field crops, forage crops, or pasture (not native range), and turf grass, or soil and/or water conservation and quality.

Suggested Presentation Topics:

Forages	Soil Management
Vegetable Crops	Water Conservation
Entomology	Plant Disease
Organic Farming	Water Quality
Row Crops	Environment Quality

Resources:

Extension Soil & Crop Website (<http://soilcrop.tamu.edu>)

Natural Resource Conservation Service (NRCS) (<http://www.nrcs.usda.gov>)

TAMU Horticulture (<http://extension-horticulture.tamu.edu/extension/index.html>)

Entomology Website (<http://insects.tamu.edu>)

Plant Pathology Website (<http://plantpathology.tamu.edu/extension/extensionindex.asp>)

Contest #23: Beef

Superintendents Dr. Andy Herring, Dr. Jason Banta, and Dr. Jeff Koch

Entry Team of 1 to 5 4-H members

This contest allows 4-H members to give educational presentations on all aspects of the U.S. beef industry. Such topics include reproductive technologies, nutritional management, health, breeding and genetic considerations, behavior, beef carcasses and end-products, production costs, and general management aspects. Presentations may target cow-calf, stocker or feedlot industry sectors.

Suggested Presentation Topics: Open

Contest #24: Clothing and Textiles

Superintendent Mrs. Angela McCorkle

Committee 4-H Clothing and Textiles Advisory Board

Entry Team of 1 to 5 4-H members

4-H members present illustrated talks or method demonstrations on any clothing or textile topic. Individuals or teams of up to five demonstrate poise, presentation skills, and knowledge in various areas of clothing and textiles.

Suggested Presentation Topics:

Why do your clothes say made in “ ”?

Can we shop made in the U.S.?

Merchandising and Marketing

Design and Business

Cost vs. quality

New fabric developments and finishes

Designing or sewing for special needs

Texas Fibers

Resources: <http://fcs.tamu.edu/clothing/4h/index.php>
http://texas4-h.tamu.edu/projects/clothing_textiles.html

Contest #25: Companion Animals

Superintendent Mrs. Jodi McManus

Entry Team of 1 to 5 4-H members

Relate to skills learned in any project concerning the care, maintenance, or production of small animals (e.g. dogs, hamsters, fish, etc.). Do not draw from projects included in other Roundup contests (e.g. poultry, swine, natural resources). Live animals are allowed. Arrangements to house animals off-campus must be made ahead of contest week with the contest superintendent.

Suggested Presentation Topics: Open

Contest #26: Computer Technology

Superintendent Texas 4-H Technology Team

Entry Team of 1 to 5 4-H members

Related to the field of computers and electronic technology. Contestants can demonstrate the newest computer and electronic technology, speak about the use of computer and/or technology in our everyday world, or illustrate a process in the area of computer and electronic technology. All computer and/or electronic technology must be provided by the team.

Contest #27: Consumer Life Skills

Superintendent Dr. Joyce Cavanagh
Entry Team of 1 to 5 4-H members

Demonstrate understanding of marketplace and personal factors that influence consumer choices, basic money management principles, how consumer decisions affect the economy, and the environment and/or basic consumer rights and responsibilities.

Suggested Presentation Topics:

Protecting personal privacy (including identity theft)
Internet banking
Managing use of credit cards
Consumer protection
Automobile insurance

Contest #28: Discover Scientific Method: Science, Engineering & Technology Poster Competition

Superintendent Sheryl Nolen and Starla Garlick
Entry (Non-Qualifying) Individuals or team of 2 4-H members (Open to all Intermediates and Seniors)

The 4-H S.E.T. experience is a program that is framed in science, engineering and technology concepts. We would like to implement science, engineering and technology in the forefront of all 4-H project work. The Discover: Scientific Method program will allow youth to apply the scientific method to the subject matter they have learned through their 4-H projects. The scientific method is a process for experimentation that is used to explore observations and answer questions. Scientists use the scientific method to explore relationships in nature. The poster contest will allow the youth an opportunity to display and explain through the scientific method their project, research and observations.

Resources:
More TBA

Teaching the Scientific Method - Science Buddies Web Resources:

http://www.sciencebuddies.org/science-fair-projects/project_question.shtml
http://www.sciencebuddies.org/science-fair-projects/parent_resources.shtml#tc-scientificmethod
http://www.sciencebuddies.org/science-fair-projects/project_experimental_procedure.shtml
http://www.sciencebuddies.org/science-fair-projects/project_data_analysis.shtml
http://www.sciencebuddies.org/science-fair-projects/project_final_report.shtml

Teaching the Scientific Method Intel ISEF Resources:

<http://www.intel.com/education/isef/> Printable Thirteen-week Guide for After-school
<http://www.intel.com/education/isef/middleschool.htm> Look to the middle right of web page for Download the Materials

Contest #29: Family Life

Superintendent Dr. Stephen Green
Entry Team of 1 to 5 4-H members

Demonstrate understanding of family and community factors that influence relationships, positive growth and development, self esteem, and personal responsibilities.

Suggested Presentation Topics:

Parental Involvement Fathering
Marital Quality Dating Issues
Aging Gerontology Issues Building Strong Families
Babysitting/Child Care Teasing & Bullying
Child Literacy Children with Special Needs
Stress Management related to families
Dealing with difficult child behaviors

Contest #30: Farm & Ranch Economics

Superintendent Dr. Steven Klose
Entry Team of 1 to 5 4-H members

Relate to management and decision making intended to improve the farm and ranch business. Emphasis in the presentation should be placed on the economic considerations of the topic and how these considerations might influence farmers and ranchers.

Suggested Presentation Topics: Open

Contest #31: Food and Nutrition

Superintendent Mrs. Amanda Scott
Entry Team of 1 to 5 4-H members

Provides an opportunity for youth to explore current food and nutrition issues that are relevant to their peers and their community. Broadly, these issues include basic nutrition, food preparation, and food safety.

Suggested Presentation Topics:

Exploring MyPyramid
Fruits & Vegetables for Good Health
Importance of Whole Grains
Calcium for Strong Bones
Keeping Food Safe at Home
Understanding Food Irradiation

Resources:

Complete Food and Nutrition guide – American Dietetic Association
USDA “MyPyramid” Website (<http://www.mypyramid.gov>)
Dietary Guidelines for Americans (<http://www.healthierus.gov/dietaryguidelines>)
The Whole Grains Council Website (<http://www.wholegrainscouncil.org>)
Centers for Disease Control and Prevention Website (<http://www.cdc.gov>)
U.S. Food and Drug Administration Website (<http://www.fda.gov>)
Gateway to Government Food Safety Information Website (<http://www.foodsafety.gov>)
Texas AgriLife Extension Service publication: Safer Food with Irradiation (<http://www.agrilifebookstore.org>)
Electron Beam – 21 Century Food Technology SP-157 (<http://www.agrilifebookstore.org>)
Preventing Foodborne Illness: A Consumers Guide: E-124 (<http://www.agrilifebookstore.org>)
Partnership for Food Safety Education “Fight Back” (<http://www.fightbac.org>)
Fruits and Veggies - More Matters (<http://www.fruitsandveggiesmorematters.org/>)

Contest #32: Food Show

Superintendent Dr. Sharon Robinson

Entry 1 4-H member

The goal for the State 4-H Food Show is to provide an opportunity for 4H contestants to showcase their culinary, presentation and interview skills. Participants compete in one of four food categories: main dish, fruit and vegetable, bread and cereal and nutritious snacks. Please refer to the 2010 State 4-H Food Show Guidelines, Rules and Regulations for complete contest guidelines and a list of study guides.

Resources:

Finding your way to a healthier you – (12 page consumer brochure).

<http://www.cnpp.usda.gov/Publications/DietaryGuidelines/2005/2005DGConsumerBrochure.pdf>

MyPyramid: Steps to a Healthier You – (interactive website)

<http://www.mypyramid.gov/>

2005 Dietary Guidelines for Americans – (80 page policy document)

<http://www.cnpp.usda.gov/Publications/DietaryGuidelines/2005/2005DGPolicyDocument.pdf>

Contest #33: Health

Superintendents Mrs. Alice Kirk

Entry Team of 1 to 5 4-H members

Presentations should focus on healthy lifestyles, prevention and wellness, not illness/treatment. It is suggested that project experiences in this area include topics aimed at youth health, wellness and prevention and that the educational presentations be shared with other youth groups in the community to promote healthy lifestyles.

All presentations must be supported by science based and current medical/ health journal articles (e.g., Journal of the American Medical Association, Annuals of Internal Guide Medicine.) or research based websites- No .com resources. Additional resources could come from Texas Agrilife Extension Service, Centers for Disease Control and Prevention, and Texas Department of Health.

Suggested Presentation Topics:

Increasing physical activity

Tobacco Prevention

Alcohol Prevention

Sun Safety

Preventing the Spread of colds and flu

Sleep

Reducing Stress

Sample On-line Resources: (NO .com websites)

Texas Agrilife Extension Health page <http://fcs.tamu.edu/health/index.php>

Get Movin' Website (<http://getmovin.tamu.edu>)

Walk Across Texas Website (<http://walkacrosstexas.tamu.edu>)

Don't be a Dip Website (<http://dontdip.tamu.edu>)

No Butts Website (<http://nobutts.tamu.edu>)

Centers for Disease Control and Prevention (<http://www.cdc.gov/cleanhands>)

Contest # 34: Healthy Lifestyles Invitational and Workshop

Superintendent Mrs. Courtney Dodd
Committee Members: Susan Ballabina, Angela Burkham, Amanda Scott, Alice Kirk, Micah Holcombe, Leslie Gall, Michelle Allen, Kathleen Greer
Entry (Non-Qualifying) Team of 3 to 4 4-H members (open to all Intermediates and Seniors)

The 4-H Healthy Lifestyles Invitational will provide youth the opportunity to participate in a competitive event and utilize the knowledge and skills gained through participation in 4-H healthy lifestyles programs. With a set-up similar to the 4-H Consumer Decision Making Contest, the healthy lifestyles will consist of two parts: (1) Judging – participants will be presented with a scenario and must rank the four products based upon the situation at-hand; (2a) Written Reason (intermediates) – as a team, intermediates will provide written reasons for one class, designated by contest officials; (2b) – Public Speaking – Senior teams will give a presentation to judges on a healthy lifestyles topic addressed in one of the classes and designated by contest officials.

Resources:

MyPyramid

Altering Recipes for Good Health

Nutrient Needs at a Glance

Fight Bac

Winning Nutrition Curriculum (in pilot phase)

U.S. Dietary Guidelines- Finding Your Way to a Healthier You

Students Winning Against Tobacco

ADA's Complete Food & Nutrition Guide, 3rd edition

National 4-H Curriculum

- Health 1 – First Aid in Action
- Health 2 – Staying Healthy
- Health 3 – Keeping Fit

Contest #35: Horse

Superintendent Dr. Brett Scott
Entry Team of 1 to 5 4-H members

Presentation is to cover the theory and/or practical skills learned in the 4-H Horse project and should be appropriate for presentation at a 4-H club meeting. The audience, after hearing the presentation, should be able to put information into practice to improve their production, management, training, or horse use knowledge and/or skills.

CONTEST NOTE: The highest placing individual entry and team of two (2) 4-H members presenting a method demonstration or illustrated talk style of educational presentation, and the highest placing public speech will be eligible to represent Texas at the national 4-H opportunities (i.e. Southern Region, Western National Roundup, etc) for horse project members.

Suggested Presentation Topics: Open

Contest #36: Horticulture

Superintendents Mrs. Lisa Whittlesey and Mr. Jon Gersbach
Entry Team of 1 to 5 4-H members

Relate to any phase of horticulture. Peanuts, sunflowers, cottonseeds are not horticulture crops.

Suggested Presentation Topics:

Landscape design and maintenance
Fruit and vegetable production/ Greenhouse production
Floral Design
Landscape Water Maintenance
Gardening in containers
Gardening for wildlife (ie: birds, butterflies, watergardens)
Gardening for health (ie: phytochemicals, cancer prevention, etc.)
Factors impacting horticultural plant growth and production

Resources:

Junior Master Gardener Website (<http://www.jmgkids.us>)

Contest #37: Housing and Home Environment

Superintendent Mrs. Janie Harris
Entry Team of 1 to 5 4-H members

Focuses on all aspects of the home environment. Ideally it is an outgrowth of a Housing and Home Environment project where youth learn about various aspects of the home. Housing choices, basic design, universal design, sustainable housing (appliances, energy, water, and building materials), and air quality are some of the topics that can be explored. The goal of the project is for participants to learn and apply principles of design and function to make the home attractive, safe, and comfortable for all family members.

Suggested Presentation Topics:

Universal Design Principles applied in one room of a house (bedroom or kitchen)
Energy Efficient Building materials, appliances, lighting, etc.
Water Conservation in the Home
Expanding living spaces to the outdoors
Healthy Homes and/or Indoor Air Quality
Rainwater Harvesting
Renting, buying, or building a place to live

Contest # 38: Invitational Livestock Judging Contest and Workshop

Superintendents Mr. Jake Franke and Dr. Jason Cleere
Entry (Non-Qualifying) Teams of 3 or 4 4-H members and Individual 4-H members
(open to all non-qualifying Intermediate and Seniors)

This contest will give youth the opportunity to further their knowledge and skills when evaluating livestock through a workshop/practicum setting. Contest will include: four judging classes (beef, swine, sheep/goat), two keep/cull classes, quiz (over production and Quality Counts), questions over judging classes (5 questions per class)

Resources

Quality Counts Curriculum
Animal Science Website (<http://www.animalscience.tamu.edu>)

Contest #13: Invitational Poultry Judging Contest and Workshop

Superintendents Dr. Morgan Farnell, Dr. Jason Lee, & Dale Hyatt

Entry Team of 3 or 4 4-H members (open to all intermediate and senior age youth)

Youth will be judging nine classes:

- Eight 6 to 12 week old broiler breeders meat-type cockerels or pullets for broiler breeder selection
- Four post production egg-type hens for placing
- Ten ready-to-cook broiler carcasses graded according to USDA grading standards
- Four turkey carcasses for placing
- Ten chicken eggs for interior quality grading
- Ten shell eggs for exterior quality grading
- Evaluative criteria on afore mentioned class
- Ten further processed meat products for evaluative criteria
- Ten carcass parts for identification

Resources:

Texas FFA Website (<http://texasffa.org/LinkClick.aspx?fileticket=Xf5ImpZBtFY%3d&tabid=9544&mid=12280>)

Contest #39: Meat Science

Superintendent Dr. Davey Griffin

Entry Team of 1 to 5 4-H members

Related to any phase of the red meat industry (beef, pork, lamb) from slaughter through processing/cooking (does not include consumer cooking/recipes).

Suggested Presentation Topics:

Beef or pork grid marketing

Beef value cuts

Country of Origin Labeling (COOL)

Food Safety

Nutritional contributions of meat in the diet

Irradiation of meat products

Differences in beef certification, source verified, processed verified and other value-based marketing programs.

Live animal handling techniques to enhance meat quality

Contest #40: Natural Resources

Superintendent Ms. Melanie Kirk

Entry Team of 1 to 5 4-H members

Relate information to managers of renewable natural resources of land, such as forestry, range, wildlife, outdoor recreation, non-agricultural soil, and water or fisheries. Demonstrations on how to start fires do not qualify in this contest.

Suggested Presentation Topics: Open

Contest #41: Open

Superintendent Ms. Kathy Jackson
Entry Team of 1 to 5 4-H members

Relate to skills learned in a project in which the 4-H member has been involved. **MAKE SURE YOUR PRESENTATION IS NOT APPROPRIATE FOR ANOTHER CONTEST.**

Suggested Presentation Topics: Open

Contest #42: Promote 4-H

Superintendent Mr. Richard Parrish and Laura Petty
Entry Team 1 to 5 4-H members

The purpose of this contest is to: 1) encourage 4-H members to develop promotion and marketing skills as they market and interpret 4-H through various types of media and presentations, 2) increase the promotion of 4-H to non-4-H audiences in Texas, and 3) increase the number of people who join and support the 4-H program. The 4-H promotion should convey a contemporary image of 4-H in a changing society. Promotional methods might include: radio, television, illustrated talks, method demonstrations, newspaper, posters, projected images, exhibits, photographs, slide/tape presentations, puppets, psa's, speeches, drama, skits, videos, computer programs, etc. Contestants identify a non-4-H audience and demonstrate a promotional method which communicates the ideas or ideals of the 4-H program. Otherwise, it should be entered in different and appropriate contests.

Contest #43: Public Speaking

Superintendent Mr. Luis Saldana
Entry Team of 1 4-H member

Individual presents a 5-to-7 minute talk suitable as a platform speech or radio broadcast. The presentation should serve to persuade others regarding a particular youth issue or concern. Props and visual aids are not permitted and recordings of any type may not be used. Contestants should be prepared to answer questions concerning the subject matter of their presentation. Presentations will be scored with equal consideration of composition and delivery utilizing a score sheet (revised Aug 2005) specific to the Public Speaking Contest. Contestants selected as finalists will repeat their presentations in a final round.

Suggested Presentation Topics:

Current events, youth issues, or other topics related to youth.

Topic Resources:

- Print media (e.g. newspapers, magazines, scholarly journals)
- Broadcast media (e.g. television, cable, radio)
- E-media (email, internet, websites)

Texas 4-H Resources:

- Public Speaking - 4-H Style (COM 1-2.050)
- 4-H Public Presentation Guide: Method Demonstrations and Illustrated Talks (4-H 3-5.012)
- What is an Educational Presentation? (Fact Sheet)
- Public Speaking Scoresheet

Other 4-H Resources:

- Power Language: Activity Guide Ages 13 to 19, North Carolina State Cooperative Extension

National 4-H Curriculum (<http://www.n4hccs.org>):

- Communications 1 - Picking Up the Pieces
- Communications 2 - Putting It Together
- Communications 3 - The Perfect Fit
- Communications Group Activity Helper's Guide

Suggested Resources:

- The Art of Public Speaking by Stephen E Lucas (ISBN-13:9780077306298)
- A Pocket Guide to Public Speaking by Dan O'Hair, Rob Stewart, and Hannah Rubenstein (ISBN- 13: 9780312452070)

Contest # 44: Quilt Challenge

Superintendent: Sandra Fry and Katie Phillips
Entry: Individual or team of 4-Hers (Intermediate or Senior)
Committee: 4-H Clothing and Textiles Advisory Board

The Quilt Challenge will provide youth the opportunity to utilize their sewing skills gained in the Clothing and Textiles project to complete a quilt that will be judged and then donated to a charity of their choice. Individuals, teams, groups or clubs may enter the 2010 State 4-H Quilt Challenge. Each team will be given a challenge fabric that must be incorporated into the quilt design. Quilts may have any design or theme but must incorporate the use of some of the challenge fabric supplied by the contest sponsor in combination with other fabrics determined by the quilters. All quilts must have some sort of 4-H identification incorporated into the quilt top.

Complete rules for the Quilt Challenge can be found at:
<http://fcs.tamu.edu/clothing/4h/quiltchallenge>

Contest #45: Safety & Injury Prevention

Superintendents Ms. Myrna Hill & Ms. Beverly Kellner
Entry Team of 1 to 5 4-H members

Relate to safe equipment designs and safe procedures or methods associated with the prevention of accidents in work, home, or recreational environments (e.g. safe methods of designs relative to home, farm or yard machinery, equipment, chemicals and animals; prevention of accidents relative to falls, fire, electricity, boating, tractors, hunting, natural disasters, or traffic safety.)

Suggested Presentation Topics:

Drinking and Driving Personal Safety
ATV Safety Agri-Terrorism
General Farm Safety Pesticide Safety
Natural Disasters (flooding, tornadoes, hurricanes, drought, etc.)
Hunter/Safety Education

Resources:

National Highway Traffic Safety Administration (<http://www.nhtsa.dot.gov>)
Mothers Against Drunk Drivers (<http://www.madd.org>)
National Criminal Justice Reference Service (<http://www.ncjrs.org>)
National Center for Missing and Exploited Children (<http://www.missingkids.com>)
ATV Safety Institute (<http://www.atvsafety.org>)
Extension Disaster Education Network (<http://www.eden.lsu.edu>)

Texas A&M Agriculture Safety & Health	(http://agsafety.tamu.edu)
National Ag Safety Database	(http://www.cdc.gov/nasd)
Environmental Protection Agency	(http://www.epa.gov/pesticides/safety)
University of Illinois Pesticide Safety Education	(http://www.pesticidesafety.uiuc.edu/)
Texas Parks and Wildlife	(http://www.tpwd.state.tx.us/learning/hunter_education/)
Texas Safety Foundation	(http://list.nsc.org/texas/foundation.php)
Texas AgriLife Extension Service, Passenger	(http://passengersafety.tamu.edu)

Contest #46: Sheep and/or Goats

Superintendents Dr. Frank Craddock and Mr. Josh Blanek
 Entry Team of 1 to 5 4-H members

Relate to the production of sheep and/or goats or to the utilization of their meat, milk or fiber.

Suggested Presentation Topics:

Embryo transfer in Sheep and Goats
 Scrapie in Sheep and Goats
 The Future of Hair Sheep
 Internal Parasite Management in Sheep and Goats
 Objective Measure of Wool and Mohair
 Institutional Meat Purchase Specification (IMPS) for Goat Meat

Contest #47: Share-the-Fun

Superintendent Ms. Cheryl Newberry
 Entry INDIVIDUAL OR GROUPS from 2 to 9 members
 6 Categories: Poet/Prose
 Celebrate 4-H
 Vocal
 Musical
 Band
 Choreographed Routines

CHANGES FOR 2010:

- There are now **SIX (6) categories** – musical/band has been split into two separate categories.
- **MUSICAL** category is an **individual participant** category.
- **BAND** category is a **team participant** category for 2 to 9 team members.
- Vocal, Poetry/Prose, and Choreographed Routines will compete on **WEDNESDAY**, June 8, 2010. Musical, Band, and Celebrate 4-H will compete on **THURSDAY**, June 9, 2010.
- An awards program will be held in the afternoon on the same day as categories perform (2 awards programs – Wednesday, Thursday)
- **Adult Accompanist role has been eliminated from all categories.** The only assistance can be from a CD, cassette tape or the contestants themselves playing an instrument where it is allowed.
- See rule 10 under the general rules and information – information on **handling technical difficulties** with music has been added.
- **Orientation** will be held the day before each category is to perform to allow participants time to visit with theater staff, view the stage, etc. **NO PRACTICE WILL BE ALLOWED!!!** See the schedule for all the details.

- **Category descriptions** have been updated with more specific rules. Please refer to the Contest Category Descriptions. Changes are in **BOLD**.
- **“Appropriate for a youth audience” has been clarified.** Material used, dance choreography, song choice should all be targeted toward 13 and younger audience. Think of a PG or G rated performance!!!
- **All score sheets have been updated with regard to point values given to each section.** Changes were not made to every item, but some adjustments were made.

OBJECTIVES:

- To provide an opportunity for 4-H youth to develop a spirit of cooperation through working together to develop self-confidence through public appearance.
- To stimulate interest and encourage a broad-based recreation program in Texas 4-H at the club and county level.
- To encourage 4-H members to discover and develop their talents.
- To provide for social, cultural, and leadership development of 4-H youth.

Number of Entries Allowed Per District: Districts may advance the first and second place entries in each category to State. Entries in each category may be from the same county.

CATEGORY DESCRIPTIONS:

POETRY/PROSE—maximum of nine (9) participants. Acts which showcase poetry or prose are required. The act may NOT incorporate vocal, musical, and/or choreographed routine. This category does not require 4-H related material, however, if an original poem or prose piece showcasing 4-H is written, this would be acceptable. Every 4-H member entered in the category must be a part of the performance on stage. All material must be memorized. No script may be used during the performance. Judged on material chosen, message, talent, presentation, style, props/costuming. Four (4) minutes total for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

Defining Poetry and Prose: Poetry is generally characterized by structured meter and rhyme that tells a story or provides a message to the reader. Prose is distinguished from poetry by its greater variety of rhythm and its closer resemblance to the patterns of everyday speech. Another description might be an excerpt from a larger piece such as a play or book.

VOCAL— maximum of nine (9) participants. Vocal presentation may be done a cappella or with an accompaniment CD/tape. No accompanist will be allowed for this category and the vocalist(s) may not play an instrument. All members in the act must be singing. No lip sinc will be allowed. Contestants may not present skits, poetry or other speaking during the act. They may, however, move around the stage and incorporate choreography with their presentation for the purpose of enhancing their showmanship. Sign language may be added to enhance the performance, but entries that strictly showcase sign language without vocal presentation are not permitted in this category. They must be entered in Choreographed routines. Judged on talent, showmanship, vocal presentation, and material chosen. Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

MUSICAL— Individual entry only. Musical presentation may be musical instruments accompanied by background tape or an instrumental performance only. No accompanist will be allowed. Participants may not sing or incorporate a skit, poetry, prose, or choreography with their act. Judged on talent, showmanship, musical presentation, and material chosen. Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

BAND— 2 to 9 participants. All 4-H members entered in the category must be a part of the act by playing a musical instrument and/or singing. Participants may incorporate singing in the acts, but cannot incorporate skits, poetry, or prose. They may, however, move around the stage and incorporate choreography with their presentation for the purpose of enhancing their showmanship. Judged on talent, showmanship, musical presentation, vocal presentation when applicable, and material chosen. Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

CHOREOGRAPHED ROUTINES— maximum of nine (9) participants. No speaking to form a skit or story line. The act requires choreography and can be demonstrated through twirling, pom pom squad routines, jump rope teams, basketball dribbling exhibitions, or dance (jazz, tap, country & western, ballroom, etc.). Sign language presentations to music have been added to choreographed routines. However, if a participant is SINGING and SIGNING, this entry should be entered in the Vocal Category. All 4-H members entered in the category must be a part of the act. Acts may use taped music on CD or cassette tape but may not use an accompanist. Judged on material chosen, talent, uniformity, creativity, showmanship, costuming, and material chosen. Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

CELEBRATE 4-H—maximum of nine (9) participants. May be a 4-H based story line, promoting 4-H, community service, a project or activity. This category may also address a specific youth issue, current event or world affair and present ways in which this issue can be addressed. May incorporate music, vocal selections, and/or choreographed routines but these aspects cannot be more than half of the performance. Skits can be humorous, creative and make fun of but not degrade Extension employees or the 4-H program. All 4-H members entered in the category must be a part of the act. Judged on material chosen, talent, creativity, showmanship, costumes and props. Four (4) minutes for set-up and break down; maximum of six (6) minutes for presentation for a total of ten (10) minutes per act.

SCHEDULE:

Tuesday, June 8, 2010

3:00-4:00 p.m. Vocal, Poetry/Prose, and Choreographed Routines will unload props

4:00-5:00 p.m. Orientation for Vocal, Poetry/Prose and Choreographed Routines in Rudder Theater

Wednesday, June 9, 2010

8:00 a.m. Judging begins in Rudder Theater for Choreographed Routines followed by Vocal

Judging begins in the Rudder Forum Room for Poetry/Prose

2:00 p.m. Musical, Band and Celebrate 4-H will unload props

3:00 p.m. Awards Program for Vocal, Poetry/Prose and Choreographed Routines in Rudder Forum

3:30 p.m. Orientation for Musical, Band and Celebrate 4-H in the Rudder Theater

Thursday, June 10, 2010

8:00 a.m. Judging begins in Rudder Theater for Celebrate 4-H

Judging begins in Rudder Forum Room for Musical followed by Band

3:00 p.m. Awards Program in Rudder Forum for Celebrate 4-H, Musical and Band

Resources:

Texas 4-H Roundup Website <http://texas4-h.tamu.edu/>

Contest #48: Shooting Sports

Superintendent Dr. Ron Howard

Entry Team of 1 to 5 4-H members

Educational presentations relating to any 4-H shooting sports program element, including archery, black powder, hunting, pistol, reloading, rifle or shotgun, may be included in this category. No actual firearms, live rounds or live powder or primers are permitted in this contest, but inert materials or simulations may be used. All safety elements pertaining to the activity taking place must be observed. Participants may have a demonstration using a bow and arrows, however, no arrows can be nocked in the presentation.

Contest #49: Swine Skill-A-Thon

Superintendent Dr. Jodi Sterle

Entry Team of 1 4-H member

Academic competition that includes a written test, demonstration of knowledge through demonstrating skills, individual quiz bowl competition, and a public speech. Scores from each portion of contest will be added together to determine high point individuals.

Resources:

TAMU Animal Science Website (<http://animalscience.tamu.edu>)

Contest #50: Wildlife Contest and Workshop

Superintendents Larry Hysmith and Mr. Aaron Sumerall

Entry (Non-Qualifying) Team of 3 to 4 4-H members (open to all intermediate and seniors)

The Wildlife Contest and Workshop will give youth the opportunity to explore five 4-H Natural Resource Project Areas. These areas include: Sportfishing, Hunting/Wildlife, Forestry, Entomology, and Wildlife Habitat Evaluation Plan (WHEP). This three part contest includes identification, decision making, and a knowledge and skills quiz that cover the five afore mentioned areas.

Resources:

Texas 4-H Shooting Sports Hunting and Wildlife Guide

National 4-H Sportfishing Guide

National Wildlife Habitat Evaluation Manual (WHEP)

Texas 4-H Forestry Invitational (Texas AgriLife Bookstore)

Key to Game, Furbearing, and Varmint Mammal Skulls of North America

2010 INVITATIONAL ROUNDUP CONTESTS – Thursday June 10, 2010

For the first time, intermediate age 4-Hers from around the state will have the opportunity to compete in six new invitational style contests and workshops. These contests and workshops will give younger 4-Her members and other senior 4-Hers the opportunity to come and participate for the day. All events that intermediate and senior 4-Hers are eligible to participate in are listed below:

4-K For 4-H Walk and Run

Superintendent Mrs. Courtney Dodd
Committee Members Susan Ballabina, Angela Burkham, Amanda Scott, Alice Kirk, Micah Holcombe, Leslie Gall, Michelle Allen, Kathleen Greer, 4-H Healthy Lifestyles Advisory Board Members
Entry (Non-Qualifying) Individual Contest (All intermediate 4-Hers, senior 4-Hers, parents, volunteers, and county Extension agents)

Youth, volunteers, parents and county Extension agents will have the opportunity to participate in the 4-K for 4-H Walk and Run. Held at Kyle Field, this event will give participants the opportunity to promote living a healthy lifestyle and participate in a physical activity while away from home.

Resources:

Event Information (TBA)

Discover Scientific Method: Science, Engineering & Technology Poster Competition

Superintendent Sheryl Nolen and Starla Garlick
Entry (Non-Qualifying) Individuals or team of 2 4-H members (Open to all intermediates and senior 4-Hers)

The 4-H S.E.T. experience is a program that is framed in science, engineering and technology concepts. We would like to implement science, engineering and technology in the forefront of all 4-H project work. The Discover: Scientific Method program will allow youth to apply the scientific method to the subject matter they have learned through their 4-H projects. The scientific method is a process for experimentation that is used to explore observations and answer questions. Scientists use the scientific method to explore relationships in nature. The poster contest will allow the youth an opportunity to display and explain through the scientific method their project, research and observations.

Resources:

More TBA

Teaching the Scientific Method - Science Buddies Web Resources:

http://www.sciencebuddies.org/science-fair-projects/project_question.shtml

http://www.sciencebuddies.org/science-fair-projects/parent_resources.shtml#tc-scientificmethod

http://www.sciencebuddies.org/science-fair-projects/project_experimental_procedure.shtml

http://www.sciencebuddies.org/science-fair-projects/project_data_analysis.shtml

http://www.sciencebuddies.org/science-fair-projects/project_final_report.shtml

Teaching the Scientific Method Intel ISEF Resources:

<http://www.intel.com/education/isef/> Printable Thirteen-week Guide for After-school

<http://www.intel.com/education/isef/middleschool.htm> Look to the middle right of web page for Download the Materials

Healthy Lifestyles Invitational and Workshop

Superintendent Mrs. Courtney Dodd
Committee Members: Susan Ballabina, Angela Burkham, Amanda Scott, Alice Kirk, Micah Holcombe, Michelle Allen,
Entry (Non-Qualifying) Team of 3 to 4 4-H members (open to all intermediate and senior 4-Hers)

The 4-H Healthy Lifestyles Invitational will provide youth the opportunity to participate in a competitive event and utilize the knowledge and skills gained through participation in 4-H healthy lifestyles programs. With a set-up similar to the 4-H Consumer Decision Making Contest, the healthy lifestyles will consist of two parts: (1) Judging – participants will be presented with a scenario and must rank the four products based upon the situation at-hand; (2a) Written Reason (intermediates) – as a team, intermediates will provide written reasons for one class, designated by contest officials; (2b) – Public Speaking – Senior teams will give a presentation to judges on a healthy lifestyles topic addressed in one of the classes and designated by contest officials.

Resources:

MyPyramid

Altering Recipes for Good Health

Nutrient Needs at a Glance

Fight Bac

Winning Nutrition Curriculum (in pilot phase)

U.S. Dietary Guidelines- Finding Your Way to a Healthier You

Students Winning Against Tobacco

ADA's Complete Food & Nutrition Guide, 3rd edition

National 4-H Curriculum

- Health 1 – First Aid in Action
- Health 2 – Staying Healthy
- Health 3 – Keeping Fit

Invitational Livestock Judging Contest and Workshop

Superintendents Mr. Jake Franke and Dr. Jason Cleere
Entry (Non-Qualifying) Teams of 3 or 4 4-H members and Individual 4-H members
(open to all non-qualifying intermediate and senior 4-Hers)

This contest will give youth the opportunity to further their knowledge and skills when evaluating livestock through a workshop/practicum setting. Contest will include: four judging classes (beef, swine, sheep/goat), two keep/cull classes, quiz (over production and Quality Counts), questions over judging classes (5 questions per class)

Resources

Quality Counts Curriculum

Animal Science Website (<http://www.animalscience.tamu.edu>)

Invitational Poultry Judging Contest and Workshop

Superintendents Dr. Morgan Farnell, Dr. Jason Lee & Dale Hyatt
Entry Team of 3 or 4 4-H members (open to all intermediate and senior 4-Hers)

Youth will be judging nine classes:

- Eight 6 to 12 week old broiler breeders meat-type cockerels or pullets for broiler breeder selection
- Four post production egg-type hens for placing
- Ten ready-to-cook broiler carcasses graded according to USDA grading standards
- Four turkey carcasses for placing

- Ten chicken eggs for interior quality grading
- Ten shell eggs for exterior quality grading
- Evaluative criteria on afore mentioned class
- Ten further processed meat products for evaluative criteria
- Ten carcass parts for identification

Resources:

Texas FFA Website (<http://texasffa.org/LinkClick.aspx?fileticket=Xf5ImpZBtFY%3d&tabid=9544&mid=12280>)

Quilt Challenge

Superintendent: Sandra Fry and Katie Phillips
 Entry: Individual or team of 4-Hers (open to all intermediate or senior 4-Hers)
 Committee: 4-H Clothing and Textiles Advisory Board

The Quilt Challenge will provide youth the opportunity to utilize their sewing skills gained in the Clothing and Textiles project to complete a quilt that will be judged and then donated to a charity of their choice. Individuals, teams, groups or clubs may enter the 2010 State 4-H Quilt Challenge. Each team will be given a challenge fabric that must be incorporated into the quilt design. Quilts may have any design or theme but must incorporate the use of some of the challenge fabric supplied by the contest sponsor in combination with other fabrics determined by the quilters. All quilts must have some sort of 4-H identification incorporated into the quilt top.

Complete rules for the Quilt Challenge can be found at:
<http://fcs.tamu.edu/clothing/4h/quiltchallenge>

Wildlife Contest and Workshop

Superintendents Larry Hysmith and Mr. Aaron Sumerall
 Entry (Non-Qualifying) Team of 3 to 4 4-H members (open to all intermediate and senior 4-Hers)

The Wildlife Contest and Workshop will give youth the opportunity to explore five 4-H Natural Resource Project Areas. These areas include: sportfishing, Hunting/Wildlife, Forestry, Entomology, and Wildlife Habitat Evaluation Plan (WHEP). This three part contest includes identification, decision making, and a knowledge and skills quiz that cover the five afore mentioned areas.

Resources:

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 National Wildlife Habitat Evaluation Manual (WHEP)
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 Key to Game, Furbearing, and Varmint Mammal Skulls of North America