

ICE BREAKERS

Month: October



YOU CAN DO IT HAND CLAP

(Mixer)

Materials: none

Participants should partner up with the person next to them. The activity is much like "Patty-cake". Everyone will be doing the same sequence but can do the sequence at a comfortable speed for them. With partners facing each other, participants will clap their hands together as well as clap partners hands in the sequence given below. Have a pair of youth demonstrate and teach the sequence. It might also be helpful to post the instructions where participants can view them (posters, news print paper, LCD Projector/Computer)

The clap sequence is:

- Clap own hands together once
- Clap right hands together with partner once
- Clap own hands together once
- Clap left hands together with partner once
- Clap own hands together once
- Clap both hands with partner (straight across) once
- Clap own hands together twice
- Clap both hands with partner (straight across) twice
- Clap own hands together three times
- Clap both hands with partner (straight across) three times
- Clap own hands together twice
- Clap both hands with partner (straight across) twice
- Clap own hands together once
- Clap both hands with partner (straight across) once
- Clap own hands together once
- Clap right hands together with partner once
- Clap own hands together once
- Clap left hands together with partner once
- Clap own hands together once
- Clap both hands with partner (straight across) once



Texas 4-H Club Tool Box

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And the sequence continues until someone in the partnership makes a mistake. As people begin to drop out, they should move around the room watching and encouraging the others. For fun, the participants can also encourage the others to make mistakes but may never touch the other teams. The last pair clapping demonstrates the technique to the group as the group heckles.

Another option you might want to try when a team makes a mistake is for them to circulate and pair up with a new partner when others make a mistake too. This way, everyone continues to play and meet new people!

(K. Rohnke seminar)